

MULTIDISCIPLINARY JOINT COMMITTEE ON RARE AND UNDIAGNOSED DISEASES

Marc H. M. Hermans UEMS Vice-President

12 February, 2020

Dear Dr. Hermans,

Here please find our report:

According to the general UEMS viewpoints about the Multidisciplinary Joint Committees (MJC), a primary aim of them is to certify the highest standards of education for physicians and other learners in order to promote patient safety, they aim to advance the science of clinical education, training, and assessment in a multidisciplinary manner in sections with mutual interest on the field of the MJC. The MJC aims to create a system of support for the delivery of state of the art clinical skills training within the European Union (EU) and EU affiliated countries in the UEMS area.

Keeping these general messages in mind, the Section of Clinical Genetics contacted the presidents and secretaries of the sections (Appendix 1.), then proposed the creation (Appendix 2.) of the MJC of Rare and Undiagnosed Disease (MJC RUD); the proposal was discussed and approved at the Warsaw Council meeting of the UEMS, by a 100% support of the voting nations.

The kickoff meeting (Appendix 3.) was executed in association of the UEMS Council meeting in Brussels, 2016. The delegates decided about the bureau modality (Appendix 4.); the MJC RUD will be governed under the umbrella of the Section of the Clinical Genetics (<u>https://clinicalgenetics-uems.pte.hu/</u>). The kickoff meeting of the MJC RUD was addressed by Enrique Terol (Appendix 5.), Policy Officer of European Commission, ERN coordinator. The MJC RUD strategic plans included operational partnership with the UEMS sections and MJCs, and in boarder context, with the launched European Reference Networks as well.

After the kick off meeting the following gatherings took place:

- Unofficial meeting in Vilnius, Lithuania (Appendix 6. and 7.)
- Conference Presentation by Dr. Melegh (Appendix 8.)
- MJC RUD Meeting in Brussels 2018 (Appendix 9. 10. and 11.)
- Unofficial meeting in association with London council meeting (No official report)
- Memorandum of Understanding documents (Appendix 12. and 13.)
- Further attached documents are the ETR's submitted to the 2020 council meeting. (Appendix 14.)
- Annual report 2019 (Appendix 15.)

Please feel free to contact me if any additional information is needed.

Pr. Béla Melegh MJC RUD president

Dear UEMS Sections Presidents and Secretaries,

The purpose of this letter is to seek partners in the task of a joint approach in drafting the goals of a newly formed MJC, the "Rare and Undiagnosed Diseases" Committee.

Rare disease have been attracting special attention for the last decade, and we are now at the start of a new era, hopefully a rewarding 'golden age', largely brought about by the introduction of game-changing new genetic technologies, namely whole exome and genome sequencing, following on from the progress achieved through various forms of array technology.

Among humankind there are some 6,000-8,000 rare diseases, some of them being relative common and well known, while others are extremely rare. The term "Diagnostic Odyssey" has been coined to describe numerous such patients who circulate in the non-harmonized labyrinths of various branches of medicine.

Most of these rare diseases have a genetic basis; therefore we, as clinical geneticists, frequently coordinate care and play a kind of harmonizing role in the management of these patients, fully aware that a multidisciplinary approach is needed, and that many, if not all subspecialties within the medical professions make a significant contribution to this important task.

Our goal is to establish the MJC of "Rare and Undiagnosed Diseases", as this daily, fast-moving area also has clear educational consequences that should be harmonized. We, the Clinical Genetics section of the UEMS, will be proposing the creation of this MJC in the forthcoming Warsaw meeting. We are ready and willing to receive any suggestions or comments you may have, up to the end of July. Please also let us know if you have suggestions for any position or volunteering role – this would be welcome. To keep to the schedule, we then have until mid-August to finalize our supporting evidence and credentials the Sections who are actively participating, with the final submission of materials to the UEMS SG due by the end of August.

Yours sincerely,

Ulf Kristoffersson Past-President Bela Melegh President Appendix 2



UNION EUROPÉENNE DES MÉDECINS SPÉCIALISTES - EUROPEAN UNION OF MEDICAL SPECIALISTS

SECTION OF CLINICAL GENETICS

6.1. Proposed creation of a MJC Rare and Undiagnosed Diseases **

This item was proposed by UEMS Section of Clinical Genetics

Béla Melegh president UEMS Council meeting 16-17th October, 2015 Warsaw

SECTION OF CLINICAL GENETICS



	1		
PRESIDENT:			
Béla Melegh Professor			
SECRETARY:	Dr Edwin Borman		
Kristiina Aittomäki Professor	Secretary General Union Européenne des Médecins Spécialistes		
TREASURER:	European Union of Medical Specialists		
Helen Kingston Consultant Clinical Geneticist	Rue de l'Industrie, 24 1040 – BRUSSELS 25 August, 2015		
BOARD MEMBERS:			
Ulf Kristoffersson Associate Professor, Past President	Dear Professor Borman, Dear Secretary General,		
Milan Macek Professor			
Feliciano Ramos Professor	On behalf of the Clinical Genetics section (CGS) of the UEMS, hereby I contact you with the request to create an MJC for "Rare & Undiagnosed Diseases". Attached please find a short summary to underline the rationale of this action, with the list of sections of the		
André Reis Professor			
Alessandra Renieri Professor	UEMS in annex who already expressed their interest. Please put into the agenda of Warsaw meeting this aim to enable us to present the objectives to the National Representatives and to the representatives of the sections.		
	Yours sincerely,		
	Béla Melegh president of CGS		
2	Mailing Address:		
0	University of Pécs, Department of Medical Genetics H-7624 Pécs, Szigeti út 12. Hungary		

Tel.: (+36) 72 536 427; Fax: (+36) 72 536 032

Establishment of UEMS MJC for "Rare and Undiagnosed diseases"

Background, specific challenge:

In most of the EU countries a disease considered as rare (or orphan) disease if the disease affect not more than 5 per 10 000 persons in the general population. This group, however, is quite large, as it is estimated that rare diseases include about 6 000 to 8 000 separate entities, affect altogether more than 30 million people in the EU countries. It was already recognized, that due to the small and dispersed patient populations of the individual specific rare diseases the international collaborations in the diagnosis, care, treatment, and research efforts are crucial. The rare disease task recently has been modified and the task extended to include the whole spectrum of the undiagnosed diseases as well. This task involves most if not all medical specialties. About 80-90% of this disease group has genetic background, about 10-15% is non-genetic amongst the non-communicable part, and 5-10% has infectious origin. Thanks to advances of the new tools like the array technology and the next generation sequencing, great progress is seen in the understanding the molecular pathogenesis of the diseases of genetic origin, the research and the diagnosis is tightly linked in this field. Albeit the European Commission recognized the significance of this issue, and numerous huge systemic research projects have been granted, moreover, the implementation of European Reference Network for rare diseases is now on the way, almost any step towards a systemic and harmonized EU compatible training scheme has been devoted.

Scope:

The aim of this effort includes the incorporation of the principles of methods of genomics and/or other omics and/or other high-throughput approaches used in the molecular characterization of rare and undiagnosed diseases into the training of medical experts of various sub-specialties. As the undiagnosed rare diseases may range from groups of disorders with relatively common and phenotypically well described diseases to groups of diseases with extremely rare incidence rate an almost unknown molecular basis, care should be taken to the appropriate training of the experts about common standards and terminologies for rare disease classification and also support their training on appropriate bioinformatics tools and incentives to facilitate data sharing, including the management of the existing resources used for depositing data generated by the different platforms.

Expected impact:

 Provide better understanding of genomic methods for the correct diagnosis of undiagnosed rare diseases for which there is no or unsatisfactory diagnosis available.

· Contribute thereby towards the multidisciplinary harmonization of the essential knowledge base of the new generation genomic approaches.

Foster dissemination of novel scientific results and knowledge exchange between specialties.

 Provide better knowledge for improved family counselling as well as to improve follow-up for patients.

 Help to develop knowledge management strategies, with the view of facilitating models of care and access to the data gathered by different rare disease networks.

 Help putting into the right practice on the EC regulations on the in vitro diagnostic medical devices, with special focus on the genetic diagnostic ones.

 Contribute to the development of the best practice to regulate how and by whom patients are counselled before a genetic test.

Type of action: MJC

The goals related to this topic are optimally provided by the MJC conditions. The MJC proposal should enable and foster exchange between stakeholders from countries and regions with different practices and strategies of rare disease task.

Appendix 2



UNION EUROPÉENNE DES MÉDECINS SPÉCIALISTES - EUROPEAN UNION OF MEDICAL SPECIALISTS

SECTION OF CLINICAL GENETICS

Interest of UEMS Sections & Boards about creation of the Rare and Undiagnosed Diseases MJC:

Founder: Section of Clinical Genetics, Bela Melegh Charter members: Section of Internal Medicine, Reinold Gans Section of Medical Oncology, Serdar Turhal Section of Child and Adolescent Psychiatry, Dame Sue Bailey Section of Dermatology and Venereology, Magdalena Czarnecka-Operacz Section of Infectious Diseases, Jean-Paul Stahl Section of Pediatric Surgery, Gian Battista Parigi Section of Neurology, Patrick Kras

Personal: Giorgio Berchicci, and Helena Alves (Section of Laboratory Medicine)



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UEMS MJC Rare and Undiagnosed Disease

Kick-off Meeting of the MJC Rare and Undiagnosed Diseases

20 October 2016

- 1. Welcome address and introduction to UEMS Rules of procedures Prof. Papalois
- 2. Election of the Bureau of the Section
- 3. Future activities of the Section, possible goals of MJC RUD Prof. Melegh
- 4. European Reference Networks Dr. Terol, European Commission
- 5. Next meeting
- 6. Any Other Business



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UEMS MJC RARE AND UNDIAGNOSED DISEASES

Minutes of the Kick-off Meeting of the MJC Rare and Undiagnosed Diseases (MJC-RUD)

20th October 2016, Brussels, Belgium

Motto: "Communication – Quality – Clinics"

Present:

- Alexandre Bisdorff, Luxemburg Nursel Calik Basaran, Turkey Nada Cikes, Croatia Rijk Gans, Netherlands Marc Hermans, Belgium, UEMS Daniela Karall, Austria Ulf Kristoffersson, Sweden Norbert Lukan, Patrick Magennis, UK Jaime Medrano, Spain
- Bela Melegh, Hungary, President Udo Rolle, Germany Liesbeth Siderius, Netherlands
- Grazyna Slaveta, Poland
- Enrique Terol, Spain
- Aivars Vetra Latvia
- Aivars Vetra, Latvia
- Lotte Welinder, Denmark Kristiina Aittomäki, Finland, Secretary

At the beginning of the meeting Prof. Melegh gave a short presentation on UEMS and its important role in educational harmonization in Europe. He also informed the participants that Prof. Papalois was unable to attend.

1. The meeting was officially opened by Prof. Marc Hermans, who attended the meeting as the representative of UEMS. The delegates introduced themselves.

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UEMS MJC RARE AND UNDIAGNOSED DISEASES

- 2. The agenda that had been circulated to the registered participant was approved.
- 3. Professor Hermans introduced the UEMS Rules of Procedures (ROP) on multidisciplinary joint committees. The purpose of the bureau of MJC is to coordinate actions, circulate information, and prepare documents for the MJC. More information can be found on the UEMS website under Explanatory notes.
- 4. Election of the Bureau for the Multiple Joint Committee. Every MJC needs to have a bureau of at least two officials, President and Secretary. There was one candidate for both positions from the Section of Clinical Genetics, the President Professor Bela Melegh from Hungary and the Secretary Professor Kristiina Aittomaki.

Professor Melegh was elected as the President and Professor Aittomaki as the Seretary to the MJC-RUD.

5. Future activities of the Section, possible goals of MJC RUD

Prof. Melegh gave an introduction to the discussion. He noted that many European projects include educational packages, but at the end of these projects often very little has been done to actually enhance professional education. Furthermore, professional training on rare and undiagnosed diseases is presently weak. As high-quality education is one of the aims for the UEMS, the MJC-RUD could aim at enhancing training on rare and undiagnosed diseases. The strength of the MJC-RUD is that it includes many specialities and can reinforce any produced documents on the European level through UEMS Council meetings. He also encouraged all delegates to participate in the discussion on the aims of MJC-RUD.

There was a lively discussion on the problems on how to deal with the multitude of rare diseases. It was noted that future doctors need expert skills in IT. Although much information is available also for the patients in the internet, we need capable specialists between the patient and Doctor Google and European harmonization to improve patient care. It was also noted that within the MJC-RUD it is possible to discuss and share both problems and experiences and that would benefit educational development.

Professor Hermans pointed out that there are three central items to consider (in bold): You need **communication** to improve the **quality** of care in the **clinic**.

One of the important goals for the MJC-RUD is to create awareness of the ERNs, when they are working, and to give advice to patients and doctors how to contact them.

6. Introduction to the present state of European Reference Networks by Dr. Enrique Terol, Policy Officer of European Commission

Copies of Dr Terol's presentation will be circulated.

Short notes from the meeting:

ERNs have a legal base in European Union legal structure. Presently there are 24 applications for ERNs including 18-77 centres. Almost all countries have recognised the ERNs. The idea is not to establish networks for individual diseases, as hundreds of ERNs cannot be created, but broader thematic networks.

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UEMS MJC RARE AND UNDIAGNOSED DISEASES

ERNS are a new environment of health care as they deal with patients that cannot be dealt with in their national health care and therefore need international healthcare. The idea, however, is that patients do not travel, knowledge travels. This arises questions such as "how do we incorporate this within national healthcare systems" and "how to organize nationally the flow of patients". The treatment of patients should preferentially be organized on national level. While the ERNs can give advice on how and where the patients should be treated, the member states can approve or deny their suggestions.

Questions to Dr Terol:

As the patients have overlapping symptoms, do the ERNs work together? Meetings of the coordinators of the ERNs are organized and they are discussing on how they can work together on complex clinical situations. E-health platform is a possibility for interactions.

Do the ERNs treat the patient? Basically the ERNs offer virtual health care, but they are included within the cross-border healthcare directive.

How can the MJC-RUD work with the ERNs? MJC-RUD could have a very important role as an advisory body, introduce tools for any approach for patients or diseases, work on other areas such as training.

ERNs could ask us to help them rather than us intruding within their area. We could perhaps participate in the meeting of coordinators to explain what the MJC-RUD is doing. Both parties should know what each does, goals and overlapping areas. In general, MJC-RUD should develop a document to explain what we are doing to other organizations working in the field of Rare and Undiagnosed Diseases.

- 7. Future meetings of the MJC-RUD will be organized in association with UEMS meetings. Between the meetings the participants will keep in touch via "group email".
- 8. A group photo of delegates was taken and the meeting was closed at 11.25

Brussels October 21, 2016

Kristiina Aittomäki, Secretary

Appendix 5



Enrique Terol DG SANTE Directorate B European Commission

European Reference Networks

Directive of patients' rights in cross-border healthcare

Health and Consumers



From concept to reality...our state of readiness

⇒ Background and legal base
⇒ The ERN model
⇒ State of play of the ERN call
⇒ The way forward





The road to ERNs





Appendix 5

Scope and Context



Chapter IV Cooperation between MS Article 12 European Reference Networks

Networks of healthcare providers aiming at

Improving quality and safety and access to highly specialised healthcare

 Patients affected by rare or low prevalence and complex diseases

 multidisciplinary approach (different specialities/areas of knowledge) Added value at EU level

Need of cooperation:

- Scarcity knowledge
- Need education
- Complexity / high cost
- Effectiveness in the use
- of resources



Appendix 5

The ERN model



based in innovation

a new way of understanding healthcare provision and knowledge generation







The bricks



Quality High specialisation Expertise Knowledge Research Clinical care

The glue Innovation Trust Solidarity Generosity Common project eHealth



The goals & benefits ⇒Better care & Diagnosis \Rightarrow Equal access ⇒Reduce clinical variation ⇒ Develop standards \Rightarrow New treatments \Rightarrow Knowledge travels ⇒Generate evidence \Rightarrow Better data \Rightarrow Capacity building ⇒Economy of scale

Health and Consumers







Legal acts on ERN





Appendix 5 Networks criteria and capacities



- knowledge and expertise to diagnose, follow up and manage patients
- Evidence of good outcomes
- multi-disciplinary approach
- capacity to produce good practice guidelines and to implement outcome measures and quality control
- Research, teaching and training
- collaborate with other centers of expertise and networks







Background, policy and legal base

Key features of the Networks

- Patient centered and clinically lead
- ✓ 10 Members in at least 8 Countries



- ✓ Strong independent (3rd party) assessment
- Fulfillment of Network and Members criteria
- Endorsement and approval by National Authorities (grouping and strategic value)





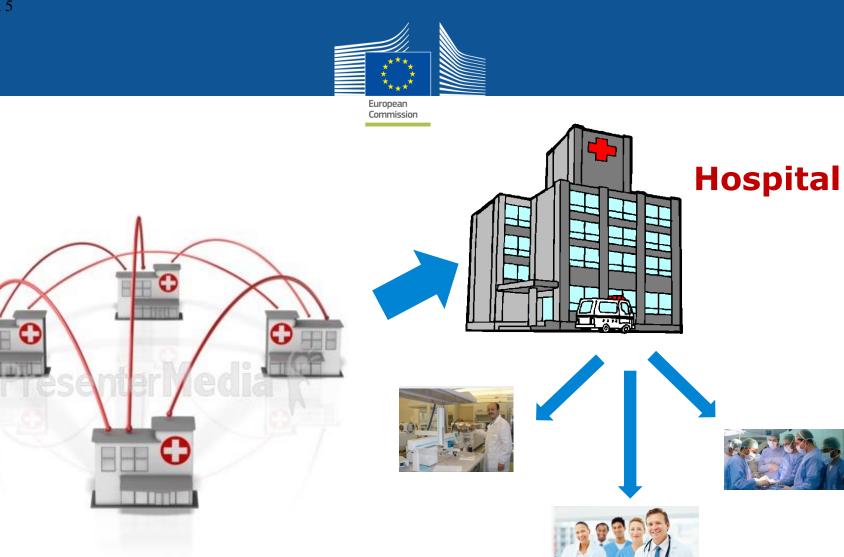


- Transparent and effective coordination & governance
- Flexibility and key organizational features.

European Reference Network	Board of the Netwo	ork Scientific Societies
	Network Coordinate	or Patients Organisations
	Centre Representative	Academy
	Centre Representative	Other stakeholders
	Collaborative National Centre	
	Associated National Centre	
	Health and Consumers	

European Reference Networks





Networks

Experts units







Key role of Member States

- Recognition of centers at national level. (important differences) MS with systems in place (minority)
- Endorsement of applications
- Board of Member States
- Approval of Networks (once positively assessed)





Appendix 5

Terminology



scope players

Commission **European Reference Network** EU level National: competences Positive assessment Health care providers **Members** Endorsement of of the application by Healthcare Network MS System Centres Expertise/reference Special relation with the network EU level National hubs Collaborative Associated Centres Cooperation coordination at No external assessment ٠ national level Designated by MS ٠ Reference

Appendix 5 Challenges and **Sucessess**





Integration

Breacking down the silos

Building bridges

 \Rightarrow Separated groups, ⇒ Different pilot networks ⇒ Different specialities, ⇒ Lack of patient involvement, ⇒ Lack of common standards, guidelines, information...







Mayor challenge

Thematic groups

Shared position of Commission Expert group on Rare Diseases, Member States and Patients associations

<u>Rational</u>: Avoid fragmentation and overlapping

<u>Pros</u>: Strategic approach: manageable number of Networks

All diseases will find a "home"

Integrative and seamless approach

Multidisciplinarity



better together

<u>Contras</u>: complexity of governance, time to find agreements, different "ecosystem" & resistance to change









Call for ERN

March - July 2016





Appendix 5 Communication & awareness activities









Update on the ERNs calls (1st and 2nd wave)

- 24 Network proposals
- 370 hospitals
- 960 expert units involved
- ✓ 26 Countries (25 EU Member States plus Norway)
- Covering major challenges in rare and complex diseases and conditions
- ✓ 20 thematic areas included in the proposal of the Expert Group on Rare diseases (Gynaecology only partially)



Appendix 5 (3)



2013:

HAS DECIDED AS FOLLOWS:

Article 1



To apply for registration of European Reference Networks (ERN) logo as a trade mark in the EU, Norway, Iceland, Liechtenstein and Switzerland in the name of the European Union, and in relation to the abovementioned services.

Done at Brussels, 16.10.2013

For the Commission Paola Testori Coggi





Sustenability and Support to the ERNs

- ⇒ Health Programme <u>2016</u>
 - Grants to support networking activities
 - Patient registries projects
 - Technical assistance assessment ERNs applications
 - 3rd ERN Conference (March 2017) Kick off meeting ERNs
- ⇒ Connecting European Facilities (2015-2017)
 - IT Platform









Research Programme H2020 and potential future actions on Rare Diseases Research.

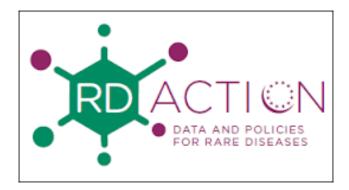








Join Action on Rare Diseases:







Appendix 5 ERN tentative timeline & milestones July 2016 July-November 2016 December 2016

Call for Networks

November

2016 - March

2017

Grant evaluation



Assessment proposals

£

March 2017



3rd ERN Conference & Kickoff meeting ERNs

Approval ERN

by Board MS



Health and Consumers











Imagine if the best specialists from across Europe could join their efforts to tackle medical conditions that require highly specialised healthcare and a concentration of knowledge and resources.

That's the purpose of **the European Reference Networks** and it's becoming a reality.

Share and enhance your expertise. Taik with your colleagues. Join a Network proposal in early 2015.

More information at ec.europa.eu/join-ern

Share. Care. Cure.



http://ec.europa.eu/health/ern/policy/index_en.htm



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UEMS MJC

Rare and Undiagnosed Diseases

Informal meeting March 8th 2017, Vilnius, Litouania

Present:

Bela Melegh, President, Hungary Liesbeth Siderius, Acting Secretary, Netherlands Ulf Kristofferson, Sweden Alessandre Renieri, Italy

Arunas Valiulis, Litouania part present

1. General discussion:

There is still unclearness about the quality assessment of the national expert centres.

Each country has different registration systems. For example Sweden has a large register with nu specific registration of rare diseases. EuroGenTest is a good example of qualification of genetic laboratory tests. At present there is no funding to continue.

In pediatrics rare diseases are common practice of most subspecialities. Pediatric training includes training in subspecialities and thus in the murtidisciplinary care of the child with a rare disease. In Hungary the person with a rare disease living in rural area remains out of sight of specialist care. Italy has coordination of rare diseases is in public health by regions which all report to the national health.

The MJC RUD is a commission of the UEMS, proposed by the clinical genetic society and adopted by all UEMS members.

How is the MJC financed? There is no budget.

Do we need a website? Maybe UEMS MCJ's tab or other, no strategy jet.

2. Suggestions formulated as goal:

The UEMS sets standards for high quality healthcare practice that are transmitted to the Authorities and Institutions of the EU and the National Medical Associations. An UEMS Multidisciplinary Joint Committee addresses a field of a multidisciplinary nature.

The MJC RUD is established to bridge the gap between medical specialist societies and to facilitate high quality multidisciplinary care for the persons with a rare or undiagnosed condition.

MJC RUD has identified steps in the frame of the establishment of 24 European Reference Networks:

- harmonization of a common core training in principles of rare diseases (such as early recognition, access to diagnostic test, multidisciplinary care and societal expectations)

- provide CME accredited training programs at conferences and by E learning

3. The MJC RUD needs some financial support: in the first place for travel and accommodation. Suggestions made EU/ ERN's, a project, UEMS

4. During the ERN conference March9th Bela had a short conversation with Enrique Terol (Policy Officer of European Commission). Enrique welcomed the suggestion of a common core straining.

5. Actions:

-The draft as noted will be send to all MJC RUD members.

-There will be another informal meeting in Tel Aviv.

-We will have a room at the EURORDIS meeting in Budapest: May 19-21.

-Invite all ERN coordinators at the MJC RUD October meeting in Brussles.

LS March 12th 2017

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UEMS - EUROPEAN UNION OF MEDICAL SPECIALISTS

MULTIDISCIPLINARY JOINT COMMITTEE ON RARE AND UNDIAGNOSED DISEASES

Dr Enrique Terol Policy Officer SANCO – D2 Healthcare Systems European Commission

Re.: Collaboration between the Multidisciplinary Joint Committee of Rare and Undiagnosed Diseases (MJC-RUD) of UEMS and the European Reference Networks Coordinators Group (ERN CG)

Dear Dr. Terol, dear Enrique,

As you know, the European Union of Medical Specialists (UEMS) aims to improve standards for high quality healthcare practice in order to support the Authorities and Institutions of the EU as well as the National Medical Associations. Within the UEMS, Multidisciplinary Joint Committees (MJCs) address areas which are of a professional multidisciplinary nature. The MJC for Rare and Undiagnosed Diseases, the MJC-RUD, was established in 2016 to bridge the gap between medical specialist societies and to facilitate high quality multidisciplinary diagnosis and care for people with rare or undiagnosed conditions.

European Reference Networks (ERNs) are expected to improve the care for patients with rare diseases. Therefore, the MJC-RUD welcomes the 24 newly established European Reference Networks. The ERNs are established in frame of the directive cross boarder health care, Directive 2011/24/EU. The directive defines a health professional as a doctor of medicine, a nurse responsible for general care, a dental practitioner, a midwife or a pharmacist within the meaning of Directive 2005/36/EC. With the experience that exists within UEMS with regard to setting training standards, developing syllabi, developing teaching materials and setting criteria for assessment by the different medical societies, we propose to build a structural collaboration between the MJC-RUD and the ERN's.

Specifically, there are two important issues where we could work together with the 24 European Reference Networks:

- provide of a common core training principles of rare diseases for MJC RUD participating medical specialties with the help of the ERN CG, and ultimately with the individual education working groups later;
- collaborate in EACCME CME accredited training programs both on site like courses and conferences and by e-learning, as the EACCME of the UEMS is the main EU scientific event accreditation body.

As a first step, we would contact the leaders of the ERN CG asking their willingness about partnering in specialist training within the ERN CG framework issues "Knowledge generation: Training, education, capacity building; guidelines development" task package. Later, when this partnership already established, we would more specify the necessary further steps.

Currently, several medical disciplines within the UEMS already offer specialist training in rare diseases. Therefore, we are also interested to learn how the leaders of the 24 ERNs envisage to contribute to these existing training programs. Specifically, as rare diseases disproportionally affect children, we are

looking forward to your thoughts about how we can ensure that their specific needs are also addressed in future training programs.

We hope you find our offer useful and look forward for a possible collaboration to improve health care for European citizens with rare disorders, and will support our initiative.

With best personal regards,

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Bela Melegh, MD, PhD Professor Chair UEMS Section for Clinical Genetics Chair UEMS MJD for Rare and Undiagnosed Diseases

ERN Coordinators Group "Knowledge generation: Training, education, capacity building; guidelines development" Specific tasks group

Dear Colleagues,

On behalf of the Multidisciplinary Joint Committee on Rare and Undiagnosed Diseases (MJC RUD) of the European Union of Medical Specialists (UEMS) we congratulate to your continuous efforts lead to the successful launch of the European Reference Network (ERN) system. We believe, that this is a real milestone in the rare disease management in Europe.

As you may know, the main goals of the UEMS, the oldest and biggest medical society in Europe, includes the harmonization of the training. The UEMS, via the EACCME, the ratified accreditation body for training programs like on-site courses, e-learning events, or conferences, plays a central role in the continuing medical education (CME) in Europe.

The MJC RUD is a recently formed working group of the UEMS. The primary goal of it is to implement the UEMS general and specific goals for the rare disease fields, to make a knowledge based bridge between the different medical sections of the UEMS, representing basic pillars of the European medical specialist training.

All of the 24 ERNs have education working groups. We propose establishment a long-term partnership between us, therefore we would appreciate if you could joint to this ERN-MJC RUD Partnering initiative. Please inform us if your ERN is open is development of education resources, including education and training modules, programs, or e-learning modules that you are aware of.

Yours sincerely,

Béla Melegh, MD, PhD professor President of MJC RUD

UEMS as a wide communication platform for the ERN activities, transfer of knowledge and training achievements towards the entire European community of medical specialists

RD-ACTION & DG Sante Workshop. 6-7 December, 2017 – Rome

Béla Melegh ¹Department of Medical Genetics, University of Pécs, Hungary ²Section of Clinical Genetics, & ³Multidisciplinary Joint Commettee of Rare and Undiagnosed Diseases of the European Union of Medical Specialist (UEMS)

I. THE UEMS

EUROPEAN UNION OF MEDICAL SPECIALISTS (ESTABLISHED IN 1958)



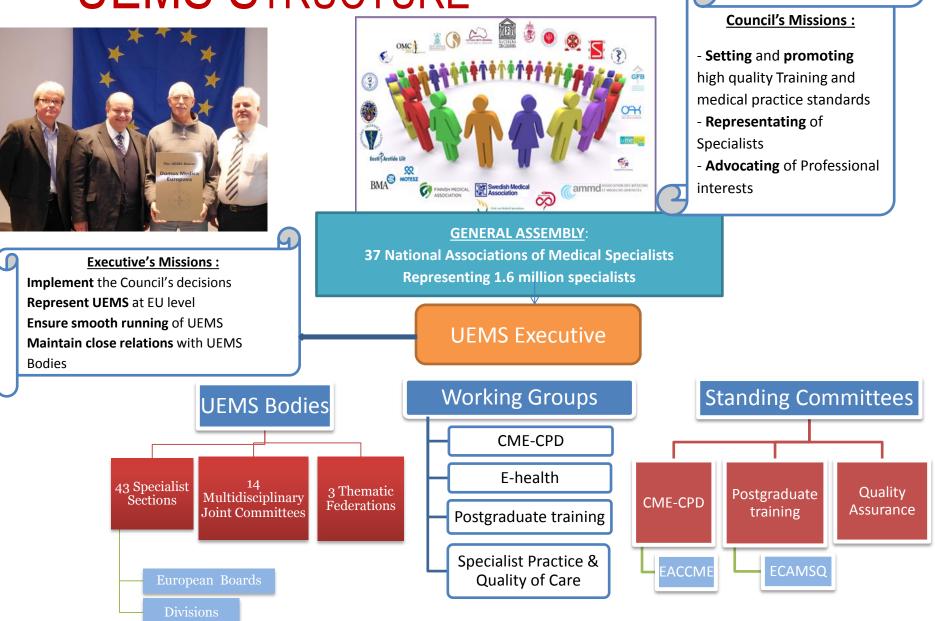
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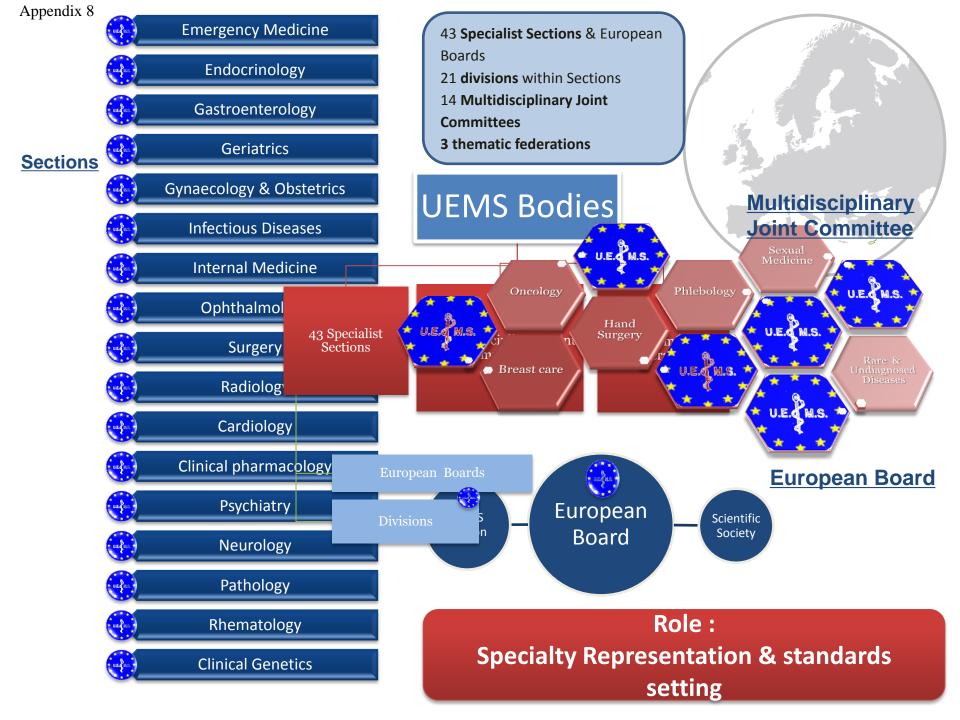
UEMS Council Composed of representatives from 37 National Medical Associations UEMS Enlarged **UEMS Executive** Executive 2016-2020 President: Dr Krajewski **UEMS Brussels** Managing Director: Mrs Reychler Office Secretary General: Prof. Papalois Chief Executive Officer: Mr Daval Liaison Officer: Dr Fras **EACCME Coordinator: Mrs Paulus** EACCME Officer: Mrs Demeulemeester **Treasurer: Dr Maillet** Finance Officer: Mr Kalala **UEMS Vice Presidents EU Policy Officer: Mrs Carratala** Sections Manager : Mrs Ohara Dr Grenho Administrative Officer : Mrs Cautaerts Dr Haas **Dr Hermans** Prof. Hjelmqvist **UEMS Sections and Boards UEMS Working Groups UEMS Standing Committees** CME-CPD: Dr Halila Standing Standing Standing Committee on 14 Committee on Committee on 43 Specialist **3** Thematic E-Health: Dr Batelson Quality CME-CPD Sections PGT Federations Multidisciplinary Assurance Joint Committees **Postgraduate Training: ECAMSQ** EACCME **Dr Hjelmqvist** EACOM Divisions **Specialist Practice European Boards** Quality of Care: Dr Berchicci

WHO ARE WE?



Appendix 8 UEMS STRUCTURE







www.eaccme.eu

EU AFFAIRS

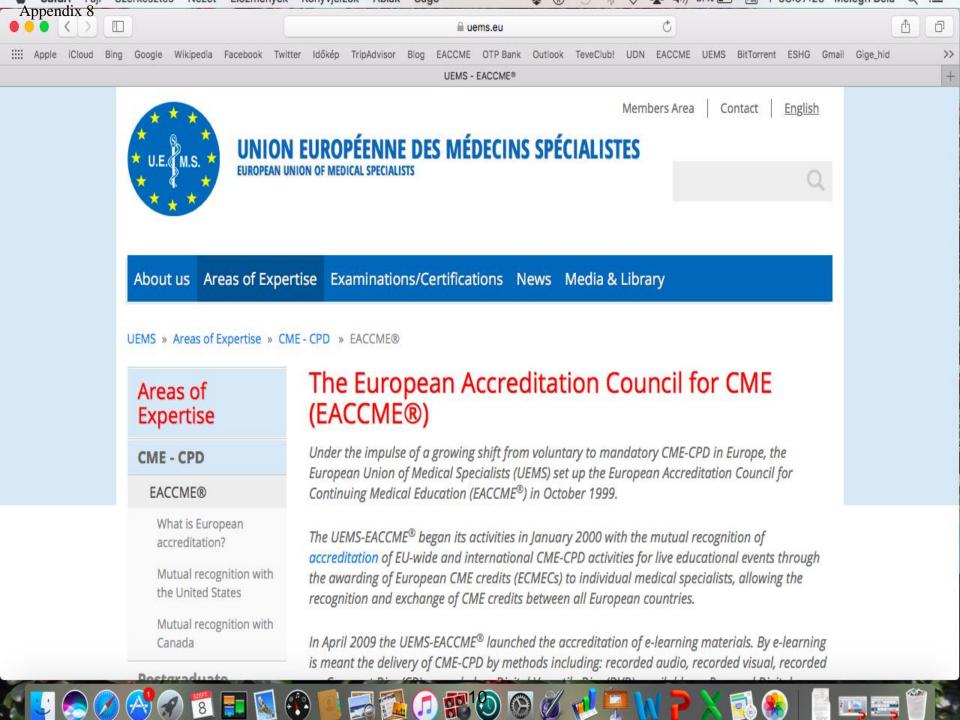


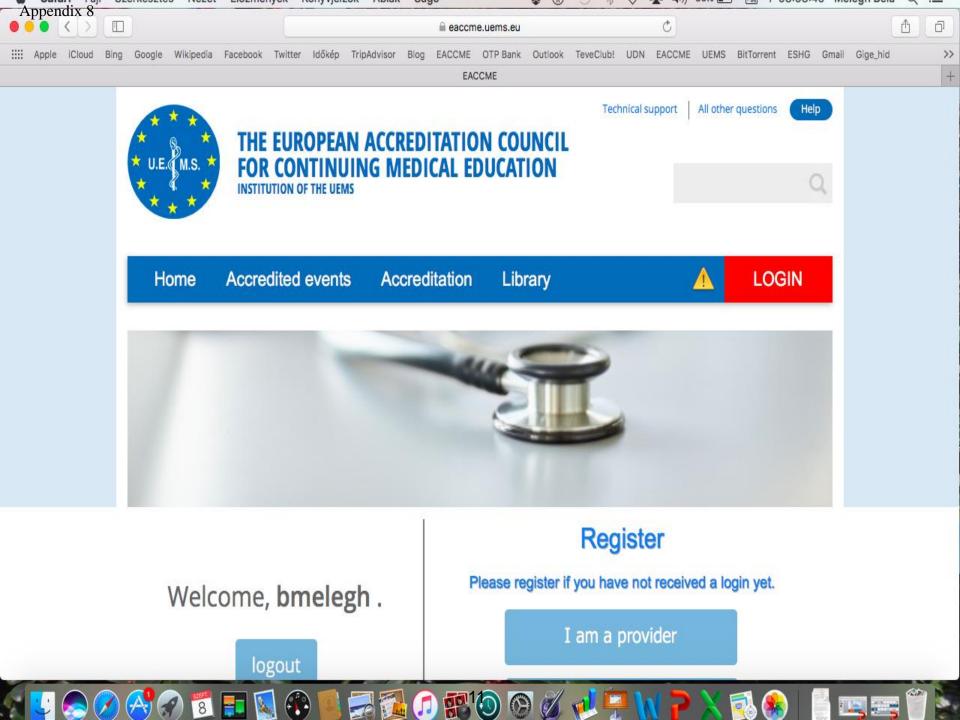
Involvement as expert in

- Commission's Joint Action on Healthcare Workforce
- Study on Effective Recruitment and Retention strategies
- Directive Professional qualifications
- EU-funded projects
 E-Health
 - Data Protection
 - European Reference Networks
- Other Stakeholders
 - Medical Industry : Medtech (code of ethic in PGT)

II. THE EUROPEAN ACCREDITAION OF EVENTS: THE EACCME







III. NEW EACCME GOALS:« Development of a training module for reviewers »



EACCME working group Development of a training module for reviewers 29 July 2017

IV. POSTGRADUATE TRAINING: NASCE (NETWORK OF ACCREDITED SKILL CENTERS IN EUROPE)









Members Area Contact

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Structure Accreditation News & Events Accredited centers Gallery Registration

NASCE » Structure » Statutes

Structure

Statutes

Executive Board

Review Board

Council

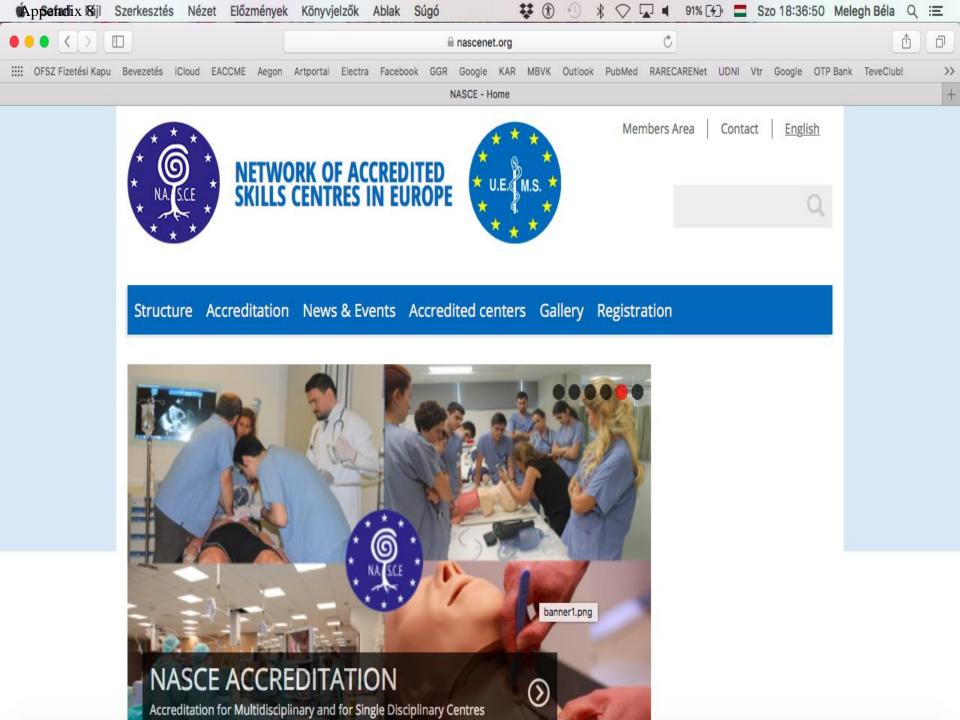
Q&A

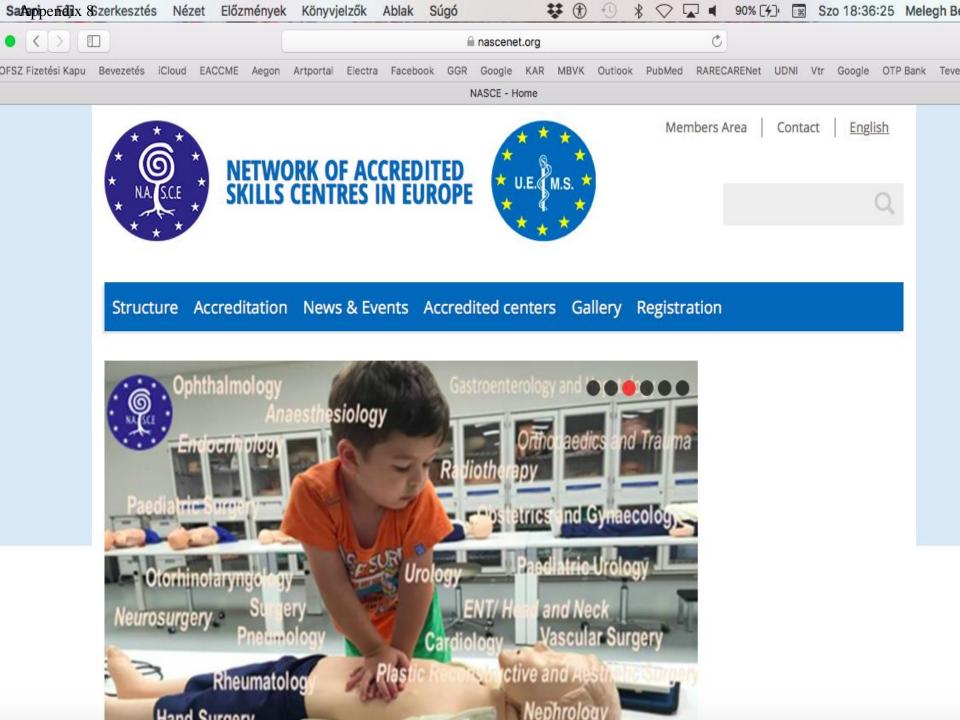
About NASCE

The Network of Accredited Clinical Skills Centres in Europe (NASCE) is established as a Multidisciplinary Joint Committee (MJC) of the Union Européenne des Médecins Spécialistes (UEMS) and follows UEMS statutes, rules and directives. It is open to members of any Section of the UEMS wishing to participate. The Sections are participating in the MJC as equal partners.

Objectives

The Multidisciplinary Joint Committee manages the interests of NASCE and promotes individual, inter-professional and multidisciplinary clinical skills education. The primary aim is to certify the highest standards of education for surgeons, physicians and other learners in order to promote patient safety. In addition to that the MJC aims to advance the science of clinical education, training, and assessment.





V. POSTGRADUATE TRAINING: CESMA (COUNCIL FOR EUROPEAN SPECIALITS MEDICAL ASSESSMENT) THE EU EXAMS



Appendix Bijl Szerkesztés	Nézet Előzmények	Könyvjelzők Ablak Súgó 😵 🛞 🕙 🦂 🖓 🗐 88% [4] 📰 V 09:11:33 M	ielegh Béla 🔍	Ξ
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		UEMS - CESMA		+
About				
About L	is Areas of Expe	ertise Examinations/Certifications News Media & Library		
UEMS » Areas of Expertise » Postgraduate Training » CESMA				
Expe		Assessment		
LAPE		The CESMA is an advisory body of the UEMS created in 2007 with an aim to provide recommendation and advice on the organisation of European examinations for medical specialists at the European level.		
CME - 0	CPD			
Postgr	Postgraduate			
Trainii	Training			
Europ	bean Standards in	It was called in the beginning the "Glasgow group" referring to the first meeting held in Glasgow. It was then decided to adopt the name CESME (Council of European Specialist		
Medio	cal Training - ETRs	Medical Examinations). This name was finally changed to CESMA (Council of European		
	oetence-Based	nd		
	ng and sment			
CESM	A	 To promote harmonisation of European Board assessments 		
CESN	/A Appraisals	 To provide guidelines to the Boards on the conduct of assessments 		
CESM	/A Meetings	 To encourage take up of Board assessments as a quality mark 		
CESM	/A Meeting Glasgow	 To offer an alternative to National assessments, where appropriate 		
- II.				
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UNION EUROPÉENNE DES MÉDECINS SPÉCIALISTES - EUROPEAN UNION OF MEDICAL SPECIALISTS

SECTION OF CLINICAL GENETICS

1., ETR (UEMS 2017/06)

General arrangement; 12 pages; special care on skills and competencies; Clinical and laboratory; 4/5 yrs of training

Description of Clinical Genetics as a Medical Specialty in EU (UEMS 2017/06A)
 Revision of the 2009 yrs UEMS document; (6 pages)

3., Syllabus (UEMS 2017/06/B)

18 pages; 5 Domains: 1. Theoretical genetics / Basic science; 2.
Clinical/Medical knowledge and specialist-level skills; 3. Genetic counselling and communication skills; 4. Laboratory skills;
5. Ancillary competences

Existing EU Exams

- 1. Allergology and Clinical Immunology
- 2. Anesthesiology
- 3. Cardiology
- 4. Dermatology & Venereology
- 5. Otorhinolaryingology
- 6. Hand Surgery
- 7. Intensive Care
- 8. Internal Medicine
- 9. Neurology
- 10. Neurosurgery
- 11. Nuclear Medicine
- 12. Ophthalmology
- 13. Oromaxillofacial Surgery
- 14. Orthopaedics and Traumatology
- 15. Pathology
- 16. Pediatric Surgery

- 17. Physical and Rehabilitation Medicine
- 18. Plastic, Reconstructive and Aesthetic Surgery
- 19. Radiology
- 20. Respiratory Medicine
- 21. Surgery (General Surgery)
- 22. Coloproctology
- 23. Endocrine Surgery
- 24. Surgical Oncology
- 25. Thoracic Surgery
- 26. Transplantation
- 27. Trauma Surgery
- 28. Thoracic and Cardiovascular Surgery
- 29. Urology
- 30. Vascular Surgery
- 31. Angiology
- 32. Emergency Medicine

VI. MJC RUD: MULTIDISCIPLINARY JOINT COMMETTEE OF RARE AND UNDIAGNOSED DISEASES



Kickoff meeting of Multidisciplinary Joint Committee of Rare and Undiagnosed Diseases (MJC RUD); European Union of Medical Specialties (UEMS). Brussels, 20th October, 2016



VII. EXAMLES FOR THE EARLY STEPS: PARTNERING WITH THE JARC











Paolo G. Casali paolo.casali@istitutotumori.mi.it



Objectives

With regard to RCs in the EU, to improve:

- **1.** Epidemiological surveillance
- **2.** Quality of care through ERNs
- **3.** Clinical practice guidelines
- **4.** Innovation
- 5. Medical and Patient education
- **6.** Health policy measures
- 7. Patient empowerement



Work packages

mes

WP

7

8

- 1 Coordination
- 2 **Dissemination**
- 3 **Evaluation**
- **Epidemiology** 4
- Assuring Quali 5
- 6
 - cess to innovation

Patient empowerement **Mood Cancers**

Rare Cancer Policy

ECPC, EURORDIS, CCI E INT, /T **OECI** DKG, DE WIV-ISP, BE UP, HU SIOPE ICO, <u>ES</u>

Objectives

1. using data of WP6, to delineate optimal resources for undergraduate medical education, including paediatric oncology, that fits the European training requirements and standards; to identify the educational resources available in Europe for post-graduate medical education, with attention to those European regions where outcomes are statistically poorer;

2. to identify optimal ways and approaches to **connect the educational resources** available throughout Europe **with networked health care**, with special regard to **ERNs**;

3. to promote the improvement of European medical expert training instruments via the European Union of Medical Specialists (UEMS), as well as SIOPE – European Society for Paediatric Oncology, where paediatric oncology is concerned;

4. to provide recommendations on education of **non-medical experts**, **patient advocates and patient communities** involved in patient care, as a means to improve rare cancer patient empowerment in Europe.

Meeting notes: Joint Action for Rare Cancers & GENTURIS ERN 28 September 2017

Attendees: Matt Bolz-Johnson, EURORDIS (Chair) Nicoline Hoogerbrugge, GENTURIS ERN Network Coordinator Nicoline Geverink, GENTURIS Network Manager Paolo Casali, Joint Action for Rare Cancer Lead Annalisa Trama, Joint Action for Rare Cancer Lead Bela Melegh, GENTURIS & JARC Ariane Weinman, EURORDIS Apologies: Claas Röhl, GENTURIS ePAG

• 2. Meeting objectives

- The aim of the meeting was:
- Secure a detailed understanding of the scope and activities of GENTURIS European Reference Network (ERN) and the Joint Action for Rare Cancers (JARC).
- To explore the potential areas of collaboration between GENTURIS ERN and the JARC.

Appendix **5. JARC & GENTRUIS Potential** Areas of Collaboration

Collaboration Aims:

• 5.1 Clinical Practice Guidelines

5.2 Training & Education

5.3 Policy Areas

5.3 Training & Education

- Bela Melegh was identified as the education and training lead that 'bridge' GENTURIS and the JARC. He agreed to coordinate the education and training activities between the 3 RC ERNs, GENTURIS and the JARC.
- Action: BM to coordinate medical education and training between the JARC and the 3 RC ERNs & GENTURIS.

Action Points

No.	Action	Lead
1.	JARC leads & GENTURIS agreed to identify experts working under initiative and to connect these experts up.	ALL
2.	To share the priority list of CPGs and the clinical leads with GENTUIRS.	PC
3.	To identify expertise in GENTURIS who can liaise with JARC clinical leads on the CPG.	NH
4.	To share rare cancers list with GENTURIS	AT
5.	Bela to coordinate medical education and training between the JARC and the 3 RC ERNs & GENTURIS.	В



JARC DINT ACTION ON BARE CANCERS

> Joint Action on Rare Cancers - Survey on Medical Education for Undergraduates and Postgraduates

3. Undergraduate Training

7. Are you involved in the training of medical students?

O Yes

() No

8. Does your department have specially dedicated undergraduate training course on rare cancers?

- O Yes
- No

9. To you knowledge, does your department have special teaching materials for rare cancer training of undergraduates?

O Yes

10. In general, how can your knowledge and awareness of the

O Poor

Acceptable

O Well informed

rare cancers be characterized?

11. In general, how can the knowledge and awareness of other training personnel in your institution about the rare cancers be characterized?

- O Poor
- O Acceptable
- Well informed

12. In general, how can the knowledge and awareness of the training personnel in your country about the rare cancers be characterized?

- O Poor
- O Acceptable

O Well informed

13. Please evaluate the contribution of the individual disciplines to the rare cancer training.

	1 - Poor	2 - Acceptable	3 - Excellent	4 - Not applicable
Biophysics	0	0	0	0
Molecular Cell Biology	0	0	0	0
Behavioural Science	0	0	0	0
Medical Chemistry	0	0	0	0
Anatomy	0	0	0	0
Biochemistry	0	0	0	0
Pharmacology	0	0	0	0
Pathophysiology	0	0	0	0
Microbiology	0	0	0	0
Dermatology	0	0	0	0
Otolaryngology	0	0	0	0
Internal Medicine	0	0	0	0
Clinical Biochemistry	0	0	0	0
Clinical Radiology	0	0	0	0
Public Health	0	0	0	0
Oncology	0	0	0	0
Oral Medicine	0	0	0	0
Orthopaedics	0	0	0	0
Urology	0	0	0	0
Surgery	0	0	0	0
Traumatology	0	0	0	0
Paediatrics	0	0	0	0
Neurology	0	0	0	0
Psychiatry	0	0	0	0
Obstetrics and Gynaecology	0	0	0	0
Ophthalmology	0	0	0	0
Anaesthesia and intensive care	0	0	0	0
Family Medicine	0	0	0	0
Medical Genetics	0	0	0	0
Psychiatry	0	0	0	0

14. Which discipline performance in the			ance their	
	1 - Not at all	2 - Moderately	3 - Strongly	4 - Not applicable
Biophysics	0	0	0	0
Molecular Cell Biology	0	0	0	0
Behavioural Science	0	0	0	0
Medical Chemistry	0	0	0	0
Anatomy	0	0	0	0
Biochemistry	0	0	0	0
Pharmacology	0	\circ	\circ	0
Pathophysiology	0	0	0	0
Microbiology	0	0	0	0
Dermatology	0	0	0	0
Otolaryngology	0	0	0	0
Internal Medicine	0	0	0	0
Clinical Biochemistry	0	0	0	0
Clinical Radiology	0	0	0	0
Public Health	0	0	0	0
Oncology	0	0	0	0
Oral Medicine	0	\circ	\circ	0
Orthopaedics	0	0	0	0
Urology	0	0	0	0
Surgery	0	0	0	0
Traumatology	0	0	0	0
Paediatrics	0	0	0	0
Neurology	0	0	0	0
Psychiatry	0	0	0	0
Obstetrics and Gynaecology	0	0	0	0
Ophthalmology	0	0	0	0
Anaesthesia and intensive care	0	0	0	0
Family Medicine	0	0	0	0
Medical Genetics	0	0	0	0
Psychiatry	0	0	0	0

graduates about the rare cancers be characterized?		
O Well informed		
O Acceptable		
O Poor		
16. To your knowledge how fragmented is the European training in undergraduate level comparing the nations?		
O Very fragmented		
O Medium fragmented		
O Well-harmonized		
O Do not know		
17. Do you see rationale in the pan-European harmonization of the training?		
O Disagree		
O Agree		
O Strongly agree		
O Do not know		
BACK NEXT Page 3 of 4		
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SECTION OF CLINICAL GENETICS

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5. Ancillary competences



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UEMS2017/06B

Syllabus for residents and trainees in Clinical Genetics

This syllabus is an outline and flexible summary of major and specific topics to be covered in some way in the training course of a resident. The basic goal of the syllabus is to help and ensure a fair and impartial understanding between the instructor and students such that there is minimal confusion in the topics, setting clear expectations of material to be learned. The syllabus provides neither a roadmap of course, nor organization/direction relaying the instructor's teaching philosophy to the trainees, as the syllabus is not a learning guide. Rather, the syllabus is a supporting reference material, content and priorities of training may vary in different training institutions.

Domain 1: Theoretical genetics / Basic science

1.1 Cellular and molecular mechanisms that underpin human inheritance

1.1.1 Basics

- 1.1.1.1 Nucleic acid structure, DNA and RNAs
- 1.1.1.2 Translation, protein structure
- 1.1.1.3 Chromosome structure and function (ploididty and cell cycle)
- 1.1.1.4 Monogenic vs. multifactorial inheritance
- 1.1.1.5 Mutations, variants, CNV
- 1.1.1.6 Cells, cell proliferation, cell specialization
- 1.1.1.7 Nuclear and mitochondrial genome
- 1.1.1.8 Gene editing, CRISPR

Appendix 8

2.13.4 Cancer genetics

- 2.13.4.1 Be able to take a relevant history, perform an appropriate examination and undertake risk estimation using a variety of methods
- 2.13.4.2 Use of cancer registers and other sources to verify diagnoses
- 2.13.4.3 Use disease registers to support follow-up of affected and at-risk patients
- 2.13.4.4 Assessment of screening protocols for at-risk relatives
- 2.13.4.5 Identify at-risk patients and relatives who are eligible to participate in trials of cancer prevention strategies
- 2.13.4.6 Rare cancers; differences and similarities with rare diseases. Types (classification: Pediatric cancers, Haematologic rare neoplasms; Sarcomas; Rare thoracic cancers; Neuroendocrine tumours; Head & neck cancers; Central nervous system tumours; Rare female genital cancers; Rare urological and male genital tumours; Endocrine gland tumours; Digestive rare cancers; Rare skin cancers & non-cutaneous melanoma)
- 2.13.5 Reproductive genetics
 - 2.13.5.1 Be able to provide preconceptional genetic counselling to couples with sub-/infertility and organize genetic testing
 - 2.13.5.2 Be able to provide preconceptional genetic counselling to couples with genetic and inherited disorders for their reproductive choices including invasive diagnosis, non-invasive testing, and assisted reproductive technologies (ART)
 - 2.13.5.3 Be able to inform on the different ART options according to the national legislation and European guidelines including preimplantation genetic testing

2.13.6 Skeletal Genetics

- 2.13.6.1 Be able to formulate a differential diagnosis of a fetus suspected of having a skeletal dysplasia or dysostosis and assess whether the condition is compatible with postnatal survival
- 2.13.6.2 Be able to formulate a differential diagnosis for a child with a congenital limb, axial, and/or craniofacial malformation, including teratogenic causes, syndromic causes, and skeletal dysostoses/dysplasias
- 2.13.6.3 Be able to evaluate radiographs and other imaging studies and know when to order further biochemical or molecular genetic tests, as well as which tests are appropriate for a given situation

Appendix 8

UEMS - EUROPEAN UNION OF MEDICAL SPECIALISTS



MULTIDISCIPLINARY JOINT COMMITTEE ON RARE AND UNDIAGNOSED DISEASES

MJC RUD Meeting in association with the UEMS Council Meeting Saturday, 20th October, 2018. 12:00-13:00 Thon Brussels City Center Avenue du Boulevard 17, 1210 Brussels, Room "Sonja"

AGENDA

- 1. Welcome, approval of the Agenda
- 2. Annual report of the President
- 3. ENETS Proposal (Vassilios Papalois, UEMS Secretary General)
- 4. ETR for "Rare Diseases"
- 5. "European Board of Rare Diseases"
- 6. ETR for "Rare adult solid cancers"
- 7. "European Board of Rare adult solid cancers"
- 8. Joint Action on Rare Cancers (JARC) documents & activities (report)
- 9. Election of the Secretary
- 10. AOB

U.E.M.S.

UEMS - EUROPEAN UNION OF MEDICAL SPECIALISTS

MULTIDISCIPLINARY JOINT COMMITTEE ON RARE AND UNDIAGNOSED DISEASES

Minutes taken by LS & BM

Minutes of UEMS Multidisciplinary Joint Committee of Rare and Undiagnosed Diseases (MJC RUD) board meeting

Date: October 20, 2018; 13:15-	Protocol No 3/2018
14:00	
Place: Thon Hotel, Brussels	
Attendees:	
Vassilios Papalois (special guest)	
UEMS Secretary General	
Bela Melegh	
President, Section of Medical Genetics	
Liesbeth Siderius <i>acting Secretary, Section of Pediatrics</i>	
Alexandre Bisdorff Section of Neurology	
Serdar Ceylander Turkish NMA	
Maeve Durkan	
Section of Endocrinology	
Marc Hermans	
Section of Psychiatry	
Norbert Mulleneisen	
Section of Allerology	
Apologies:	
Marisa Dias	
Nursel Celik Basaran	
Daniela Karall	

	Points	Discussion	Decisions	
1	Opening	Meeting is open at 13:15, with delay.	Due to the delay, the Agenda points 2 & 8 to be discussed mainly electronically, points 4- 7 to be discussed together verbatim	BM
2	Agenda point 3	ENETS contacted the UEMS for collaborate in EU exam. A confcall was organized (04.07.18) with A. Pascher, A. Frilling, VP, Lise Carratala, BM. ETR materials were sent along to ENETS partners by LC. IT expert involvement to the MJC RUD suggested	MoU needs to be prepared soon (before their meeting in 30.11.18.) VP will send available MoU forms to BM; a Position (white) paper will be considered on "undiagnosed" topic. MJC RUD will find partners for collaboration via email contact of Sections	VP BM to be named BM
3	Agenda points 4-7	ETR for "Rare Diseses" European Board of Rare Diseases ETR for "Rare adult solid cancers" European Board of Rare adult solid cancers"	All points were considered merit for further development. Call will be circulated amongst Section to identify experts who interested to join; working group(s) will be created	BM
4	Agenda point 8	Joint Action in Rare Cancers (JARC)	Was incorporated in part into the previous point, slides will be circulated later.	BM
5	Agenda point 9	Election postponed (low number of attendees, lack of proxies)	LS remains acting secretary	VP, BM
6	AOB	MD & NM MJC RUD membership application was approved	Monetary support via EU grants will be considered	

Appendix 11

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UEMS - EUROPEAN UNION OF MEDICAL SPECIALISTS

MULTIDISCIPLINARY JOINT COMMITTEE ON RARE AND UNDIAGNOSED DISEASES

Annual Report of the President – 2018

12 February, 2019

The calendar year of 2018 was the second full year in the history of the MJC RUD.

Membership

We had a total of 37 members from 11 Sections (OMF, IM, Ophthalmology, Paediatrics, Psychiatry, Rheumatology, Medical Genetics, Neurology, Paediatric Surgery, Pharmacology, and Rehabilitation. They represented 21 Countries, and of them 3 were non EU Nations (Armenia, Georgia, Turkey).

The Bureau

The Bureau consisted of the President and an acting Secretary.

Meetings

There was a membership meeting in Brussels UEMS Council Meeting; Saturday, 20th October, 2018.; 12:00-13:00 (Agenda and Minutes are attached)

Main focus in 2018 and after

See the Agenda and Minutes

Finances

During the year 2018 there was no budget or income of the MJC RUD. However, the president evaluated 6 life events for the CESMA.

Participation in other activities

Ulf Kristoffersson had an active role in the preparation of the EU Exam in Medical Genetics and Genomics in the Section of Medical Genetics. The president participated in the work of the EACCME "Training the reviewers" working group.

On behalf of the Multidisciplinary Joint Committee of Rare and Undiagnosed Diseases:

Béla Melegh President



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UEMS 2019 / 20

MEMORANDUM OF UNDERSTANDING

BETWEEN:

1. UEMS (European Union of Medical Specialists), an international non-for-profit organization incorporated under the laws of Belgium, having its registered seat at 24 rue de l'Industrie, 1040 Brussels – Belgium, acting through its Multidisciplinary Joint Committee of Rare and Undiagnosed Diseases [MJC RUD], hereby validly represented by;

Hereafter: "UEMS"

and

2. European Neuroendocrine Tumor Society (ENETS) e.V., a Medical Society incorporated under the laws of Germany having its registered seat at Charité - Universitätsmedizin Berlin, Campus Virchow-Klinikum, Dept. of Hepatology and Gastroenterology, Augustenburger Platz 1, D-13353 Berlin, Germany,

hereby validly represented by [Prof. Dermot O'Toole, ENETS chairman, and Prof. Bertram Wiedenmann, ENETS treasurer

Hereafter: "European Society"

The parties sub (1) and (2) shall hereafter be referred to individually as a "Party" and collectively as the "Parties".

RECITALS

The UEMS and the European Society are active in areas relevant to the quality of medical specialist practice in Neuroendocrine Tumours in Europe and to the quality of care for the benefit of European patients. The Parties are willing to create a partnership that will promote and facilitate their activities in this area.

Association internationale sans but lucratif – International non-profit organisation

The overall goal of collaboration and cooperation is to define joint actions, to achieve the best possible outcomes and to increase visibility of both parties.

The parties seek through this Memorandum of Understanding ("MoU") to define their partnership, to explore and to develop new opportunities in accordance with their objectives and competence. Through this MoU, the Parties also aim to establish an efficient and transparent communication between them.

THE PARTIES DECLARE THAT

1. SCOPE

This MoU outlines the principles of cooperation and collaboration between the UEMS Section and the European Society.

2. INTENTION OF THE PARTIES

The Parties acknowledge that this MoU does not, and is not meant to, constitute a legally binding agreement between them. Whenever an activity undertaken by both Parties would require a formal legal framework Parties will conclude a formal, legally binding agreement.

The non-binding relationship between the UEMS and the European Society governed by this MoU is that of independent contractors. Nothing contained in this document will be construed as constituting any other relationship between the Parties.

This MoU does not prevent or limit European Society or UEMS to enter agreements with other parties. Both Parties declare that they will not enter agreements that would jeopardize or invalidate this MoU and, whenever reasonable doubt would arise as to whether a new agreement is likely to be in conflict with this MoU, the Parties will communicate and strive to resolve outstanding issues.

3. INTERNAL POLICIES

Subject to the terms of this MoU, the implementation and pursuit of the goals, objectives, conditions and terms of this collaboration will be carried out in accordance with the internal policies and procedures of each Party.

4. SCOPE OF COMPETENCES AND ROLES

a) <u>European Scientific Society</u>

According to its articles of association, the European Society mission is to

Association internationale sans but lucratif – International non-profit organisation

- improve the diagnosis and therapy of patients with neuroendocrine tumors in an international, interdisciplinary and scientific context
- coordinate research at European hospitals and health research institutes, with emphasis on basic and clinical research for the diagnosis and treatment of NETs
- further develop standards for the accreditations of ENETS Centers of Excellence
- offer education and training for physicians and scientists at annual scientific and educational meetings
- focus on writing and updating NET guidelines for all aspects of NET care including treatment and standards of care and subsequently publicising in medical and scientific journals
- foster the exchange of forums for young investigators
- support collaborative scientific projects of excellence
- communicate with and inform patient advocates and patient self-help groups
- cooperate with the pharmaceutical industry for the development of new diagnostic, therapeutic and information technologies
- further endorse the ENETS Registry and Centers of Excellence throughout Europe

To achieve this goal, the key activities of the European Society include:

- the promotion of basic research on neuroendocrine tumor diseases and innovative diagnostic and therapeutic procedures,
- the continuation of the hitherto successful cooperation between European Centers of Excellence,
- the promotion of young researchers and clinicians in the field of neuroendocrine tumor diseases,
- the promotion of research through the raising of funds and the establishment of endowed professorships,
- the promotion of science through the establishment of service areas,
- the promotion of research through the collective use of technical resources,
- the promotion of the dissemination of advancements in the medical treatment of neuroendocrine diseases and the protection of interests of affected patients and treating physicians,
- the promotion of the Europe-wide transfer of advancements in research and medical treatments into teaching and postgraduate training,
- the recognition and representation of mutual objectives of clinicians and basic researchers in this field.

b) <u>UEMS</u>

According to its articles of association, the UEMS objectives are to promote the harmonization of training standards for specialist physicians within the European Union and to promote free movement of specialist doctors within the European Union. The UEMS is independent from medical industry in order to assure unbiased position in areas of medical politics and in accreditation of CME.

5. MUTUAL RECOGNITION

Association internationale sans but lucratif – International non-profit organisation

Each Party acknowledges the competences of the other, according to its articles of association.

Each Party acknowledges that the other is an essential partner in the development and improvement of the quality of medical specialist practice of Diagnosis, Treatment and Aftercare of NEUROENDOCRINE TUMOURS in Europe. Parties recognize that their continued collaboration should be a crucial and integral element to the future success of both organizations and their members.

6. AREAS OF COOPERATION BETWEEN THE UEMS AND THE EUROPEAN SOCIETY

Parties undertake to collaborate in order to achieve the objectives of mutual interest.

The areas of collaboration between the UEMS and the European Society can include, but shall not be limited to:

- Elaboration of European specialist training curriculum
- Organisation of specialist European examinations
- Organisation of visitation programs
- Development and promotion of high quality, unbiased CME/CPD
- Setting European standards of specialist practice
- Provision of joint opinion and statements to the EU institutions

The UEMS and the European Society commit to working in close cooperation and to actively exchange information that is of common interest and/or might be of significance to both organizations and their members.

Parties recognize that:

- each Party is a key partner in areas of collaboration described in this document;
- European Society expertise concentrates on organization of CME/CPD, scientific research, development of practice guidelines and standards,
- UEMS expertise concentrates on accreditation of CME/CPD, elaboration of Training Requirements and curricula and organization of European Examinations.

Parties agree to involve the other Party when elaborating major policy documents at the earliest possible stage of the process in order to receive its input.

7. COMMUNICATION

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The MJC RUD will be responsible of communication with the European Society in all matters regarding areas of cooperation defined in this MoU, including communications to the UEMS Executive, other UEMS bodies and to UEMS constituency. This MoU does not change the UEMS representation rules described in statutory documents or waive information and approval duties of MJC RUD.

The European Society will communicate with UEMS Section in all matters regarding areas of cooperation defined in this MoU.

The European Society and the MJC RUD will each appoint a person for all contacts with the other party. Should there be a change in each Party's contact person, the partner shall inform each other as soon as possible.

Both parties will provide a link on their website to the other's website.

a) <u>Official announcement</u>

An official announcement of the present agreement will be made on both Parties websites as a common statement by the UEMS and the European Society after signature of the agreement. The statement will be also circulated to both Parties constituency.

8. REPRESENTATION

The President of the European Society or an appointed representative of the European Society is invited to take part to the MJC RUD's executive meetings.

Likewise, the President of the UEMS Section and Secretary or another representative of the MJC RUD is invited to take part in meetings of ENETS ADVISORY Board Meetings (the European Society's Executive or an appropriate body).

9. FUNDING

This MoU does not include the exchange of funds between parties.

10. MODIFICATION

This MoU can be modified or amended only by a writing signed by both parties.

11. TERM AND TERMINATION

This MoU is concluded for an indefinite period.

12. EFFECTIVITY

This MoU is effective immediately upon signature of all parties here to.

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02/06/2019

Date: an

UEMS President

UEMS Secretary General

Dire

European Neuroendocrine Society, Chairman

UEMS MJC RUD President

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Appendix 13

Minutes			
Meeting UEMS	Meeting UEMS – ENETS		
Participants:	Bela Melegh (BM) Andreas Pascher (AP) Vassilios Papalois (VP) Andrea Frilling (AF)		
Date:	03 May 2019; 11:30-14:30		
Venue: St Mary's Hospital Campus (Paddington), London, UK Queen Elisabeth Queen Mother (QEQM) Building Peart Room, #1086 (on the 10th floor of QEQM)			

Introduction of participants

Reports

1. VP explains the structure of UEMS with its specialities, sections and competencies. UEMS – ENETS cooperation will be free of any special fee. UEMS is willing to provide administrative advice and help with setting up of examinations.

2. BM presents the areas of activity within the UEMS. He shows an example of a Multidisciplinary Joint Committee which could serve as a template for Neuroendocrine Tumours. Thanks to the support of its Specialist Sections and European Boards, the UEMS contributed significantly to the improvement of post graduate training especially through the development of European Curriculum in each medical specialty as well as the elaboration of Training Standards. Back in 1994, the UEMS adopted its "Charter on Training of Medical Specialists" with an aim to outline the guiding principles for high level Medical Training. European Standards in Medical Training and examples of existing European Training Requirements (ETR), Competence -based training and Assessment for Specialists Sections, Council for European Specialists Medical Assessment (CESMA) including CESMA appraisal will be demonstrated (information available on: <a href="https://www.uems.eu/areas-of-expertise/postgraduate-training/european-standards-in-medical-training.eur

3. AP reports on history, structure, aims and activities of ENETS.

4. AF refers to the letter regarding NET Curriculum sent by ENETS Chairman and ENETS Advisory Board Chairman, respectively to AF and AP on 02/05/2019. They invited AF and AP to create a NET Curriculum task force and present a formal, advanced project outline of the curriculum at the ENETS Advisory Board meeting on 14/11/2019.

Appointment of UEMS- ENETS Committee

VP, BM, AP, and AF uniformly agree to nominate a group of representatives of both societies to coordinate the project. AP and AF will represent ENETS. VP and BM will nominate two UEMS representatives.

Administrative support

UEMS – Ms Marianne Chagon, EU Policy and Coordinator Officer (<u>coordination@uems.eu</u>) ENETS – TBA

Actions to be taken

-AP and AF, together with the NET Curriculum task force group, to develop a NET ETR. BM and his group to develop NET specific CESMA.

-30 September 2019 - Documents to be exchanged for review.

-14 November 2019 – AP and AF to present the project at ENETS AB Meeting. Possible approval.

-15 January 2020 – submission to UEMS for review

-April 2020 – proposal to be presented at UEMS EC Meeting and possibly approved.

Next meeting

TBA

Drafted by AF 05/05/2020 Appendix 14



UEMS - EUROPEAN UNION OF MEDICAL SPECIALISTS

MULTIDISCIPLINARY JOINT COMMITTEE ON RARE AND UNDIAGNOSED DISEASES

Dr. Joao Grenho Secretary General of the UEMS Brussels Domus Medica

28 January, 2020

Dear Dr Grenho,

Attached please find three separate packages of European Training Requirements (ETR), for which I request inclusion into the agenda points of the next UEMS Council meeting for consideration for approval. As you can see, two of them consist of 3 separate files each, which approach was chosen to generate files with stand-alone documents, that could be used by independent stakeholders involved in the training: while one of them is a single file.

The following documents are attached:

- 1., The ETR for "Rare and Undiagnosed Diseases", which consist of the next files:
- Training Requirements for the Specialty of Rare and Undiagnosed Diseases
- Description of "Rare and Undiagnosed Diseases" as a Medical Specialty in EU: Aims and objectives for specialist training
- Syllabus for residents and trainees in Rare and Undiagnosed Diseases

2., The European training requirements for the specialty of "Rare Adult Solid Cancers", which consist of the next files:

- Training Requirements for the Specialty of Rare Adult Solid Cancers
- Description of "Rare adult solid cancers" as a Medical Specialty in EU: Aims and objectives for specialist training
- Syllabus for residents and trainees in Rare Adult Solid Cancers

3., European training requirement for "Neuroendocrine Neoplasia Medicine", which is a collaborative effort of the MJC RUD and the European Neuroendocrine Tumor Society (ENETS).

I thank for your kindness, and looking forward to hearig about your decision.

Bela Melegh MJC RUD president



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Syllabus for residents and trainees in Rare and Undiagnosed Diseases

This a usual syllabus, an outlined summary of major and specific topics to be covered in a training course of a trainee. The goal of the syllabus is to ensure a fair and impartial working material as a connection between the instructor and the trainee. The syllabus is not a road map of the course, nor an organization/direction relaying the instructors' teaching policy to the trainees, so the syllabus is not a learning guide. Instead, the syllabus is a supporting reference material with priorities of training. However, it should be taken as a flexible material. It can differ between training institutions. Since the major pillars of the rare disease ETR rely primarily on internal medicine, neurology, pediatrics and medical genetics, it is strongly recommended to use the UEMS approved ETRs for these specialties as additional training material.

Domain 1: Basics

1.1 Rare disease terms, items, definitions

- 1.1.1 Rare disease definitions and rare disease basics in medical specialties
- 1.1.2 Causes of rare diseases
- 1.1.3 Rare disease clinical research networks
- 1.1.4 ORPHANET/ORPHACODE
- 1.1.5 EURODIS (Voice of rare disease patients)
- 1.1.6 National rare disease policies
- 1.1.7 International rare disease policies
- 1.1.8 Living with rare diseases
- 1.1.9 Rare disease helplines
- 1.1.10 Specialized social servers
- 1.1.11 Therapeutic recreational programs
- 1.1.12 Adapted housing and research centres

Domain 2: Clinical knowledge

2.1 Medical Records in Rare Diseases

2.1.1 Review medical records and identify information sources including databases and literature searches

2.2 Taking a detailed medical and family history and pedigree construction and interpretation

- 2.2.1 To analyse a clinical history in a relevant, succinct and logical manner
- 2.2.2 Use interpreters and advocates appropriately
- 2.2.3 Manages alternative and conflicting views from family, carers, friends and members of the multiprofessional team
- 2.2.4 Assimilates history from the available information from patient and other sources including members of the multi-professional team
- 2.2.5 Recognises and interprets appropriately the use of nonverbal communication from patients and carers

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2.3 Diagnosis, investigation and management of individuals with rare inherited diseases and their families

- 2.3.1 Examination
 - 2.3.1.1 Perform a reliable and appropriate examination to elicit relevant signs of genetic disease
 - 2.3.1.2 Perform examination appropriately in situations involving cultural sensitivity
 - 2.3.1.3 Understand when additional specialist examination is required
 - 2.3.1.4 Recognises the possibility of deliberate harm (both self-harm and harm by others) in vulnerable patients and report to appropriate agencies
- 2.3.2 Involvement of non-family members in process
 - 2.3.2.1 Role of patient advocacy groups
 - 2.3.2.2 Role of networks (scientific, patient oriented)
- 2.3.3 Diagnosis and Management
 - 2.3.3.1 Present disease information to a patient in a sensitive and understanding manner
 - 2.3.3.2 Use computerized genetic databases and registers for information retrieval
 - 2.3.3.3 Present undiagnosed cases to colleagues, including dysmorphology club meetings
 - 2.3.3.4 Clearly and openly explain management options
 - 2.3.3.5 Record concisely, accurately, confidentially and legibly the appropriate elements of the history, examination, results of investigations, differential diagnosis and management plan
- 2.3.4 European Reference Networks (ERNs)
 - 2.3.4.1 ERNs, structure, function, mission
 - 2.3.4.2 CPMS as a diagnostic tool
- 2.3.5 Decision Making
 - 2.3.5.1 Interpret clinical features, their reliability and relevance to clinical scenarios including recognition of the breadth of presentation of common disorders
 - 2.3.5.2 Incorporates an understanding of the psychological and social elements of clinical scenarios into decision making
 - 2.3.5.3 Construct a concise and applicable problem list using available information
 - 2.3.5.4 Construct an appropriate management plan in conjunction with the patient, carers and other members of the clinical team and communicate this effectively to the patient, parents and carers securing their agreement to the course of action
 - 2.3.5.5 Define the relevance of an estimated risk of a future event to an individual patient
 - 2.3.5.6 Use risk calculators appropriately
 - 2.3.5.7 Apply quantitative data of risks and benefits of screening and therapeutic intervention to an individual patient
 - 2.3.5.8 Search and comprehend medical literature to guide reasoning
 - 2.3.5.9 Generate hypothesis within context of clinical likelihood
 - 2.3.5.10 Test, refine and verify hypotheses
 - 2.3.5.11 Develop problem list and action plan
- 2.3.6 Ability to take samples for genetic analysis
 - 2.3.6.1 Phlebotomy from adults and children, including those with special needs
 - 2.3.6.2 Hair Root Extraction
 - 2.3.6.3 Skin biopsy
 - 2.3.6.4 Collection of other samples, such as buccal smears, urine samples, etc.
- 2.3.7 Clinical Photography
 - 2.3.7.1 Demonstrate ability to take photographs of sufficient quality for clinical use
 - 2.3.7.2 Use of digital photography and storage of data

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2.4 Therapeutic aspects and emerging therapies of genetic diseases

- 2.4.1 Prescribe and oversee enzyme replacement therapies for applicable disorders, including lysosomal storage disorders within a multidisciplinary clinical team consensus
- 2.4.2 Prescribe other repurposed dugs to specific genetic condition (e.g., losartan) within a multidisciplinary clinical team consensus
- 2.4.3 Develop a management strategy, including preventative surgery, for men and women with hereditary cancer

2.5 Risk assessment and role in genetic testing

- 2.5.1 Calculate genetic risk in single gene disorders by hand
- 2.5.2 Calculate genetic risk by use of a computer programme
- 2.6 Paediatric genetics including training in Dysmorphology (knowledge of common dysmorphic syndromes, their aetiology and the use of dysmorphology databases) and investigation of learning and intellectual disability in children
 - 2.6.1 Be able to take a relevant history, and perform an appropriate examination, obtain illustrative photographs
 - 2.6.2 Have a rational approach to investigation of children with delayed development and/or dysmorphic syndromes
 - 2.6.3 Formulate differential diagnoses of unknown syndromes. Utilise journals and databases used in syndrome identification
 - 2.6.4 Cultivate critical assessment of database information and case reports to identify uncertainty and subjectivity in syndrome diagnosis
 - 2.6.5 Be able to provide a diagnostic service within a multidisciplinary clinical team
 - 2.6.6 Present and discuss cases with colleagues

2.7 Adult genetics to include knowledge of late onset disorders and disorders with a significant genetic component presenting in adult life (including predictive testing)

- 2.7.1 Be able to take a relevant history, perform an appropriate examination and formulate clinical diagnoses
- 2.7.2 Be able to assess patients and families affected by genetic conditions
- 2.7.3 Judge when it is necessary to sustain supportive relationships with patients with chronic disease
- 2.7.4 Be able to discuss reproductive options (AID, ICSI, IVF, pre- implantation diagnosis) with the patient and their partner in a sensitive manner
- 2.7.5 Be able to discuss and formulate integrated care pathways and management plans with individuals/families
- 2.7.6 Verify diagnoses from old hospital records

2.8 Prenatal Genetics and knowledge about effects of teratogens in foetal development

- 2.8.1 Interpret family history data
- 2.8.2 Provide genetic advice and organize testing for women who may undergo preimplantation or prenatal diagnosis
- 2.8.3 Formulate differential diagnoses and assess prognosis in collaboration with the foetal medicine team
- 2.8.4 Assess risk to foetus when pregnancies are exposed to hazards such as congenital infections, alcohol, ionising irradiation or drugs
- 2.8.5 Assess clinical significance of chromosome, DNA and foetal imaging in the context of foetal abnormality
- 2.8.6 Evaluate foetal post-mortem findings
- 2.8.7 Interpret the reports of non-invasive prenatal testing (NIPT)

2.9 Genetic screening programmes

- 2.9.1 Team-working with database managers, genetic associates and nurse specialists in:
 - 2.9.1.1 'Cascade screening' and provision of genetic services for extended families with common single gene disorders (cystic fibrosis, Xp21 muscular dystrophy, fragile X syndrome, Huntington's disease)
 - 2.9.1.2 Family based screening for individuals at high risk of developing cancer
 - 2.9.1.3 Contribute to the maintenance of departmental genetic registry systems
 - 2.9.1.4 Be able to explain the benefits and consequences of screening programmes

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2.10 Examination of paediatric and adult patients, knowledge of dysmorphic signs, and main neurologic signs 2.10.1 Physical examination, body measurements and review of medical information

2.11 Gene therapy and its current and future applications

2.11.1 Be able to discuss the pros and cons of gene therapy in relation to a specific disorder and suggest clinical trials, if appropriate

2.12 Common diseases with a genetic component and oligo-/polygenic disorders

- 2.12.1 Distinguish between classical Mendelian and oligogenic inheritance and be able to calculate the appropriate recurrence risk
- 2.12.2 Be able to recognize and counsel patients with a strong genetic component

2.13 General knowledge base from UEMS specialities

Allergology Anaesthesiology Cardiology Cardiothoracic Surgery **Connective Tissue Genetics** Dermatology and Venereology **Emergency Medicine** Endocrinology Gastroenterology Genetics of Craniofacial Anomalies and Ear Nose and Throat disorders Genetics of Immunological and Auto-inflammatory Diseases Geriatrics Gynaecology and Obstetrics Haematology Hepatology Hereditary metabolic disorders Infectious Diseases Internal Medicine Laboratory Medicine / Medical Biopathology Malformation, developmental anomalies and rare intellectual disabilities Medical Genetics Medical Microbiology Medical Oncology Multi-systemic vascular diseases Nephrology Neurogenetics Neurology Neurosurgery **Occupational Medicine** Oncology Ophthalmology **Oro-Maxillo-Facial Surgery** Orthopaedics Traumatology Otorhinolaryngology Paediatrics Pneumology Prenatal and Reproductive Pulmonology Psychiatry Public Health Medicine Radiology Radiation Oncology and Radiotherapy

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Rheumatology Skeletal Disorders Surgery Urology/ Urogenital

2.14 List¹ of comprehensive Entrustable Professional Activities (EPAs)

- 2.14.1 Evaluate and manage a new medical condition in an ambulatory patient and coordinate care between healthcare providers across multiple care settings
- 2.14.2 Manage the care of patients with rare medical conditions across multiple care settings
- 2.14.3 Manage the care of patients with complex medical conditions, and/or comorbidities, across multiple care settings
- 2.14.4 Manage transition of care for adult patients transferring to another care setting
- 2.14.5 Manage transition of care for young patients transferring from pediatric to adult services
- 2.14.6 Provide medical consultation to nonmedical specialties
- 2.14.7 Lead a family meeting to discuss serious news (bad news, end of life care) with a patient and/or family and other health providers
- 2.14.8 Obtain initial history, perform physical examination, and formulate a management plan for a new ambulatory patient in continuing care
- 2.14.9 Manage the care of patients with chronic conditions across multiple care settings
- 2.14.10 Access medical information to provide evidence-based care
- 2.14.11 Facilitate the understanding of patients, their families, and members of the multidisciplinary team
- 2.14.12 Recognize and diagnose common nonmedical conditions (i.e., surgical, neurological, dermatologic, etc.) and refer appropriately to other specialty care
- 2.14.13 Diagnose and comanage patients with complex conditions needing other specialty care (inpatient or outpatient)
- 2.14.14 Organize and maintain information and knowledge through medical practice to improve personal development when delivering care and educating others (journal club, etc.)
- 2.14.15 Recognize when palliative care is needed and liaise with palliative care specialists
- 2.14.16 Counsel patients appropriately
- 2.14.17 Advocate for individual patients by representing them, supporting them and working for them
- 2.14.18 Improve patient safety
- 2.14.19 Provide age appropriate screening and preventative care
- 2.14.20 Identify and address any need for quality improvement in a clinical setting
- 2.14.21 Improve the quality and safety of healthcare at both individual and systems levels
- 2.14.22 Provide telephone management for an ambulatory rare disease patient
- 2.14.23 Provide care to nonnative speakers in an inpatient or outpatient setting through the use of appropriate translation services
- 2.14.24 Develop and implement a management plan based on review of outcome data for ambulatory patient population
- 2.14.25 Provide inpatient and outpatient care for patients with difficulty in accessing appropriate healthcare; advocate for individual patients where needed
- 2.14.26 Participate in an in-hospital cardiopulmonary resuscitation
- 2.14.27 Perform common procedures in internal medicine (lumbar puncture, thoracocentesis, central line insertion, joint aspiration)
- 2.14.28 Undertake a research project (e.g., a degree or diploma, quality improvement, educational opportunity, other)
- 2.14.29 Develop the practice of lifelong learning
- 2.14.30 Demonstrate professional behavior at all time

¹ Adopted with revisions from Karen. E. Hauer, Jeffrey Kohlwes, Patricia Cornett, Harry Hollander, Olle ten Cate, Sumant R. Ranji, Krishan Soni, William Iobst, and Patricia O'Sullivan (2013) Identifying Entrustable Professional Activities in Internal Medicine Training. Journal of Graduate Medical Education: March 2013, Vol. 5, No. 1, pp. 54 59 and the Alliance for Academic Internal Medicine. Internal Medicine End of training EPAs, 2012

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Domain 3: Detailed and specific Topics

3.1 Detailed Topics

- 3.1.1 Applied pharmacology
 - 3.1.1.1 Drug side effects
 - 3.1.1.2 Pharmacovigilance activity
 - 3.1.1.3 Pharmacogenomics in drug action
 - 3.1.1.4 Pharmacotoxicology
 - 3.1.1.5 Side effects, adverse effects

3.1.2 Cancer

- 3.1.2.1 Take a relevant history, perform an appropriate examination and undertake risk estimation using a variety of methods
- 3.1.2.2 Use of cancer registers and other sources to verify diagnoses
- 3.1.2.3 Use disease registers to support follow-up of affected and at-risk patients
- 3.1.2.4 Assessment of screening protocols for at-risk relatives
- 3.1.2.5 Identify at-risk patients and relatives who are eligible to participate in trials of cancer prevention strategies
- 3.1.2.6 Rare cancers; differences and similarities with rare diseases. Types (classification: Pediatric cancers, Hematologic rare neoplasms; Sarcomas; Rare thoracic cancers; Neuroendocrine tumors; Head & neck cancers; Central nervous system tumors; Rare female genital cancers; Rare urological and male genital tumors; Endocrine gland tumors; Digestive rare cancers; Rare skin cancers & non-cutaneous melanoma)
- 3.1.3 Cardiovascular diseases
 - 3.1.3.1 Relevant history, perform an appropriate examination
 - 3.1.3.2 Work with bereaved families following sudden adult death
 - 3.1.3.3 Rare variants in common polygenic diseases
 - 3.1.3.4 Assessment of screening protocols for at-risk relatives
 - 3.1.3.5 Coordinate diagnostic and predictive genetic testing in ICC families
 - 3.1.3.6 Identify at-risk patients/trios eligible to participate in prevention strategies (e.g., therapeutic trials)
- 3.1.4 Communicable diseases
 - 3.1.4.1 Basics in microbiology
 - 3.1.4.2 Rare infectious diseases
 - 3.1.4.3 Travellers, migrants and their significance in the spread of communicable diseases
 - 3.1.4.4 Diagnostic features
- 3.1.5 Connective tissue diseases
 - 3.1.5.1 Conduct a physical examination appropriate for evaluation of an individual with a suspected connective tissue disorder, including appropriate body measurements (arm span, upper/lower segment ratios, Beighton score, arachnodactyly, hindfoot valgus, pes planus, pectoral abnormalities, etc.)
 - 3.1.5.2 Formulate a differential diagnosis for a patient with joint laxity
 - 3.1.5.3 Formulate a differential diagnosis for a patient with Marfanoid habitus
 - 3.1.5.4 Formulate a differential diagnosis for a patient with aortic dilatation using family history, medical history, and physical examination
 - 3.1.5.5 Apply diagnostic criteria to establish a diagnosis of Loeys-Dietz syndrome, including use of imaging (such as evidence of vascular tortuosity)
 - 3.1.5.6 Establish the specific type of EDS based on diagnostic criteria
 - 3.1.5.7 Apply clinical and laboratory criteria to establish a diagnosis of Stickler syndrome
- 3.1.6 Craniofacial Anomalies and Ear, Nose and Throat disorders
 - 3.1.6.1 Differential diagnosis for craniofacial Anomalies and ear nose and throat disorders
 - 3.1.6.2 Differential diagnosis in new-borns identified with congenital deafness either through new-borns screening or clinically

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- 3.1.6.3 Interpret audiologic tests and distinguish different patterns of hearing impairment, including sensorineural and conductive
- 3.1.6.4 Management plan for a child or an adult with congenital or progressive hearing impairment
- 3.1.7 Dermatological Diseases
 - 3.1.7.1 Formulate a differential diagnosis for a patient with an ichthyosiform disorder
 - 3.1.7.2 Recognize the features of skin fragility and blistering associated with epidermolysis bullosa
 - 3.1.7.3 Differential diagnosis for a patient with abnormal ectodermal structures (hair, teeth, nails, sweat glands)
 - 3.1.7.4 Differential diagnosis for a patient with premature aging, photosensitivity, vascular lesions or multiple cutaneous neoplasms or hamartomas
 - 3.1.7.5 Order appropriate genetic testing for suspected genodermatoses
 - 3.1.7.6 Cutaneous features that are associated with multisystem disorders
- 3.1.8 Diseases of malformation, developmental anomalies and rare intellectual disabilities
 - 3.1.8.1 Determine if a congenital anomaly represents a malformation, deformation, disruption, or dysplasia
 - 3.1.8.2 Difference between a syndrome, sequence, and association
 - 3.1.8.3 Congenital anomalies in terms of dysfunction of normal development, both at the level of the embryo and at the level of cellular mechanisms of morphogenesis
 - 3.1.8.4 Explain how foetal exposures/environment can adversely affect foetal growth and/or development
 - 3.1.8.5 Explain how prenatal studies can facilitate diagnostic evaluation
 - 3.1.8.6 Developmental milestones and growth parameters and recognize patterns of abnormal development
 - 3.1.8.7 Differential diagnosis and testing strategy for a patient with one or more major anomalies
 - 3.1.8.8 Specific patterns of dysmorphic features that allow for clinical diagnosis of recognizable genetic conditions
 - 3.1.8.9 Differential diagnosis for a patient with hypotonia and dysmorphic features
 - 3.1.8.10 Differential diagnosis for a patient with disordered growth
 - 3.1.8.11 Differential diagnosis for a patient with autism and dysmorphic features
 - 3.1.8.12 Apply diagnostic criteria to establish diagnosis of congenital anomaly syndromes
- 3.1.9 Endocrine diseases
 - 3.1.9.1 Formulate a differential for a child with short stature
 - 3.1.9.2 Evaluate a child with ambiguous genitalia, and formulate differential diagnosis
 - 3.1.9.3 Recognize Albright's hereditary osteodystrophy
 - 3.1.9.4 Counsel families with a child with 21-hydroxylase deficiency and adults with infertility, including Klinefelter syndrome, mosaic Turner syndrome, and androgen insensitivity syndrome.
 - 3.1.9.5 Formulate a differential diagnosis for sex reversal
 - 3.1.9.6 Counsel families with multiple endocrine neoplasia (MEN) I or II
 - 3.1.9.7 Evaluate the child with thyroid abnormalities and hearing loss
- 3.1.10 Gastrointestinal diseases
 - 3.1.10.1 A differential diagnosis for congenital anomalies such as intestinal aganglionosis, pyloric stenosis, intestinal malrotation, etc.
 - 3.1.10.2 A differential diagnosis for patients with hereditary pancreatitis
 - 3.1.10.3 Recognize the need for a cancer control plan for extra intestinal cancers in polyposis syndromes (e.g., breast cancer in Peutz-Jeghers syndrome)
- 3.1.11 Gynaecological and Obstetric Diseases
 - 3.1.11.1 Stages of embryonic development and their relationship to teratogenic windows in the context of maternal teratogens such as alcohol, medications, or viral exposures
 - 3.1.11.2 Range of normal variation in foetal ultrasound images, the associations of normal variants with and the limitations of ultrasound as a screening modality
 - 3.1.11.3 Counsel and initiate the appropriate prenatal genetic tests when a structural malformation and/or growth abnormality is identified by foetal ultrasound
- 3.1.12 Hematological diseases
 - 3.1.12.1 Fanconi anemia
 - 3.1.12.2 Genetic causes of familial neutropenia syndromes (e.g., cyclic or severe congenital neutropenia, and

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Shwachman-Diamond syndrome), and disorders of neutrophil function (e.g., chronic granulomatous disease)

- 3.1.12.3 Differential diagnosis for genetic red cell membrane disorders such as hereditary spherocytosis
- 3.1.12.4 Diagnose and counsel patients with sickle cell trait, beta thalassemia trait, and the various forms of alpha thalassemia trait
- 3.1.12.5 Plan laboratory assessments for pregnant women with microcytic anemia
- 3.1.12.6 Counsel families with hemoglobinopathy
- 3.1.13 Hepatic diseases
 - 3.1.13.1 Differential diagnosis for patients with biliary atresia or arteriohepatic dysplasia
 - 3.1.13.2 Families with hepatic disorders
- 3.1.14 Immunological and auto-inflammatory diseases
 - 3.1.14.1 A differential diagnosis for a child with severe combined immune deficiency
 - 3.1.14.2 A differential diagnosis for a patient with hypogammaglobulinemia
 - 3.1.14.3 A differential diagnosis for a patient with chronic granulomatous disease
 - 3.1.14.4 Signs of hereditary angioedema
 - 3.1.14.5 Diagnosis for an adult with auto-inflammatory disease
- 3.1.15 Inherited metabolic diseases
 - 3.1.15.1 Family history data that suggest familial metabolic disease
 - 3.1.15.2 Clinical signs in affected individuals
 - 3.1.15.3 Be able to draw up a differential diagnosis and institute appropriate genetic testing
 - 3.1.15.4 Assessment of symptoms and signs in patients at risk of metabolic disorders
 - 3.1.15.5 Make timely, appropriate referrals to other specialists
 - 3.1.15.6 Identify at-risk patients and relatives who are eligible to therapeutic and preventional strategies
- 3.1.16 Multi-systemic vascular diseases
 - 3.1.16.1 Formulate a differential diagnosis for multi-systemic vascular diseases
- 3.1.17 Nephrological diseases
 - 3.1.17.1 Provide genetic counselling for an individual who has or is at risk for infantile or adult polycystic kidney disease
 - 3.1.17.2 Genetic aetiologies that contribute to nephrotic and renal tubular disorders
 - 3.1.17.3 Differential diagnosis between Alport syndrome and other renal disorders
 - 3.1.17.4 Apply diagnostic criteria to establish diagnosis of disorders including Bardet-Biedl syndrome, tuberous sclerosis complex, von Hippel-Lindau syndrome, Meckel syndrome, Zellweger syndrome
- 3.1.18 Neurodiseases and neuromuscular diseases
 - 3.1.18.1 Recognise family history data that suggest familial neurological disease
 - 3.1.18.2 Clinical signs in affected individuals
 - 3.1.18.3 Differential diagnosis and institute appropriate genetic testing
 - 3.1.18.4 Assessment of symptoms and signs in patients at risk of adult-onset neurogenetic disease
 - 3.1.18.5 Application of protocols for pre-symptomatic diagnosis of Huntington's disease and other neurodegenerative disorders
 - 3.1.18.6 Make timely, appropriate referrals to other specialists such as neurologists, psychologists, psychiatrists, speech therapists
- 3.1.19 Opthalmological disease
 - 3.1.19.1 Differential diagnosis for a child with microphthalmia/ anophthalmia/ coloboma with or without a congenital anomaly of the central nervous system
 - 3.1.19.2 Ocular from oculocutaneous albinism
 - 3.1.19.3 Diagnostic criteria to establish the diagnosis of various genetic syndromes with supporting ophthalmologic features
 - 3.1.19.4 Clinical trials in gene-replacement treatment strategies for childhood heritable retinal dystrophies

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- 3.1.20 Psychiatric diseases
 - 3.1.20.1 Genetic differential diagnosis based on DSM criteria
 - 3.1.20.2 Disorders, including Huntington disease, metachromatic leukodystrophy, some forms of porphyria, and Wilson disease may present with psychiatric symptomatology before other symptoms.
 - 3.1.20.3 Be able to diagnose, manage and counsel individuals with these disorders
 - 3.1.20.4 Inborn errors of metabolism, particularly syndromes elevating ammonia levels, may be associated with altered behaviours that are symptomatic of acute decompensation
 - 3.1.20.5 Knowledge of the features, consequences, and guidelines for management of foetal alcohol syndrome and foetal alcohol spectrum disorder (FASD)
 - 3.1.20.6 Syndromic aetiologies based on presentation, including sex and age of onset of symptomatology
 - 3.1.20.7 Cardinal features and implement management recommendations for microdeletion syndromes associated with behavioural psychopathology as a primary or major component
 - 3.1.20.8 Poorly controlled metabolic disorders often have prominent psychiatric consequences
- 3.1.21 Pulmonary diseases
 - 3.1.21.1 Differential diagnosis, for hereditary pulmonary emphysema
 - 3.1.21.2 Differential diagnosis, for idiopathic pulmonary hypertension
 - 3.1.21.3 Counsel patients with idiopathic pulmonary fibrosis
 - 3.1.21.4 Counsel families with or at risk for cystic fibrosis
 - 3.1.21.5 Counsel patients with alpha-1-antitrypsin deficiency
- 3.1.22 Reproductive system
 - 3.1.22.1 Preconceptional genetic counselling to couples with sub-/infertility and organize genetic testing
 - 3.1.22.2 Preconceptional genetic counselling to couples with genetic and inherited disorders for their reproductive choices including invasive diagnosis, non-invasive testing, and assisted reproductive technologies (ART)
 - 3.1.22.3 Different ART options according to the national legislation and European guidelines including preimplantation genetic testing

3.1.23 Skeletal diseases

- 3.1.23.1 Differential diagnosis of a fetus suspected of having a skeletal dysplasia or dysostosis and assess whether the condition is compatible with postnatal survival
- 3.1.23.2 Differential diagnosis for a child with a congenital limb, axial, and/or craniofacial malformation, including teratogenic causes, syndromic causes, and skeletal dysostoses/dysplasias
- 3.1.23.3 Be able to evaluate radiographs and other imaging studies and know when to order further biochemical or molecular genetic tests, as well as which tests are appropriate for a given situation

3.1.24 Teratology

- 3.1.24.1 Historical perspective on teratology
- 3.1.24.2 Mechanisms of teratology
- 3.1.24.3 Epidemiology of congenital malformations
- 3.1.24.4 Types and classes of teratogens
- 3.1.24.5 Effects of teratogens (death, abortion, miscarriage, malformation, etc.)
- 3.1.24.6 Counselling for teratogen exposure
- 3.1.24.7 Genetic inbreeding
- 3.1.25 Toxicology
 - 3.1.25.1 Reproductive toxicology
 - 3.1.25.2 Basic toxicological principals
 - 3.1.25.3 Organs in detoxification
 - 3.1.25.4 Developmental toxicology
 - 3.1.25.5 Toxic substances
 - 3.1.25.6 Ionising radiation
 - 3.1.25.7 Toxicology in society, environmental toxicology, food toxicology, clinical toxicology, risk assessment

3.1.26 Urogenital diseases

3.1.26.1 Differential diagnosis for a child with a congenital anomaly of the urogenital tract

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Domain 4: Bioinformatics

4.1 **Bioinformatics**

- 4.1.1 Basic methods of medical statistics
- 4.1.2 Knowledge of the principles of Human Phenotype Ontology
- 4.1.3 Knowledge in the use of large data sets and "big data"
- 4.1.4 Array data analysis and interpretation
- 4.1.5 Next generation sequencing raw data, massive parallel sequencing file types
- 4.1.6 Next generation sequencing data analysis
- 4.1.7 Analysis of WCF files
- 4.1.8 Public sequence domains used for next generation sequence analysis

Domain 5: Rare disease and society

5.1 Rare disease and society

- 5.1.1 Families living with rare diseases
- 5.1.2 Patient advocacy groups
- 5.1.3 Patient advocacy networks (patient perspectives)
- 5.1.4 Medical education in patient families and advocacy groups
- 5.1.5 Awareness on healthcare policy and decision making
- 5.1.6 Specific legislation related to access and coverage for essential medical therapies, role in clinical trials
- 5.1.7 Genetic laws
- 5.1.8 ELSI in rare diseases
- 5.1.9 Rare Disease Day

Domain 6: Logbook Recommendations²

6.1 Logbook Recommendation:

- 6.1.1 Purpose: The purpose of the logbook is to document that the applicant has had direct and meaningful involvement in the rare disease evaluation, counseling and management of patients and/or families, and has received appropriate clinical supervision.
- 6.1.2 Requirements: Logbook of the 55 cases must be completed in accordance with the instructions provided in this summary, and anticipates ongoing review of cases between the trainee and their program director, the applicant should assure that all requirements have been fulfilled before submitting the final logbook for review.
- 6.1.3 Case Selection:
 - 6.1.3.1 All cases must be obtained through accredited residency and/or training program.
 - 6.1.3.2 Supervision for case encounters in genetics clinics must be provided by faculty who are certified.
 - 6.1.3.3 All 55 cases must be obtained during the <u>inclusive</u> dates of the applicant's training. No more than 2 cases may be obtained in any one day.
 - 6.1.3.4 Each logbook entry must document a face-to-face interaction between the applicant and an individual patient and/or family. Evaluation, management, or counseling performed via telephone or in group counseling sessions will not be accepted.
 - 6.1.3.5 A given patient or family may appear only <u>once</u> in an applicant's logbook, regardless of the number of encounters with that patient or family.
- 6.1.4 Description of Logbook Headings/Columns:
 - 6.1.4.1 Entry Number: The logbook spreadsheet allows a trainee to enter an unlimited number of cases while in training. For the final logbook that may be requested for audit, you must select 55 cases to submit that fulfill all of the defined requirements. The applicant must be able to identify each case by its entry number if questions arise about a logbook entry
 - 6.1.4.2 Date: The date in month/day/year format identifies when the patient was seen

² Based on the American Board of Medical Genetics "Certification in Clinical Genetics and Genomics Logbook Guidelines" http://www.abmgg.org/2019/2019%20Logbook%20Documents/2019%20Clinial%20genetics%20logbook%20FINAL.pdf

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- 6.1.4.3 Patient Age Category: For each case, the patient's age must be defined as Infant (5 cases), Child and Adolescent (20 cases), or Adult (25 cases) or Undiagnosed of any age (5 cases). Age refers to age of the patient on the date of the clinic visit.
- 6.1.4.4 Diagnosis: No more than 5 cases may have the same specific diagnosis. Variations in genotype or phenotype of a specific diagnosis, such as age of onset or particular mutation, are not considered sufficient to count as separate diagnoses. It is the age at onset and not the age of diagnosis or the age at which the trainee saw the patient that should be taken into account in satisfying this requirement.
 - For each case, enter the diagnosis using the guidelines below:
 - 6.1.4.4.1 Enter the diagnosis using the OMIM name or an ORPHACODE alternative title. All cases representing the same condition should be entered using the same diagnosis name.
 - 6.1.4.4.2 Do not use abbreviations unless an OMIM/ORPHACODE alternative title.
 - 6.1.4.4.3 Primary diagnosis must be listed first.
 - 6.1.4.4.4Use the most specific diagnosis for each case when known.
 - 6.1.4.4.5 Log only those cases for which the diagnostic evaluation is complete. For example, "5p deletion syndrome" not "Rule out chromosome anomaly." If making a specific diagnosis was the reason for the referral, for example, is this Marfan syndrome?, use "Marfan syndrome" if the diagnostic evaluation is complete and this is the diagnosis or "Marfan syndrome, excluded" if the diagnostic evaluation is complete and this diagnosis was excluded but a more specific diagnosis could not be made. If a more specific diagnosis could be made, such as Shprintzen-Goldberg syndrome, use the more specific diagnosis.
 - 6.1.4.4.6 If more than one patient or family with the same genetic category, age category, diagnosis, visit date, trainee role(s), and supervisor are recorded, clearly indicate that entries are <u>not</u> duplicated records or members of the same family, as follows: Neurofibromatosis, patient or family 1; Neurofibromatosis, patient or family 2.

6.2 Trainee's Role:

- 6.2.1 Medical history: involves obtaining pertinent medical information, such as pregnancy history, developmental milestones, and environmental exposures, by patient interview and review of medical records.
- 6.2.2 Pedigree: includes eliciting information for the construction of a pedigree that includes at a minimum all first and second-degree relatives using standard symbols.
- 6.2.3 Physical examinations: entails performing a complete physical examination or, if more appropriate, a targeted examination, to assess the system(s) of concern or to look for manifestations of a Mendelian condition in individuals who present for evaluation of a common complex disorder.
- 6.2.4 Management/Evaluation plan: involves determining recommendations for appropriate tests and/or assessments of medical or psychosocial care for a patient/family.
- 6.2.5 Testing options/results: includes explaining the technical and medical aspects of diagnostic and screening methods and reproductive options, including associated risks, benefits, and limitations, as well as interpreting and communicating testing results.
- 6.2.6 Risk assessment: entails performing pedigree analysis and evaluation of medical and laboratory data to determine recurrence/occurrence risks.
- 6.2.7 Inheritance/risk counseling: involves educating the patient or family about recurrence/occurrence risks and modes of inheritance of the disorder.
- 6.2.8 Discussion of diagnosis/natural history: includes conveying genetic medical information about the diagnosis, etiology, natural history, prognosis, and treatment/management of the disorder(s) in question.
- 6.2.9 Psychosocial support/counseling: involves providing short-term, patient or family- centered counseling, psychosocial support, and anticipatory guidance to the family, as well as addressing patient concerns.
- 6.2.10 Information access: includes literature review and database searches, as well as identification of resources for the patient or family and referring healthcare provider.
- 6.2.11 Documentation and follow-up: involves writing a consultation report or letter to the family or healthcare provider and recording adequate follow-up notes.
- 6.2.12 Undiagosed Case: Full description of what happened with the sequence analysis record of deposition of a network (ERN, UDNI, PhenomeCentral, CPMS.
- 6.3 **Supervisor:** Include the <u>full name</u>, degree(s), and type of certification of the supervisor who was present and was directly responsible for your activities regarding that case



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Training Requirements for the Specialty of Rare and Undiagnosed Diseases

European Standards of Postgraduate Medical Specialist Training

Preamble

The UEMS is a non-governmental organization representing national associations of medical specialists at the European level. With a current membership of 39 national associations and operating through 43 Specialist Sections and European Boards, the UEMS is committed to promote the free movement of medical specialists across Europe while ensuring the highest level of training that will pave the way to the improvement of quality of care for the benefit of all European citizens. The UEMS areas of expertise notably encompass Continuing Medical Education, Post Graduate Training and Quality Assurance. It is the UEMS' conviction that the quality of medical care and expertise is directly linked to the quality of training provided to the medical professionals. Therefore, the UEMS committed itself to contribute to the improvement of medical training at the European level through the development of European Standards in the different medical disciplines. No matter where doctors are trained, they should have at least the same core competencies.

In 1994, the UEMS adopted its Charter on Post Graduate Training aiming to provide the recommendations at the European level for good medical training. Made up of six chapters, this Charter set the basis for the European approach in the field of Post Graduate Training. With five chapters being common to all specialties, this Charter provided a sixth chapter, known as "Chapter 6", that each Specialist Section was to complete according to the specific needs of their discipline. More than a decade after the introduction of this Chapter, the UEMS Specialist Sections and European Boards have continued working on developing these European Standards in Medical training that reflect modern medical practice and current scientific findings. In doing so, the UEMS Specialist Sections and European Boards did not aim to supersede the National Authorities' competence in defining the content of postgraduate training in their own State, but rather to complement these and ensure that high quality training is provided across Europe.

At the European level, the legal mechanism ensuring the free movement of doctors through the recognition of their qualifications was established back in the 1970s by the European Union. Sectorial Directives were adopted and one Directive addressed specifically the issue of medical training at the European level. However, in 2005, the European Commission proposed to the European Parliament and Council to have a unique legal framework for the recognition of the Professional Qualifications to facilitate and improve the mobility of all workers throughout Europe. This Directive 2005/36/EC established the mechanism of automatic mutual recognition of qualifications for medical doctors according to training requirements within all Member States; this is based on the length of training in the Specialty and the title of qualification. Given the longstanding experience of UEMS Specialist Sections and European Boards on the one hand and the European legal framework enabling Medical Specialists and Trainees to move from one country to another on

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the other hand, the UEMS is uniquely positioned to provide specialty-based recommendations. The UEMS values professional competence as "the habitual and judicious use of communication, knowledge, technical skills, clinical reasoning, emotions, values, and reflection in daily practice for the benefit of the individual and community being served". While professional activity is regulated by national law in EU Member States, it is the UEMS understanding that it has to comply with international treaties and UN declarations on Human Rights as well as the WMA International Code of Medical Ethics.

This document derives from the previous Chapter 6 of the Training Chapter and provides definitions of specialist competencies and procedures as well as how to document and assess them. For the sake of transparency and coherence, it has been renamed as "Training Requirements for the Specialty of Rare and Undiagnosed Diseases". This document aims to provide the basic Training Requirements for each specialty and should be regularly updated by UEMS Specialist Sections, Multidisciplinary Joint Committees, or European Boards to reflect scientific and medical progress. The three-part structure of this document reflects the UEMS approach to have a coherent pragmatic document not only for medical specialists but also for decision-makers at the National and European levels interested in knowing more about medical specialist training.

A "Rare Disorder" (rare disease, orphan disease) is defined according to the European standards as one having a prevalence of not more than five affected persons per 10.000. In different parts of the world, where consanguinity is accepted, different rare diseases can become frequent. Rare diseases can be of genetic origin, multifactorially determined or caused by environmental factors. Rare diseases can be part of different specialities ranging from genetics, through infections to different type of cancers. To date, 5.000-8.000 rare diseases are known, affecting 6-8% of the world population; 80% are of genetic origin while 20% are multifactorial. More than 50% affect children and 30% of them die before the age of 5. The number of rare diseases is increasing partly because of the intense development of genetic testing modalities and the new therapeutic modalities achievable. Rare diseases affect around 30 million EU citizens; they are recognised as a global public helath priority and an exemplar domain for precision public health. A special challenge is the undiagnosed group of rare diseases.

With the formation of the 24 thematic European Reference Networks (ERN) in March 2017, the need for Rare Disease Specialists became evident. ERN's are virtual networks involving healthcare providers across Europe. The aim of ERN's is to harmonize diagnostic strategies and perhaps in the future therapeutic approaches regarding rare diseases across the European Union. The need for rare disease specialists involves all speciality groups and Rare Disease Centers from all countries should have a minimum of 10 rare disease specialists. Whereas not all rare diseases are genetic conditions, the genetic departments are expected to feature prominently.

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Aims and goals of Rare and Undiagnosed Disease Speciality training and assessment (Further essential parts of the ETR are described in the supplementary "Description of the specialty" and "Syllabus"):

1. To construct a tool for training and qualification/certification system for service specialists whose goal is to assess, investigate, and diagnose diseases and medical conditions that are rare, having a prevalence of less than 1 in 2.000.

2. To create a system that provides specialist knowledge-based training information about rare and undiagnosed diseases, including recommendations for screening where appropriate.

3. To provide a service that offers education/knowledge base of counselling in relation to reproductive options and prenatal genetics in rare diseases.

4. The primary prevention of rare diseases of multifactorial or nongenetic origin, based on the knowledge and mitigation of risk factors related to medical treatments, maternal health, infections, diet, lifestyles, living environment and workplace

5. The primary and secondary prevention of rare hereditary diseases, according to: i) the choice made by those at risk of having affected offspring, based on full information and expert counselling; ii) effective programmes of newborn screening allowing early measures to prevent the onset of diseases

6. To contribute to the management of patients and families affected by rare diseases, in collaboration with other medical specialists, including treatment.

7. Knowledge on European Reference Networks (ERN), CPMS system essentials.

8. To be advocates, where necessary, for those affected by rare diseases. EURORDIS knowledge base.

9. To conduct and contribute to clinical and genomic research to enhance knowledge of the causation and natural history of rare diseases and conditions.

10. To teach and instruct medical undergraduates and postgraduates in rare and undiagnosed diseases, in order to raise the knowledge base across all medical specialties.

11. To provide a knowledge and skills resource to all medical specialties, including through multidisciplinary meetings.

12. Orphanet and orphacode knowledge base.

13. To provide a service in collaboration with clinical specialists, researchers and geneticists for diagnosis and description of a novel disorder.

14. The European Certificate in Rare and Undiagnosed Diseases is intended to be the main knowledge-based assessment tool for training and assessment across Europe, with the ultimate aim of establishing world class-leading standards in that specialty throughout all countries.

15. The rare cancers are recognised under different specialties (Rare adult solid cancers, pediatric oncology, etc), some basics are still included in this specialty field as well.

16. Special attention and care should be taken for expertise in the undiagnosed fields and disease management. Management of undiagnosed cases, recontacting, data sharing, participation in the existing and emerging networks.

17. Basics of communcable diseases, and selected parts of the rare diseases (including tropical), basics in bacteriology, virology, parasitology. Migration and its communicable diseases consequences.

18. Toxicology, applied pharmacotoxicology, teratology basics.

19. To facilitate connections between individuals affected with the same rare disorder or those with as yet undiagnosed diseases.

20. To contribute to the public awareness for rare diseases.

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I. TRAINING REQUIREMENTS FOR TRAINEES

1. Content of training and learning outcome

The Rare and Undiagnosed Disease Speciality is a field of medicine concerned with the investigation, diagnosis, treatment, prevention, and research into rare and undiagnosed diseases. The scope of patient care activities includes the recognition of these diseases, the early identification of individuals and families at risk, the identification of the possible underlying (genetic) defect and the preventive care of affected family members and identification of environmental, infectious, toxicological and/or diet/lifestyle-related risk factors to prevent diseases in population.

This specialty training is aimed at giving doctors qualifications in the field of "Rare and Undiagnosed Diseases" to enable them to manage the treatment of patients with rare diseases and their families in light of current and expanding knowledge on the subject, with particular emphasis on understanding the molecular and cellular pathogenic mechanisms of such diseases, and their diagnosis and treatment. Rare disease specialists must also be able to coordinate the follow-up of patients affected by rare diseases.

Elements of knowledge base (see details in Description of Specialty file and in Syllabus)

- Basic theoretical genetics / Basic science
- Clinical/Medical knowledge and specialist-level skills
- Genetic counselling and communication skills
- Laboratory skills
- Maintaining Good Medical Practice
- IT skills
- Ethics and law
- Biobanking and registries
- Management training
- Teaching
- Quality assurance
- Research

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Competencies required to gain by the trainee

- sufficient knowledge and experience to manage a complex rare disease.

- shared knowledge of experts by having several specialists under one roof.

- able to undertake research in the particular rare disease and improve not only the care of one individual, but of other patients with the same condition.

- holistic vision of the patients.
- good communication skills.
- developing patient registries.
- coordinating patient routes and follow-up.

2. Organization of training

a. Schedule of training

The optimal Rare Disease Speciality training is 4 years consisting of 1 year of common trunk and 3 years training in a Rare Disease Center in an accredited program and/or center. The training of 3 years is also accepted, if the candidate has additional year(s) in research related to rare diseases. However, those countries that have a 3 year-course must arrange a preliminary general training, covering medicine and pediatrics if possible, before, and separate from, the 4 year specialist training. The specialist training is definied here as training in institutions involved in rare disease care. This includes training in the units with profiles of following medical specialties with rare disease outpatient clinic and/or ward: Allergology, Anaesthesiology, Cardiology, Cardiothoracic Surgery, Dermatology and Venereology, Emergency Medicine, Endocrinology, Gastroenterology, Geriatrics, Gynaecology and Obstetrics, Infectious Diseases, Internal Medicine, Laboratory Medicine / Medical Biopathology, Medical Genetics, Medical Microbiology, Medical Oncology, Nephrology, Neurology, Neurosurgery, Occupational Medicine, Ophthalmology, Oro-Maxillo-Facial Surgery, Orthopaedics, Traumatology, Otorhinolaryngology, Paediatrics, Pneumology, Psychiatry, Public Health Medicine, Radiology, Radiation Oncology and Radiotherapy, Rheumatology, Surgery, Urology. The key purpose of this is the acquisition of core clinical skills. Depending on national regulations, the training may start immediately after completion of medical school or as a sub-speciality qualification of 2 years built on Clinical/Medical/Human Genetics speciality. Trainees must maintain an accurate logbook of their training and rotations.

Optimal training would be:

- 1 years common medical trunk training including some of the following: general practice, pediatrics (including pediatrics neurology ward), internal medicine, emergency unit, and genetics.

- 3 years different specialty oriented practice including the previously mentioned specialities.

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b. Curriculum of training

The general aim of the training program is to enable the Rare Disease Specialist to work effectively as a consultant. The trainee must demonstrate the ability to record and convey patient details of history, examination and investigation to senior staff. The trainee must communicate effectively with patients and relatives, and be able to pass on both technical information in a way that it can be received with understanding, and distressing information in a sensitive and caring manner.

c. Assessment and evaluation

The European Certificate in Rare and Undiagnosed Diseases (ECRUD) is intended to be the main knowledge-based assessment tool for training and assessment across Europe and ultimately for the entire continent's experts, with the aim of establishing world classleading standards in that specialty throughout all countries.

Countries will use assessment strategies appropriate to their needs, provided that they introduce their own training and assessment systems. In due course there will be a move to a common approach to determining whether an individual is suitable to be recognized as a 'European medical specialist with additional rare and undiagnosed diseases competence'. Thus, there will need to be an assessment of knowledge, through a form of written examination. This examination would use scenarios from an agreed list of core clinical conditions and test knowledge in the areas of relevant science and clinical practice (diagnosis, investigation, interpretation, prevention and treatment). This assessment may take the form a 'best of five' (multiple choice) format, but has yet to be decided. Oral exam can be part of the process as well.

Continuous medical education (CME) and continuous professional development (CPD) to keep updated with developments in diagnosis and management of rare conditions as well as of global professional skills is an obligation of the accredited expert. Type, duration, content and monitoring of CME/CPD activity need to be established and will fall under the authority of boards that should consider the general recommendations of the UEMS. The UEMS provides European Accreditation of CME (EACCME) for international events according to defined quality standards. It is recommended that trainees in the rare disease field are introduced to CME/CPD during their postgraduate training period.

The ECRUD examination will be a joint development of the UEMS Multidisciplinary Joint Committee (UEMS-MJC RUD) and the sections, MJC-s, National Medical Associations, and of the European scientific societies, world networks, like the Undiagnosed Disease Network International (UDNI) intended to join in this effort. The examination is overseen and supervised by the Examination Steering Committee. It will be open to candidates who are trainees or fully trained experts from any nation. The ECRUD will definitely bean excellence exam, and will be valid for practice only in countries where it is ratified as an official certificate for this purpose by national regulatory bodies or organisations.

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II. TRAINING REQUIREMENTS FOR TRAINERS

1. Process for recognition as trainer

a. Requested qualification and experience

Trainers/examiners should be certified rare disease specialists and must be recognized by a European or national authority. Trainers should provide evidence of academic activities (clinical and/or basic research, publications in peer reviewed journals and participations in clinical genetic scientific meetings) and professional experience. They should possess the necessary administrative, communicative, teaching and clinical skills and commitment to conduct the program. Trainers and Training Program Directors must be in active clinical practice and engaged in training in the training center. Training Program Director must be a certified specialist for a minimum of 5 years. They organize the activities of the educational program in all institutions that participate in the program.

b. Core competencies for trainers

1. Familiar with major and influential aspects of rare diseases.

- 2. Experienced in teaching and in supporting learners.
- 3. Trained in the principles and practice of medical education.

4. Act as a lecturer to a peer-audience on a regular basis, attend national meetings and be able to demonstrate appropriate participation in continuing professional development.

5. Able to recognize trainers whose professional behavior is unsatisfactory and initiate corrective and supportive measures as needed.

2. Quality management for trainers

Trainers and Program Directors will have their job description agreed with their employer, which will allow them sufficient time for support of trainees. Feedback from trainees is necessary for optimal training. The educational work of trainers and Program Directors will be appraised no less than an annual basis within their Institution as local circumstances determine.

III. TRAINING REQUIREMENTS FOR TRAINING INSTITUTIONS

1. Process for recognition as training center

a. Requirements for staff and clinical activities

A training center is a place, or number of places, where trainees are able to develop/acquire their competencies in rare diseases. Thus, training may take place in a single institution, or in a network of institutions working together, to provide training in the full spectrum of clinical conditions and skills detailed in the curriculum. A training institution must have national accreditation, in

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agreement with UEMS standards, and should possess an adequate infrastructure and offer qualitative and quantitative clinical exposure.

Each participating institution in a network must be individually recognized as a provider of a defined section of the curriculum. Training centers must have a sufficient throughput of patients, an appropriate case-mix to meet training objectives, and be adequately resourced with teaching staff. The training must expose the trainee to a broad range of clinical experience.

The training of a trainee will be led and managed by a specialist. This specialist will be active in the practice, with personal responsibility for the management of patients with a wide range of rare diseases. Within a training center there should be a team of specialists, each with subspecialty expertise and able to supervise and train a trainee. Allied specialties must be present to a sufficient extent to provide the trainee with the opportunity to develop his/her skills in a multidisciplinary approach to patient care. There is no specific trainee/trainer ratio required, but there should be a minimum of two teachers in a training center, and it is likely that non-medical healthcare professionals will also be engaged.

The trainee should be involved in the diagnosis and management process of new patients (out-patients and in-patients), as well as their follow up. A trainee must demonstrate increasing personal responsibility for the global care of patients with rare disorders. There should be written general guidelines within the training institution concerning patient care and patient information (including informed consent), referrals, medical records, documentation, on-call and back-up schedules, attendance at conferences and educational/training courses.

The staff of a training center should engage collaboratively in regular reviews and audit of the center's clinical activity and performance. There should be regular multi-disciplinary meetings to determine optimal care for patients, involving both medical and other healthcare professionals. There will be clinical engagement beyond the Center with other clinical groups such as Rehabilitation Medicine, Orthopedics, Pediatrics, Surgery, Obstetrics and Gynecology, Dermatology, Ophthalmology, etc.

Specialist staff appointed to a training center will have completed all training requirements themselves and will have been trained also in teaching and mentoring trainee staff, and working in a multidisciplinary team with lab and genetic counsellors.

b. Requirements for equipment, accommodation

A training center should have sufficient equipment and support to enable the clinical practice that would be expected of a training center and thus provide the necessary educational opportunities for trainees.

The trainee must have adequate time and opportunities for practical and theoretical study and have access to adequate professional literature.

Computing and Information Technology and library resources must be available. All trainees must engage in clinical audits and have the opportunity to engage in research.

2. Quality Management within Training Institutions

Participation of the training institution in a certified quality management program with an external auditing process on a regular basis is consistent with good governance. Criteria of quality management at specialty training institutions include the following:

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Accreditation

Training institutions need to be accredited with competent National Medical Boards. Additional accreditation on a supra-national level, such as that provided by an European body, is strongly recommended.

A training institution must have an internal system of medical audit or quality assurance. Quality assurance must be an integral part of the training program of all training institutions/networks. A national registry of approved institutions/networks should be available.

Internal regulations: There should be written general guidelines within the training institution concerning patient care and patient information (including informed consent), referrals, medical records, documentation, leave (annual, study), maternity/paternity, residents' working schedules, attendance at conferences and educational activities. These should be available to staff and trainees.

Clinical governance

Employee structure at training institutions needs to be designed in a way to accommodate for specialty training. Workload has to be managed with a priority on training.

Manpower planning

Training institutions should appoint a coordinator responsible for the composition, implementation and supervision of a specialty training program. Roles of trainer and trainee need to be clearly defined. Allotted time of at least one day per workweek should be implemented for specialty training interaction.

Manpower planning is under the jurisdiction of each member state according to their needs for rare disease specialists.

Regular report

Annual reports on various aspects of an institution's specialty training program should be made publicly available.

External audit

Training institutions should appoint a coordinator who is also responsible for compliance of the training program with current guidelines, directives or regulations of competent medical boards, as well as the local medical school.

Transparency of training programs

Based on national and regional guidelines, UEMS strongly encourages training institutions to formulate defined training programs and make them publicly available (e.g., on their website). It is

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expected that a training center would publish details of the training provision available with details of the clinical service it provides and the trainers. Such information would include the training programs, the nature of the clinical or laboratory experiences in which a trainee would be engaged, and the support and interaction with the trainer and Program Director. There would be a named individual whom a prospective trainee might contact to discuss the program.

Feedback from trainers and trainees

Feedback about program quality from both trainers and trainees must be systematically sought, analyzed and acted upon. Trainers and trainees should be actively involved in using its results for program improvement and development.



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Description of "Rare and Undiagnosed Diseases" as a Medical Specialty in EU: Aims and objectives for specialist training

Specialty Profile

Care of rare and undiagnosed disease patients is a multidisciplinary medical specialty concerned with the provision of medical services to individuals, families and groups of affected individuals who have, or are at risk of having, conditions that are differentiated from common diseases primarily by their low incidence or prevalence. Such care includes diagnostic and counselling services that provide information about each condition and its implications, including management, prognosis, screening, prevention and reproductive options, as well as therapeutic possibilities. Information provided is based on clinical assessment, individual or family medical information, conventional laboratory investigations, imaging, and specialized genetic tests that can require complex interpretation. Besides conventional laboratory genetics (cytogenetics, molecular genetics, biochemical genetics), novel components of the services include specialized genetic and genomic approaches such as next generation sequencing and array technologies. The genetic studies include integrated clinical and laboratory services in rare disease management involving any disorder with a significant genetic component, whether inherited or sporadic.

Dedicated institutions already exist in several EU recognized medical specialties, with full medical career training systems. However, while there may be institutions or units that specialize in one or a few types of rare disease, institutions devoted exclusively to rare and undiagnosed diseases are scarce or lacking. As internal medicine, neurology, medical genetics and paediatric units often receive rare disease cases, these units could be re-organized into spokes of hub-and-spoke networks for rare diseases, which could improve care and provide career training specifically focused on rare diseases. Such full-range training is lacking at the moment. The existing educational pathways should be modified to provide education on rare diseases with a multidisciplinary perspective. They should be

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flexible enough to accommodate educational needs that cover a spectrum of knowledge bases, including those that address all rare diseases and those that target only a limited number of rare conditions. These educational pathways could be provided in collaboration with the ERNs, and by the European university system. They should include courses on rare diseases, based on a broadly agreed-upon syllabus, and clinical fellowships on selected rare diseases. There should be an examination, with a certification of competence. All this could give rise to an integrated system that will produce experts on rare and undiagnosed diseases, who will ultimately become professionals with dedicated careers at the centres of hub-and-spoke networks. Due to the differences in European health care systems across member states, there may be different national emphases on the various elements of this training programme. We propose below a set of minimum criteria that will be recognized in programmes throughout the EU but recognize that different countries may extend these in different ways.

This document relates to medically qualified individuals intending to acquire UEMS CESMA certification and training in the specialty of rare diseases. It recognizes that there may be areas of overlap with training programmes for other genetic professionals, especially in internal medicine, paediatrics, medical genetics, and neurology and that there may be opportunities for joint training for periods of the course.

One challenge for medical education in rare diseases, which differentiates it from common diseases (including genetic diseases), is that the rare disease discipline lacks reinforcement of recently acquired information due to the small patient numbers. When a physician attends an educational event on a common disease, there will likely be encounters with patients having that disease soon and often. The same does not apply when a disease is rare. The framework of any educational initiative in rare diseases must take into account this challenge.

Entry criteria

These may vary from country to country but would generally include a specified period of general medical training that includes an adult +/- paediatric +/- prenatal medicine "internship", prior to entering specialty training in rare disease units. Some countries may have a minimum period of training to be undertaken before specialisation. Essentially, the duration of the training is 4 years, with a year of common trunk.

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Educational goals

A concise description is provided below, with more details available in the Syllabus. This knowledge base lists the hallmarks of a trained medical doctor ready for qualification for the umbrella exam (certification) in rare diseases.

Knowledge and Skills

Basic theory and fundamentals of rare disease genetics

- Cellular and molecular mechanisms that underpin human inheritance
- Chromosome structure and function, mitosis and meiosis, and the origin of aneuploidy and other imbalances
- The structure of DNA and RNA, replication, transcription and translation.
- Genetic epidemiology and biostatistics
- Risk assessment
- Population genetics, the principles of screening, and basic mathematical genetics
- Bioinformatics and basics of sequencing technology/testing
- Epigenetics
- Pharmacogenetics / pharmacogenomics
- Principles of acquired genetic disorders

Clinical knowledge and skills

- Common and unusual patterns of inheritance
- Taking a detailed medical and family history, pedigree construction
- Ability to perform genetic risk assessment, including the use of Bayes' Theorem to incorporate conditional risk information
- Ability to undertake risk assessment
- Diagnosis, investigation and management of individuals and their families with rare inherited/genetic diseases
- Therapeutic aspects and emerging innovative therapies in rare diseases
- Paediatric genetics including training in dysmorphology (knowledge of common dysmorphic syndromes, their aetiology and the use of dysmorphology databases)
- Adult rare disorders, including knowledge of late onset diseases and conditions with a significant genetic component presenting in adult life
- Prenatal rare diseases paradigms, fetal dysmorphology, and knowledge of the effects of common teratogens on fetal development
- Screening programmes
- Competent clinical examination of both paediatric and adult patients, especially in relation to dysmorphic signs and features, and neurological examination and interpretation
- Gene therapy, its current and future applications, and other strategies for the treatment of genetic disease.

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- Common diseases with a rare component/variant
- Multifactorial/polygenic disorders in rare disease fields
- Sub-specialty areas, including:
 - Inherited metabolic disorders
 - Neurogenetic diseases
 - Neuromuscular rare diseases
 - o Cardiovascular genetics
 - Reproductive genetics
 - Other subspecialties of specific interest to the trainee, e.g., connective tissue disorders, immunology, etc.

Genetic counselling and communication skills

- Training in genetic counselling for all types of genetic diseases and genetics-related situations encountered in practice. This includes pre- and post-testing counselling in relation to reproductive options, including predictive genetic testing. Where applicable, training in co-counselling with other professionals, with specialists in other fields of medicine
- Understanding and handling of emotional reactions and personal and family crises in relation to the impact of genetic disease and the genetic diagnostic process
- Understanding ethical, legal and social issues, and the importance of consent and confidentiality
- Development of good communication skills with patients and families, colleagues in medical care centres and other specialists and healthcare professionals

Laboratory skills

- Thorough knowledge of principles of classic laboratory techniques used in genetic diagnostic testing
- Thorough knowledge of new laboratory techniques used in genetic diagnostic testing, including SNP and CGH arrays, whole genome sequencing and exome sequencing
- Understanding the interpretation of results from cytogenetic, molecular genetic, biochemical genetic and genomic analyses (array, exome and whole genome analyses)
- Knowledge about preanalytical handling of samples and logistics
- Awareness of quality issues in genetic testing
- Knowledge of international nomenclature systems used in genetic reporting
- The time spent and the practical expertise gained in laboratory work may vary among countries, but it should be sufficient to ensure highly specialized knowledge.

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Other aspects of the Training Programme

Maintaining good medical practice

- Understand and practice medical professionalism, honesty, integrity, an aspiration to excellence, fairness, and avoidance of discrimination
- Develop a commitment to lifelong learning through continuing professional development and attend relevant courses and conferences.
- Participate in audit and clinical governance
- Adhere to accepted consent and confidentiality procedures
- Timely management of medical documentation and communication with patients, families, and professionals

Biobanking

- Understand principles of biobanking
- Awareness of ELSI issues

IT skills

- Use of information technology including online resources and databases related to human genetics
- Rare diseases codification and ontologies
- Awareness and use of online data sharing resources

Ethics and law

- Understand ethical, legal and social issues in relation to genetic and genomic medicine
- Issues relating to patient confidentiality, consent and disclosure of results.

Management training

- Knowledge of national laws relating to genetic services and practice, general healthcare policy, goals and priorities
- Understanding the organization and management of genetic services
- Opportunities to participate in departmental/service activities related to organizational planning, financial management, and monitoring and maintaining quality standards
- Development of multidisciplinary team operations and leadership skills

Teaching

- Develop teaching skills by participating in the education and training of various categories of staff
- Involvement with patient groups and patient/family education

Supplementary education and training

- Subspecialty training: Some trainees will elect to develop expertise in a subspecialty area such as cancer genetics, dysmorphology, neurogenetics, etc. This may also vary from country to country.
- Knowledge and understanding of the principles of evidence-based medicine
- Involvement and initiatives in courses, programmes and social issues related to rare diseases
- Knowledge of patient registries, patient support organisations

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Technicals

- A written agreed curriculum for the training period should be set up as a contract between the trainee and the supervisor if not otherwise determined by national regulations
- Trainees should maintain a Training Logbook including details of clinical and laboratory experience, all educational activities, research, and publications
- A mechanism should be in place for continuous assessment of trainees against agreed quality standards; s ome countries will have a nationally prescribed system for assessment and certification
- Specialist examination may be compulsory in some countries

Research

- Medical genomics has a rapidly changing knowledge base and during specialty training participation in research should be encouraged. Some trainees may wish to participate in scientific projects and research leading to a higher academic degree. On completion of training, some academic clinical/medical geneticists will continue to lead research programmes whilst many others will collaborate with laboratory-based colleagues within a broader team.
- Understand the principles of research methodology including clinical trials

Time frame for specialist training

- The training period should involve a minimum of 4 years full time work, with the option of one additional year spent in another specialty before, after, or as a part of the specialist training. Part time work would extend the training period.
- An educational training programme will be agreed for each trainee according to a specialty-specific curriculum.
- In the longer training period (5 years), up to one year could be in another speciality relevant to rare diseases.
- The time spent in laboratory work may vary among countries according to national curricula.
- A period of research resulting in a PhD/other higher exam may, if appropriate, replace training for a variable period of time according to national guidelines. However, in absence of national guidelines, it is recommended that this time period should not be longer than 1/3 of the total training period.



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Syllabus for residents and trainees in Rare Adult Solid Cancers

The basic goal of this syllabus is to provide an understanding between the instructor and trainee so there is minimal confusion in the topics, with clear expectations. It is not a classical syllabus as it contains descriptions from different areas, but it still summarizes major and specific topics that should be covered during the training course of a resident. This syllabus is intended as supporting reference material, and the precise content and priorities of training may vary in different training institutions. The syllabus can also be modified to reflect each instructor's teaching philosophy towards the trainees.

1. There are scientific publications, web pages, and conference materials available online that could be used for educational purposes for various types of rare adult solid cancers. This is a comprehensive summary of them.

2. There are significant differences in the number of available scientific publications and reviews for different rare adult solid cancers. Some, like sarcomas, have a very robust literature, while others have been sparsely researched and consequently the availability of study materials is quite poor.

3. These differences also apply to life events and natural history. In the list of the EU CE accredited events there is a strong underrepresentation for some types of rare adult solid cancers.

4. Some conferences in this area have a long history, and the thought leaders in the specific fields are involved. In such cases the agendas of the conferences are designed to provide excellent education about best clinical practices for these rare adult solid cancers, opportunities to share major advances in research, and sessions that support the development of new collaborations and new investigators. For other cancers established conferences with solid reputations do not yet exist.

5. These imbalances will persist unless policy makers and research funders provide more attention for research, treatment, and networking on underrepresented rare tumour types. They may also be addressed by the ERNs, or by the UEMS, as recognised stakeholders in improving medical education.

6. As well, there are barriers in the communication of JARC proposals to the ERNs. All ERNs that are involved in rare cancer have made very impressive progress in all fields, including

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education. However, communication among ERNs about their education efforts is sparse and not officially regulated. Therefore, we will not have in the near future mutual and harmonised indicators for successful knowledge implementation, which will hinder efforts at assessment.

Domain 1.: Fields of rare adult solid cancers/literature

- 1.1. Head and neck cancers
- 1.1.1. Epithelial tumours of nasal cavity and sinuses
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- 1.1.1.1. Squamous cell carcinoma with variants of nasal cavity and sinuses
- 1.1.1.2. Lymphoepithelial carcinoma of nasal cavity and sinuses
- 1.1.1.3. Undifferentiated carcinoma of nasal cavity and sinuses
- 1.1.1.4. Intestinal type adenocarcinoma of nasal cavity and sinuses
- 1.1.2. Epithelial tumours of nasopharynx
- Outh-Gauer S, Alt M, Le Tourneau C, Augustin J, Broudin C, Gasne C, et al. Immunotherapy in head and neck cancers: A new challenge for immunologists, pathologists and clinicians. Cancer treatment reviews. 2018;65:54-64. Epub 2018/03/17. doi: https://doi.org/10.1016/j.ctrv.2018.02.008. PubMed PMID: 29547766.
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- 1.1.2.1. Squamous cell carcinoma with variants of nasopharynx
- 1.1.2.2. Papillary adenocarcinoma of nasopharynx
- 1.1.3. Epithelial tumours of major salivary glands and salivary-gland type tumours
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- 1.1.3.2. Salivary gland type tumours of head and neck
- 1.1.4. Epithelial tumours of hypopharynx and larynx
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1.1.6. Epithelial tumours of oral cavity and lip

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- 1.1.6.2. Squamous cell carcinoma with variants of lip
- 1.1.7. Epithelial tumours of eye and adnexa
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- 1.1.7.1. Squamous cell carcinoma with variants of eye and adnexa
- 1.1.7.2. Adenocarcinoma with variants of eye and adnexa
- 1.1.8. Epithelial tumours of middle ear
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- 1.1.8.2. Adenocarcinoma with variants of middle ear
- 1.2. Thoracic rare cancers
- 1.2.1. Epithelial tumour of trachea
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1.3.1. Rare epithelial tumours of prostate

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- 1.3.1.2. Infiltrating duct carcinoma of prostate
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- 1.3.1.4. Salivary gland type tumours of prostate
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- 1.3.2.1. Paratesticular adenocarcinoma with variants
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- 1.3.8.2. Seminomatous germ cell tumors
- 1.3.8.3. Germ cell tumors of central nervous system (CNS)
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- 1.4.1. Rare epithelial tumours of breast
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- 1.4.2.1. Squamous cell carcinoma with variants of corpus uteri
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1.8.1. Soft tissue sarcoma

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1.9.9.1. Adenocarcinoma with variants of gallbladder

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Domain 2.: Special web materials

The following links provide valuable, comprehensive informations and/or educational materials occasionally with clinico-pathological consequences about almost all cancer types including rare variants. Not only may they be useful for health care professionals and researchers, graduate students and postgraduate physician but also for patients and their caregivers or their relatives. Furthermore you may see the following books related to this topic, with well-formed illustration of the cancer types, about the macroscopy and their histological morphology. They also give information about the most important differential diagnosis, including the differencies between the common and rare variants as well. According to our experience in case of rare diseases (escpecially in cases of such malignancies) it's important to include them into the differential.

2.1. Links http://www.pathologyoutlines.com/ http://www.webpathology.com http://uscap.sclivelearningcenter.com/Index.aspx?PID=2870 http://knowledgehub.uscap.org/index.htm?hub.htm http://apps.pathology.jhu.edu/sp/ http://www.uab.edu/medicine/pathology/education/cases

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http://path.upmc.edu/casemonth/ap-casemonth.html http://www.virtualpathology.leeds.ac.uk/cow/cow.php?year=2013 https://med.nyu.edu/pathology/caseoftheweek https://medicine.hsc.wvu.edu/pathology/case-of-the-month/ https://www.oncolink.org/ https://www.cancer.gov/ http://www.cancerindex.org/ 2.2. Books Textbook of Uncommon Cancer, 5th Edition Manual of Clinical Oncology, 7th Edition Pediatric Oncology: A Comprehensive Guide, 3rd Edition Lanzkowsky's Manual of Pediatric Hematology and Oncology, 6th Edition Oncology Boards Flash Review, 1st Edition New Trends in Cancer for the 21st Century, 1st Edition Targeted Therapies for Solid Tumors: A Handbook for Moving Toward New Frontiers in **Cancer Treatment** Successes and Limitations of Targeted Cancer Therapy Melanoma: Translational Research and Emerging Therapies, 1st Edition Cancer of the Head and Neck, 5th Edition Series WHO: WHO Classification of Tumours of Central Nervous System. Revised 4th edition WHO Classification of Tumours of Haematopoietic and Lymphoid Tissues. Revised Fourth Edition WHO Classification of Tumours of the Digestive System. Fourth Edition WHO Classification of Tumours of the Breast. Fourth Edition WHO Classification of Tumours of Soft Tissue and Bone. Fourth Edition WHO Classification of Tumours of Female Reproductive Organs. Fourth Edition WHO Classification of Tumours of Lung Pleura, Thymus and Heart. Fourth edition WHO Classification of Tumours of the Urinary System and Male Genital Organs. Fourth edition WHO Classification of Head and Neck Tumours. Fourth edition WHO Classification of Tumours of Endocrine Organs. Fourth Edition Pathology and Genetics of Tumours of the Skin. Third edition Series: Diagnostic Pathology Diagnostic Pathology: Pediatric Neoplasms **Diagnostic Pathology: Endocrine** Diagnostic Pathology: Blood and Bone Marrow Diagnostic Pathology: Lymph Nodes and Extranodal Lymphomas **Diagnostic Pathology: Bone Diagnostic Pathology: Thoracic** Diagnostic Pathology: Hepatobiliary and Pancreas

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Diagnostic Pathology: Neoplastic Dermatopathology Diagnostic Pathology: Genitourinary Diagnostic Pathology: Head and Neck Diagnostic Pathology: Neuropathology Diagnostic Pathology: Breast Diagnostic Pathology: Vascular Diagnostic Pathology: Molecular Oncology Diagnostic Pathology: Molecular Oncology Diagnostic Pathology: Kidney Diseases Diagnostic Pathology: Soft Tissue Tumors Diagnostic Pathology: Gastrointestinal Diagnostic Pathology: Gynecological Diagnostic Pathology: Placenta Diagnostic Pathology: Familial Cancer Syndromes Appendix 14



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UEMS 2020/XX XX

Description of "Rare adult solid cancers" as a Medical Specialty in EU: Aims and objectives for specialist training

This specialty concerns the medical elements of diagnostic and care services provided to individuals and families, and sometimes populations with, or at risk of, conditions which have, or may have, a rare adult solid cancer basis. This includes the provision of diagnostic, counselling, and treatment services, information about the condition(s) and its implications, including management, prognosis, screening, preventionand reproductive options, and therapeutic possibilities. Provision of services is based on thorough clinical assessment, family medical information, conventional laboratory investigations and imaging, and specialized pathology tests. Other components of services include laboratory genetics (cytogenetics, molecular genetics, biochemical genetics, and genomics, including next generation techniques), specialized genetic counselling, and new techniques that are, or will, emerge from academic research. The core activities of the specialty can be defined as an integrated clinical and laboratory service, provided for those with, or who are concerned about, a disorder that may be a rare oncology disease. Sometimes, due to the sharing of genetic alleles among family members, the whole family, not only the individual, represents the core patient in this disease cohort. The current sketch uses the conditions, descriptions, terms, and recommendations summarized by the Joint Action on Rare Cancer (JARC) project that are found in the booklet entitled "Rare cancer Agenda 2030: 10 recommendations from the EU Joint Action on Rare Cancers; ISBN 978-88-31637-28-2."

Rare cancers can be defined as those malignancies whose incidence is <6/100,000/year. This definition is somewhat arbitrary, since there is no absolute frequency threshold that separates cancers, and diseases, into rare and common categories. Essentially, the definition was the product of a consensus process within the European oncology

community, funded by the EU RARECARE project, that took into account problems posed by rare cancers in terms of health care organization, clinical research, clinical decision-making (Gatta et al., EJC 2011). It is based on incidence, because unlike prevalence, incidence does not change depending on a factor different from frequency, such as expected survival time. As many diagnostic and therapeutic steps take place only once in the course of cancer development, incidence, unlike prevalence, is more fit to measure cancer burden. Using this threshold, one can draw up a list of rare cancers, that is useful for healthcare organizations, clinical research, and new therapy assessment and financing.

Any list of rare cancers needs to be derived from an established list of all cancers. The most obvious of these is the International Classification of Diseases for Oncology (ICD-O), which incorporates topographical and histological labels. The morphologic entities enlisted in the ICD-O need to be grouped into clinically distinct entities, which in turn may be gathered into families of neoplastic diseases, such as rare adult solid cancers. In 2007 within the RARECARE project, a panel of experts, including clinicians, pathologists and epidemiologists, agreed to build the first list of clinically relevant rare cancer entities on the basis of all the combinations of topography and morphologies coded in the ICD-O3. In 2017, the EU launched the JARC and a consensus effort to re-examine the list of rare cancers as developed by the RARECARE project took place within it, with a view also to rare cancers. In essence, the new list comprises three tiers. Tier 3 corresponds to the morphological entities of the ICD-O. Then, the experts were asked to group the ICD-O3 morphological entities, to give rise to a second tier of clinically distinct entitie by using morphologies and topographies (e.g., "squamous cell carcinoma of nasal cavity and sinuses", "soft tissue sarcoma of limb", etc.). These entities had to be viewed as clinically relevant by clinicians. In general, these entities had to correspond to consistent diagnostic and therapeutic approaches, so that, for example, they could be used as eligibility criteria in a clinical trial). Then, the Tier-2 entities were assembled into a smaller number of Tier-1 entities. These were intended to be major cancer entities in a clinical sense (e.g., "epithelial tumours of nasal cavity and sinuses", "soft tissue sarcoma") and to have an organizational importance: for example, they could underlie patient referral policies. Focusing on referral of patients, Tier-1 entities can be grouped into gross partitions, which give rise to what were called "families" of rare cancers, identifying major groups of rare cancers (e.g., "rare cancers of head & neck", "sarcomas", etc.). By and large, these are dealt with by the same disease-based communities of physicians and clinical

researchers. Tier-1 entities with an incidence rate <6/100,000/year define the major families of rare cancers (Table 1).

With regard to cancers in children and adolescents, the RARECARE list includes some of them under the family of "paediatric cancers", but several were included along with adult cancers in specific families, including haematological tumours, sarcomas, central nervous system tumours, head and neck cancers, digestive cancers, thoracic cancers, and endocrine tumours. All childhood cancers are rare, and should be considered as distinct from adult cancers affecting the same organs because their etiology is usually different. Furthermore, the risk of some cancers has a hereditary component. Some heritable cancers are rare cancers as such (e.g., sarcomas in Li Fraumeni syndrome), while others belong to common entities (e.g., colon adenocarcinoma in a familial adenomatous polyposis). Currently, there is no specific code for registration of heritable cancers as such, and some are considered among rare diseases.

An important challenge in medical education in rare diseases, including rare cancers, that makes it essentially different from common diseases is the lack of reinforcement of information. For example, when a physician attends an educational event on a common cancer, they will be likely to encounter patients with that cancer very soon and very often throughout their practice. The same does not apply when the cancer or disease is rare. Thus, the educational frame of any educational initiative in rare cancers must take this challenge into account. As to the current state of affairs, a survey was made on training programmes currently available for under- and postgraduates related to adult and paediatric cancers and is available on the website of JARC.

Ten recommendations from the EU Joint Action on Rare Cancers

The recommendations listed below were originally provided to all stakeholders involved in the rare adult solid cancer care, but they appear to be very useful when we depict the rare adult solid cancer general characteristics (from JARC booklet):

1. Rare cancers are the rare diseases of oncology

and need specific approaches by the cancer community and by national health systems.

2. Rare cancers should be strictly monitored

epidemiologically and clinically, properly valuing population-based cancer registry data and real-world clinical data, favouring all efforts to merge data from all available data bases.

3. Health systems should exploit networking

around multidisciplinary centres of reference, to improve quality of care in rare cancers while diminishing/rationalizing health migration.

4. Medical education should exploit and serve healthcare networking

by proper integration of the university system, continuous medical education providers and all educational players, serving dedicated career mechanisms and opportunities for rare cancers.

5. Research should be fostered by networking

exploiting clinically annotated bio banking, clinical registering, patient referral to ongoing clinical studies.

- 6. Patient-physician shared clinical decision-making should be especially valued being crucial to the appropriate approach to the possibly high degree of uncertainty posed by rare cancers.
- 7. Appropriate state-of-the-art instruments should be developed in rare cancers fit to serve clinical decision-making in conditions of uncertainty.

8. Regulatory mechanisms on rare cancers should properly face the challenge of a possibly higher degree of uncertainty

being disease-adapted, opening up to innovative research methodologies, assuring certainty of rules to developers of innovation, recognizing enough flexibility as to allow a personalized clinical decision-making in conditions of uncertainty.

9. Sustainability should be addressed by exploiting networking

also providing evidence of its economies, and by pursuing a value-based medicine aware of the many difficulties of rare cancers.

10. Rare cancer patient advocates should be always involved

in all crucial areas, such as disease awareness and education, healthcare organization, state-of-the-art instruments, regulatory mechanisms, clinical and translational research, while having access to continuous education.

Special features: medical education and healthcare networking

In general, the medical education should be done by appropriate integration of the university system, continuous medical education providers, and all educational players, serving dedicated career mechanisms and opportunities for rare cancers. It also must be responsive to feedback from patient advocacy groups. In the rare adult solid cancer area patients very often remain without a specific doctor who takes charge of their treatment, which is an unsatisfactory situation.

Clearly, medical personnel of reference centres are a natural target of medical education on rare cancers, for reasons that do not differ substantially from the rationale for medical education on common cancers. However, by definition, rare cancers are scarce and there may be fewer opportunities for private sponsorships for events that focus on them, which means they will require more institutional support.

Medical personnel belonging to spokes of hub-and-spoke networks should be provided opportunities for medical education on rare cancers, since such personnel represent a target to develop, as long as hub-and-spoke networks spread. It is instrumental to the virtuous circle of quality improvement of spokes that such an education reaches out to their personnel. In fact, it is vital that clinicians within the spokes are able to collaborate effectively with hubs, in such a way as to virtually create the same kind of environment that exists within physically contiguous centres of reference. In other words, clinicians in spokes should be well aware of the diseases they are dealing with, even though their institutions do not see a number of cases comparable to hubs. For example, a medical oncologist in a spoke must be able to interact effectively with an experienced surgeon in a reference centre, in order to make medical therapy match all the needs of a planned highly specialized surgery. Of course, clinicians in spokes will not specialize only in one cancer amongst rare adult solid cancers, and these do not constitute a single set of cancers, unlike paediatric cancers, that are grouped together in the paediatric oncology area, and haematological cancers, that are grouped within the domain of haemato-oncology. Thus, it is logical to conceive educational events that focus on several related rare adult solid cancers, (e.g., sarcomas and mesothelioma, etc.).

Undergraduates and general practitioners are a particularly challenging target, since the lack of information reinforcement is a major problem. However these providers are extremely important because the initial clinical diagnosis of a new suspect case will often rely on their degree of intuition and proper referral often depends on them. In general, it is important that non-oncologists perceive and importance of rare cancers and are aware of the main organizational challenges, of the importance of proper referral, of the meaning and the organization of clinical networking, of the difficulties of clinical research, and of the methodology of shared decision-making in conditions of uncertainty.

Given the crucial importance of these professional figures for networks, training opportunities should be arranged for case managers, patient navigators and other health professionals specializing in supporting networking functioning and the rare cancer patient journey.

The development of professional figures of nurses specializing in single rare cancers, within centres of reference, or some rare cancers, within rare cancer networks, should be encouraged and training facilities should be properly provided.

Medical education should be done through networking, as this approach will help shape and extend the contents of education on offer, while, obviously, it also allows IT facilities to convey tools for distance learning, distance mentorships, and the like. Distance learning may have the drawback of a lack of interaction between the mentor and the learner, but over a network this may be easily overcome by complementing distance tools with privileged connections between one teacher and one learner. Teleconsultation, within clinical networks, is obviously a healthcare resource that can improve quality of care in single cases, but it is also a powerful educational tool. After being teleconsulted, several clinical cases can then be grouped and offered as background educational material to the other members of the network, with a special view to young oncologists and other specialists.

Fellowships within networks are especially important. A clinical network is also based on personal relationships among clinicians, and even a relatively short fellowship at a centre of reference may not only mean a big opportunity for a young oncologist, but also a way to make sure that in the future two institutions may continue to work together. In other words, a fellowship at another institution of the network will mean much more. This is the reason why funding fellowships, even short fellowships, can be a powerful tool. Proper funding thereof should be guaranteed. It is important to realize that these fellowships may primarily have an educational aim, even before a research one. Thus, EU funding should be arranged accordingly.

Long term, or even lifetime medical careers in rare adult solid cancers should be foreseen and should correspond to training pathways. Training on rare cancers should always be viewed as connected with available medical careers. An effort should be made to implement new medical careers focusing on rare cancers. Otherwise, rare cancer patients will be inevitably discriminated against. In that case young clinicians will not be attracted to work on these diseases, while professionals specializing in specific rare cancers at a given time of their career face the choice of keeping focused on them or losing their specialization to improve their positions. In other words, it is vital that medical careers are fully developed on rare cancers, to make sure that professionals can spend their entire professional lives being dedicated to rare cancers. At the same time, these medical careers need relevant training pathways. Clearly, reference centres have developed careers on rare cancers, though with difficulties to avoid escapes of professionals to more attractive positions elsewhere. Centres belonging to ERNs should be the first to guarantee medical careers on rare cancers. Now, it would be important to develop careers also in the spokes of the hub-and-spoke networks on rare cancers.

Dedicated institutions do exist in the paediatric oncology area, and also in the haemato-oncology area, therefore with dedicated full medical careers. However, these areas do not belong to the current specialty. Contrary, institutions and units dedicated exclusively to rare adult solid cancers are scarce or lacking, while there may exist institutions or units dedicated to one or few rare adult solid cancers. Medical oncology units dedicated to rare adult solid cancers should be created within spokes of hub-and-spoke networks on rare cancers, with full careers. Any specific training is lacking. A clinical oncologist specializing in rare adult solid cancers (or some of them) is likely already a medical oncologist, a radiation oncologist, or a surgical oncologist. Thus, there is the need to provide educational pathways for clinical oncologists willing to specialize on rare adult solid cancers. These educational pathways should provide education on such diseases under a multidisciplinary perspective. They should be flexible enough to accommodate educational needs that may cover all or only some of the 10 families or rare adult solid cancers. These educational pathways could be provided in collaboration with the universities linked to EURACAN, during or after the conventional board certification pathway (i.e., in medical oncology, radiation oncology, surgical oncology). These pathways should include: a) courses on each of the rare adult solid cancers, based on a syllabus; b) clinical fellowships on selected rare adult solid cancers. There

should be an examination, with a certification of competence. All this could give rise to an integrated system leading to the creation of experts on rare adult solid cancers, hopefully finding dedicated careers for them at the centres of hub-and-spoke networks.

Taken together, at the moment exclusively a new UEMS examination and qualification system may serve as the provider of the certification and the European training requirements. This may serve later a base for the ERNs private and dedicated systems, and for future national qualification systems as well.

Table 1.

Rare cancers: RARECARE "families" and "Tier-1" entities with an incidence <6/100,000

HEAD & NECK

Epithelial tumours of the larynx Epithelial tumours of the hypopharynx Epithelial tumours of the nasal cavity and sinuses Epithelial tumours of the nasopharynx Epithelial tumours of major salivary glands and salivary-gland type tumours Epithelial tumours of the oropharynx Epithelial tumours of the oral cavity and lip Epithelial tumours of the eye and adnexa Epithelial tumours of the middle ear

DIGESTIVE

Epithelial tumours of the small intestine Epithelial tumours of the anal canal Epithelial tumours of the gallbladder and extrahepatic biliary duct

THORACIC

Epithelial tumours of the trachea Thymomas and thymic carcinomas Malignant mesothelioma

FEMALE GENITAL

Non-epithelial tumours of the ovary Epithelial tumours of the vulva and vagina Trophoblastic tumours of the placenta

MALE GENITAL & UROGENITAL

Tumours of the testis and paratestis Epithelial tumours of penis Extragonadal germ cell tumours Epithelial tumours of renal pelvis, ureter and urethra

SKIN CANCERS - Rare & NON CUTANEOUS MELANOMA

Mucosal melanoma Uveal melanoma Adnexal skin carcinomas Kaposi sarcoma

SARCOMAS

Soft tissue sarcoma Bone sarcoma Gastrointestinal stromal tumours

NEUROENDOCRINE (NET)

NET GEP NET lung NET other sites

ENDOCRINE ORGAN cancers

Thyroid cancers Parathyroid cancer Adrenal cortex cancer Pituitary gland cancer

CENTRAL NERVOUS SYSTEM (CNS) tumors

Glial tumours and others** Malignant meningioma Embryonal tumours of CNS

#PEDIATRIC CANCERS*

Hepatoblastoma Neuroblastoma & ganglioneuroblastoma Nephroblastoma Odontogenic malignant tumours Olfactory neuroblastoma Pancreatoblastoma Pleuropulmonary blastoma Retinoblastoma

#HEMATOLOGICAL

Lymphoid malignancies** Myelodysplastic syndromes Myeloproliferative neoplasms (including mastocytosis) Myelodysplastic/myeloproliferative neoplasms Myeloid/ lymphoid neoplasms with eosinophilia and abnormalities of PDGFRA, PDGFRB, or FGFR1, or with PCM1-JAK2 Acute myeloid leukaemia and related neoplasms

#Neither the Paediatric, nor the hematological rare diseases belong to this specialty; here we did not delete them from the original classification to help the reader to be able to understand the full classification as it was described in the JARC.
* Other neoplasms which mainly, or also, occur in childhood are included under other labels (e.g., Ewing's sarcoma and osteosarcoma under bone sarcomas; rhabdomyosarcoma under soft tissue sarcoma; medulloblastoma under embryonal tumor of CNS)

** All subgroups (Tier-2 entities) within are rare



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Training Requirements for the Specialty of

Rare Adult Solid Cancers

Preamble

The UEMS is a European-level non-governmental organisation representing national associations of medical specialists. With a current membership of 39 national associations and operating through 43 Specialist Sections and European Boards, the UEMS is committed to promoting the free movement of medical specialists across Europe while ensuring the highest level of training. Its work promises to pave the way to improved quality of care for the benefit of all European citizens. The UEMS areas of expertise notably encompass Continuing Medical Education, Post Graduate Training and Quality Assurance.

It is the UEMS' conviction that the quality of medical care and expertise is directly linked to the quality of training provided to medical professionals. Therefore the UEMS has committed itself to contributing to the improvement of medical training at the European level through the development of European standards in the different medical disciplines. No matter where doctors are trained, they should have at least the same core competencies. This is also essential for enabling free movement of medical specialists.

In 1994, the UEMS adopted its Charter on Post Graduate Training, which provided recommendations for good medical training throughout Europe. Made up of six chapters, this Charter set the basis for the European approach in the field of Post Graduate Training. The first five chapters established guidelines common to all specialties, while Chapter 6 was to be completed by each Specialist Section according to the specific needs of the discipline.

For more than a decade after the introduction of this Charter, the UEMS Specialist Sections and European Boards have continued to work on developing European standards in medical training that reflects modern medical practice and current scientific findings. In doing so, the UEMS Specialist Sections and European Boards do not aim to supersede the prerogatives of national authorities to define the content of postgraduate training in their own states, but rather to complement them and ensure that high quality training is provided across Europe.

At the European level, the legal mechanism ensuring the free movement of doctors through the recognition of their qualifications was established in the 1970s by the European Union. Sectorial Directives were adopted and one Directive addressed specifically the issue of medical training at the European level. However, in 2005, the European Commission proposed to the European Parliament and Council to have a unique legal framework for the recognition of professional qualifications to

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facilitate and improve the mobility of all workers throughout Europe. This Directive, 2005/36/EC, established the mechanism of automatic mutual recognition of qualifications for medical doctors according to training requirements within all Member States; this is based on the length of training in the Specialty and the title of qualification.

Given the long-standing experience of UEMS Specialist Sections and European Boards on the one hand and the European legal framework enabling Medical Specialists and Trainees to move from one country to another on the other hand, the UEMS is uniquely in position to provide specialty-based recommendations. The UEMS values professional competence as *"the habitual and judicious use of communication, knowledge, technical skills, clinical reasoning, emotions, values, and reflection in daily practice for the benefit of the individual and community being served"*¹. While professional activity is regulated by national law in EU Member States, UEMS understands that it has to comply with international treaties and UN Declarations on Human Rights as well as the WMA International Code of Medical Ethics.

This document derives from the previous Chapter 6 of the Training Charter and provides definitions of specialist competencies and procedures as well as how to document and assess them. For the sake of transparency and coherence, it has been renamed as "Training Requirements for the Specialty of Rare Adult Solid Cancers". This document aims to provide the basic Training Requirements for each specialty and it should be regularly updated by UEMS Specialist Sections and European Boards to reflect scientific and medical progress. Its three-part structure reflects the UEMS approach to have a coherent pragmatic document not only for medical specialists but also for decision-makers at national and European levels interested in knowing more about medical specialist training.

Rare adult solid cancers are a broad and diverse group of cancers with a wide range of survival outcomes. Rare adult solid cancers are defined by the European Union as malignancies with an incidence of less than 0.006%. Using incidence in this definition elucidates the difference between rare adult solid cancers with high cure rates and relatively common cancers with low cure rates. A rare adult solid cancer that is successfully cured has a rather high prevalence rate (such as testicular cancer) while a common cancer such as small-cell lung cancer has a low life-expectancy and hence a low prevalence in the population. It is estimated that there are 198 types of rare adult solid cancer. Some of these are unusual types of common cancers such as versions of bowel and breast cancer, while others are completely separate kind such as several sarcomas.

The public health challenge posed by rare adult solid cancers combines both the typical problems of rare diseases (such as limited relevant professional expertise available in the community, or the difficulties in clinical research) and those of cancer, with the need of a timely and appropriate diagnosis and optimal treatment from the very beginning of the patient's journey. An accurate clinical, pathologic and biological assessment of the disease of the individual patient, as well as an expert and prompt clinical decision provided by a multidisciplinary team, is key to survival and cure.

¹ <u>Defining and Assessing Professional Competence</u>, Dr Ronald M. Epstein and Dr Edward M. Houndert, Journal of American Medical Association, January 9, 2002, Vol 287 No 2

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Rare Adult Solid Cancer Training Aims (more details in the Description of Specialty and the Syllabus)

A competent rare adult solid cancer specialist needs knowledge of the underlying disease processes, available diagnostic and therapeutic modalities, and also must appreciate the importance of epidemiology and the potential for prevention of these cancers. Rare adult solid cancer specialists who generally work in hospitals need as well to integrate their work with community based primary care colleagues and other hospital based physicians. The training requirements for the speciality of rare adult solid cancers described below will ensure these competencies.

1. To provide a service whose goal is to assess, investigate, and diagnose rare adult solid cancers and medical conditions

2. To provide a service that provides specialist information about rare adult solid cancers, including recommendations for screening where appropriate

3. To provide a service that investigates and offers counselling in relation to reproductive options and prenatal genetics, balancing the goal of preventing hereditary rare adult solid cancers with the personal choices of the individuals and families affected.

4. To contribute to the management and treatment of patients and families affected by rare adult solid cancers, in collaboration with other medical specialists

5. To be advocates, where necessary, for those affected by rare adult solid cancers

6. To conduct and contribute to clinical and genomic research aimed at improving knowledge of the causation and natural history of rare adult solid cancers and conditions

7. To teach and instruct medical undergraduates and postgraduates in rare adult solid cancers, in order to raise the knowledge base across all medical specialties

8. To provide a knowledge and skills resource to all medical specialties, including through multidisciplinary meetings

9. To contribute to public awareness about rare adult solid cancers

I. TRAINING REQUIREMENTS FOR TRAINEES

1. Content of training and learning outcome

The rare adult solid cancers speciality is a field of medicine concerned with the investigation, diagnosis, treatment, prevention, and research into rare adult solid cancers. The scope of patient care activities includes the recognition of rare adult solid cancers, the early identification of individuals and families at risk, the identification of possible causative genetic defects and the preventive care of affected family members, and prevention of intellectual and physical disability in those born with genetic disorders, in addition to the rehabilitation of such patients. This specialty training is aimed at giving doctors appropriate qualifications in the field of rare adult solid cancers to enable them to treat patients and their families in the light of current and expanding knowledge on the subject, with particular emphasis on understanding the molecular and cellular pathogenic mechanisms of such diseases, and their diagnosis and treatment. Rare adult solid cancer specialists must also be able to carry out screening for the early identification of individuals and families with a high risk of contracting common diseases that have a major social impact (malformations in general, familial cancers, inborn errors of metabolism, etc.).

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Fields of rare adult solid cancers :

1. Head and neck cancers

- 1.1. Epithelial tumours of nasal cavity and sinuses
 - 1.1.1. Squamous cell carcinoma with variants of nasal cavity and sinuses
 - 1.1.2. Lymphoepithelial carcinoma of nasal cavity and sinuses
 - 1.1.3. Undifferentiated carcinoma of nasal cavity and sinuses
 - 1.1.4. Intestinal type adenocarcinoma of nasal cavity and sinuses
- 1.2. Epithelial tumours of nasopharynx
 - 1.2.1. Squamous cell carcinoma with variants of nasopharynx
 - 1.2.2. Papillary adenocarcinoma of nasopharynx
- 1.3. Epithelial tumours of major salivary glands and salivary-gland type tumours
 - 1.3.1. Epithelial tumours of major salivary glands
 - 1.3.2. Salivary gland type tumours of head and neck
- 1.4. Epithelial tumours of hypopharynx and larynx
 - 1.4.1. Squamous cell carcinoma with variants of hypopharynx
 - 1.4.2. Squamous cell carcinoma with variants of larynx
- 1.5. Epithelial tumours of oropharynx
 - 1.5.1. Squamous cell carcinoma with variants of oropharynx
- 1.6. Epithelial tumours of oral cavity and lip
 - 1.6.1. Squamous cell carcinoma with variants of oral cavity
 - 1.6.2. Squamous cell carcinoma with variants of lip
- 1.7. Epithelial tumours of eye and adnexa
 - 1.7.1. Squamous cell carcinoma with variants of eye and adnexa
 - 1.7.2. Adenocarcinoma with variants of eye and adnexa
- 1.8. Epithelial tumours of middle ear
 - 1.8.1. Squamous cell carcinoma with variants middle ear
 - 1.8.2. Adenocarcinoma with variants of middle ear
- 2. Thoracic rare cancers
- 2.1. Epithelial tumour of trachea
 - 2.1.1. Squamous cell carcinoma with variants of trachea
 - 2.1.2. Adenocarcinoma with variants of trachea
 - 2.1.3. Salivary gland type tumours of trachea
- 2.2. Rare epithelial tumours of lung
 - 2.2.1. Adenosquamous carcinoma of lung
 - 2.2.2. Large cell carcinoma of lung
 - 2.2.3. Salivary gland type tumours of lung
 - 2.2.4. Sarcomatoid carcinoma of lung
- 2.3. Epithelial tumours of thymus
 - 2.3.1. Malignant thymoma
 - 2.3.2. Squamous cell carcinoma of thymus
 - 2.3.3. Undifferentiated carcinoma of thymus
 - 2.3.4. Lymphoepithelial carcinoma of thymus
 - 2.3.5. Adenocarcinoma with variants of thymus
- 2.4. Malignant mesothelioma
 - 2.4.1. Mesothelioma of pleura and pericardium

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- 2.4.2. Mesothelioma of peritoneum and tunica vaginalis
- 3. Male genital and urogenital rare cancers
- 3.1. Rare epithelial tumours of prostate
 - 3.1.1. Squamous cell carcinoma with variants of prostate
 - 3.1.2. Infiltrating duct carcinoma of prostate
 - 3.1.3. Transitional cell carcinoma of prostate
 - 3.1.4. Salivary gland type tumours of prostate
- 3.2. Testicular and paratesticular cancers
 - 3.2.1. Paratesticular adenocarcinoma with variants
 - 3.2.2. Non seminomatous testicular cancer
 - 3.2.3. Seminomatous testicular cancer
 - 3.2.4. Spermatocytic seminoma
 - 3.2.5. Teratoma with malignant transformation
 - 3.2.6. Testicular sex cord cancer
- 3.3. Epithelial tumours of penis
 - 3.3.1. Squamous cell carcinoma with variants of penis
 - 3.3.2. Adenocarcinoma with variants of penis
- 3.4. Rare epithelial tumours of kidney
 - 3.4.1. Squamous cell carcinoma spindle cell type of kidney
 - 3.4.2. Squamous cell carcinoma with variants of kidney
- 3.5. Epithelial tumours of pelvis and ureter
 - 3.5.1. Transitional cell carcinoma of pelvis and ureter
 - 3.5.2. Squamous cell carcinoma with variants of pelvis and ureter
 - 3.5.3. Adenocarcinoma with variants of pelvis and ureter
- 3.6. Epithelial tumours of urethra
 - 3.6.1. Transitional cell carcinoma of urethra
 - 3.6.2. Squamous cell carcinoma with variants of urethra
 - 3.6.3. Adenocarcinoma with variants of urethra
- 3.7. Rare epithelial tumours of bladder
 - 3.7.1. Squamous cell carcinoma with variants of bladder
 - 3.7.2. Adenocarcinoma with variants of bladder
 - 3.7.3. Salivary gland type tumours of bladder
- 3.8. Extragonadal germ cell tumours
 - 3.8.1. Non seminomatous germ cell tumours
 - 3.8.2. Seminomatous germ cell tumors
 - 3.8.3. Germ cell tumors of central nervous system (CNS)
- 4. Female genital rare cancers
- 4.1. Rare epithelial tumours of breast
 - 4.1.1. Mammary paget's disease of breast
 - 4.1.2. Special types of adenocarcinoma of breast
 - 4.1.3. Metaplastic carcinoma of breast
 - 4.1.4. Salivary gland type tumours of breast
 - 4.1.5. Epithelial tumour of male breast
- 4.2. Rare epithelial tumours of corpus uteri
 - 4.2.1. Squamous cell carcinoma with variants of corpus uteri
 - 4.2.2. Adenoid cystic carcinoma of corpus uteri

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- 4.2.3. Clear cell adenocarcinoma not otherwise specified (NOS) of corpus uteri
- 4.2.4. Serous (papillary) carcinoma of corpus uteri
- 4.2.5. Mullerian mixed tumour of corpus uteri
- 4.3. Epithelial tumours of cervix uteri
 - 4.3.1. Squamous cell carcinoma with variants of cervix uteri
 - 4.3.2. Adenocarcinoma with variants of cervix uteri
 - 4.3.3. Undifferentiated carcinoma of cervix uteri
 - 4.3.4. Mullerian mixed tumour of cervix uteri
- 4.4. Epithelial tumours of ovary and falloppian tube
 - 4.4.1. Adenocarcinoma with variants of ovary
 - 4.4.2. Mucinous adenocarcinoma of ovary
 - 4.4.3. Clear cell adenocarcinoma of ovary
 - 4.4.4. Primary peritoneal serous/papillary carcinoma of ovary
 - 4.4.5. Mullerian mixed tumour of ovary
 - 4.4.6. Adenocarcinoma with variant of falloppian tube
- 4.5. Non epithelial tumours of ovary
 - 4.5.1. Sex cord tumours of ovary
 - 4.5.2. Malignant/immature teratomas of ovary
 - 4.5.3. Germ cell tumour of ovary
- 4.6. Epithelial tumours of vulva and vagina
 - 4.6.1. Squamous cell carcinoma with variants of vulva and vagina
 - 4.6.2. Adenocarcinoma with variants of vulva and vagina
 - 4.6.3. Paget s disease of vulva and vagina
 - 4.6.4. Undifferentiated carcinoma of vulva and vagina
- 4.7. Trophoblastic tumour of placenta
- 5. Neuroendocrine tumours
- 5.1. Rare neuroendocrine tumours

5.1.1. GEP - well differentiated not functing endocrine carcinoma of pancreas and digestive system

5.1.2. GEP - well differentiated functing endocrine carcinoma of pancreas and digestive system

- 5.1.3. GEP poorly differentiated endocrine carcinoma of pancreas and digestive system
- 5.1.4. GEP mixed endocrine-exocrine carcinoma of pancreas and digestive system
- 5.1.5. Endocrine carcinoma of thyroid gland
- 5.1.6. Rare neuroendocrine carcinoma of skin
- 5.1.7. Typical and atypical carcinoid of the lung
- 5.1.8. Rare neuroendocrine carcinoma of other sites
- 5.1.9. Pheochromocytoma malignant
- 5.1.10. Paraganglioma
- 6. Tumours of the endocrine organs
- 6.1. Carcinomas of pituitary gland
- 6.2. Carcinomas of thyroid gland
- 6.3. Carcinomas of parathyroid glan
- 6.4. Carcinoma of adrenal gland
- 7. CNS tumours
- 7.1. Tumours of central nervous system (CNS)

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- 7.1.1. Astrocytic tumours of CNS
- 7.1.2. Oligodendroglial tumours of CNS
- 7.1.3. Ependymal tumours of CNS
- 7.1.4 Choroid plexus carcinoma of CNS
- 7.1.5. Malignant meningiomas
- 7.2. Embryonal tumours of central nervous system (CNS)
- 8. Sarcomas
- 8.1. Soft tissue sarcoma
 - 8.1.1. Soft tissue sarcoma of head and neck
 - 8.1.2. Soft tissue sarcoma of limbs
 - 8.1.3. Soft tissue sarcoma of superficial trunk
 - 8.1.4. Soft tissue sarcoma of mediastinum
 - 8.1.5. Soft tissue sarcoma of heart
 - 8.1.6. Soft tissue sarcoma of breast
 - 8.1.7. Soft tissue sarcoma of uterus
 - 8.1.8. Other soft tissue sarcomas of genitourinary tract
 - 8.1.9. Soft tissue sarcoma of viscera
 - 8.1.10. Soft tissue sarcoma of paratestis
 - 8.1.11. Soft tissue sarcoma of retroperitoneum and peritoneum
 - 8.1.12. Soft tissue sarcoma of pelvis
 - 8.1.13. Soft tissue sarcoma of skin
 - 8.1.14. Soft tissue sarcoma of paraorbit
 - 8.1.15. Soft tissue sarcoma of brain and other parts of nervous system
 - 8.1.16. Embryonal rhabdomyosarcoma of soft tissue
 - 8.1.17. Alveolar rhabdomyosarcoma of soft tissue
 - 8.1.18. Ewin's sarcoma of soft tissue
- 8.2. Bone sarcoma
 - 8.2.1. Osteogenic sarcoma
 - 8.2.2. Chondrogenic sarcomas
 - 8.2.3. Notochordal sarcomas chordoma
 - 8.2.4. Vascular sarcomas
 - 8.2.5. Ewing's sarcoma
 - 8.2.6. Epithelial tumours adamantinoma
 - 8.2.7. Other high grade sarcomas (fibrosarcoma malignant fibrous histiocytoma)
- 8.3. Gastrointestinal stromal sarcoma
- 9. Digestive rare cancers
- 9.1. Epithelial tumours of oesophagus
 - 9.1.1. Squamous cell carcinoma with variants of oesophagus
 - 9.1.2. Adenocarcinoma with variants of oesophagus
 - 9.1.3. Salivary gland type tumours of oesophagus
 - 9.1.4. Undifferentiated carcinoma of oesophagus
- 9.2. Rare epithelial tumours of stomach
 - 9.2.1. Squamous cell carcinoma with variants of stomach
 - 9.2.2. Salivary gland-type tumours of stomach
 - 9.2.3. Undifferentiated carcinoma of stomach

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- 9.3. Epithelial tumours of small intestine
 - 9.3.1. Adenocarcinoma with variants of small intestine
 - 9.3.2. Squamous cell carcinoma with variants of small intestine
- 9.4. Rare epithelial tumours of colon
 - 9.4.1. Squamous cell carcinoma with variants of colon
 - 9.4.2. Fibromixoma and low grade mucinous adenocarcinoma of the appendix
- 9.5. Rare epithelial tumours of rectum
 - 9.5.1. Squamous cell carcinoma with variants of rectum
- 9.6. Epithelial tumours of anal canal
 - 9.6.1. Squamous cell carcinoma with variants of anal canal
 - 9.6.2. Adenocarcinoma with variants of anal canal
 - 9.6.3. Paget's disease of anal canal
- 9.7. Rare epithelial tumours of pancras
 - 9.7.1. Squamous cell carcinoma with variants of pancreas
 - 9.7.2. Acinar cell carcinoma of pancreas
 - 9.7.3. Mucinous cystadenocarcinoma of pancreas
 - 9.7.4. Intraductal papillary mucinous carcinoma invasive of pancreas
 - 9.7.5. Solid pseudopapillary carcinoma of pancreas
 - 9.7.6. Serous cystadenocarcinoma of pancreas
 - 9.7.7. Carcinoma with osteoclast-like giant cells of pancreas
- 9.8. Epithelial tumours of liver and intrahepatic bile tract (IBT)
 - 9.8.1. Hepatocellular carcinoma of liver and IBT
 - 9.8.2. Hepatocellular carcinoma fibrolamellar of liver and IBT
 - 9.8.3. Cholangiocarcinoma of IBT
 - 9.8.4. Adenocarcinoma with variants of liver and IBT
 - 9.8.5. Undifferentiated carcinoma of liver and IBT
 - 9.8.6. Squamous cell carcinoma with variants of liver and IBT
 - 9.8.7. Bile duct cystadenocarcinoma of IBT
- 9.9. Epithelial tumours of gallbladder and extrahepatic biliary tract (EBT)
 - 9.9.1. Adenocarcinoma with variants of gallbladder
 - 9.9.2. Adenocarcinoma with variants of EBT
 - 9.9.3. Squamous cell carcinoma of gallbladder and EBT

Competencies required of the trainee

Rare adult solid cancer specialist need a wide range of clinical skills, as rare cancers can affect all body systems.

A holistic vision of patients and good communication skills are particularly important for the trainee.

2. Organization of training

a. Schedule of training

A medical trainee (intern, resident, fellow or registrar) is a doctor who has completed their general professional training as a physician and is in an accredited training programme to become a recognised medical specialist. The trainee in rare adult solid cancer must be recognized as a trainee according to the regulations in force in each EU/EEA member state. The duration and curriculum of

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training in rare adult solid cancers should enable the trainee to become a fully independent specialist. The optimal rare adult solid cancer speciality training is 4 years consisting of 1 year of common trunk and 3 years training in an accredited program in a rare adult solid cancer centre.

b. Training curriculum

The general aim of the training program is to enable the rare adult solid cancer specialist to work effectively as a consultant. The trainee must demonstrate the ability to record and convey patient details of history, examination, and investigation findings to senior staff. The trainee must communicate effectively with patients and relatives, and be able to pass on both technical information in a way that it can be received with understanding, and distressing information in a sensitive and caring manner.

c. Assessment and evaluation

The MJC RUD aims to introduce an EU Board Exam in Rare Adult Solid Cancers. The successful candidates will gain an European Certificate in Rare Adult Solid Cancers (ECRASC), which is intended to be the main knowledge-based assessment tool for training and assessment across Europe and ultimately for all continent's experts, with the aim of establishing world class-leading standards in that specialty throughout all countries. At the moment, there is no such national level exam anywhere in Europe. Later, countries may use their own assessment strategies appropriate to their needs, provided they introduce their own training and assessment systems. Knowledge will be assessed through a form of examination. This examination would use scenarios from an agreed list of core clinical conditions and test knowledge in the areas of relevant science and clinical practice (diagnosis, investigation, interpretation, prevention and treatment). Whether the examination will be written or oral in nature, and its precise format, remains to be determined.

The ECRASC examination will be jointly developed by the UEMS Multidisciplinary Joint Committee (UEMS-MJC RUD) and the sections, MJCs, and national medical associations. European scientific societies, world networks, like the former Joint Action Rare Cancers (JARC) members, and the Undiagnosed Disease Network International (UDNI) are also expected to join this effort. The examination will be overseen and supervised by the Examination Steering Committee. It will be open to candidates who are trainees or fully trained experts from any nation. The ECRASC will be an excellence exam, and will be valid for practice only in countries where it is ratified as an official certificate for this purpose by national regulatory bodies or organisations.

Continuous medical education (CME) and continuous professional development (CPD) to keep updated with developments in diagnosis and management of rare adult cancer conditions as well as of global professional skills are obligations of the accredited expert. Type, duration, content and monitoring of CME/CPD activity will fall under the authority of national boards that need to be established, and these boards should consider the general recommendations of the UEMS. The UEMS provides European accreditation of CME (EACCME) for international events according to defined quality standards. It is recommended that trainees in rare adult solid cancer field are introduced to CME/CPD during their postgraduate training period.

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d. Governance

Governance of each training program will be the responsibility of the Program or Course Director and the institution(s) in which the training program is being delivered. A trainer (who will have satisfied the requirements laid out below, Section II) will be responsible to the Program Director for delivering the required training in their area of practice.

II. TRAINING REQUIREMENTS FOR TRAINERS

1. Process for recognition as trainer

a. Requested qualification and experience

Trainers should be certified rare adult solid cancer specialists and must be recognized by the national authority. Trainers should provide evidence of academic activities (clinical and/or basic research, publications in peer reviewed journals and participation in clinical genetic scientific meetings) and professional experience. They should possess the necessary administrative, communicative, teaching and clinical skills and commitment to conduct the program. Trainers and Training Program Directors must be in active clinical practice and engaged in training in the training center. A Training Program Director must be a certified specialist for a minimum of 5 years. He/she organizes the activities of the educational program in all institutions that participate in the program.

b. Core competencies for trainers

- 1. Familiar with all aspects of rare adult solid cancers
- 2. Experienced in teaching and in supporting learners
- 3. Trained in the principles and practice of medical education

4. Lectures to a peer-audience on a regular basis, attends national meetings and is able to demonstrate appropriate participation in continuing professional development

5. Able to recognize trainers whose professional behavior is unsatisfactory and to initiate corrective and supportive measures as needed

2. Quality management for trainers

Trainers and Program Directors will have their job descriptions agreed with their employer, which will allow them sufficient time for support of trainees. Feedback from trainees is necessary for optimal training. The educational work of trainers and Program Directors will be appraised no less than on an annual basis within their institution as local circumstances determines.

III. TRAINING REQUIREMENTS FOR TRAINING INSTITUTIONS

1. Process for recognition as training center

a. Requirement on staff and clinical activities

A training center is a place, or number of places, where trainees are able to develop their competences in rare adult solid cancers. Thus, training may take place in a single institution, or in a network of institutions working together, to provide training in the full spectrum of clinical conditions and skills detailed in the curriculum. A training institution must have national accreditation, in agreement with UEMS standards, and should possess an adequate infrastructure and offer

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qualitative and quantitative clinical exposure. Optimally, they are member(s) of one or more European Reference Networks (ERNs).

Each participating institution in a network must be individually recognized as a provider of a defined section of the curriculum. Training centers must have a sufficient throughput of patients, an appropriate case-mix to meet training objectives, and be adequately resourced with teaching staff.

The training must expose the trainee to a broad range of clinical experience. The training of a trainee will be led and managed by a specialist. This specialist will be active in the practice, with personal responsibility for the management of patients with a wide range of rare adult solid cancers. Within a training center there should be a team of specialists, each with subspecialty expertise and able to supervise and train a trainee. Allied specialties must be present to a sufficient extent to provide the trainee with the opportunity of developing his/her skills in a multidisciplinary approach to patient care. There is no specific trainee/trainer ratio required, but there should be a minimum of two trainers in a training center, and it is likely that non-medical healthcare professionals will also be engaged.

The trainee should be involved in the diagnosis and management process of new patients (outpatients and in-patients), as well as their follow up. A trainee must demonstrate personal responsibility for the global care of patients with rare adult solid cancers. There should be written general guidelines within the training institution concerning patient care and patient information (including informed consent), referrals, medical records, documentation, on-call and back-up schedules, attendance at conferences and educational/training courses.

The staff of a training center should engage collaboratively in regular reviews and audit of the center's clinical activity and performance. There should be regular multi-disciplinary meetings to determine optimal care for patients, involving both medical and other healthcare professionals.

Specialist staff appointed to a training center will have completed all training requirements themselves and will have been trained also in teaching and mentoring trainee staff, staff as well as in working in a multidisciplinary team with lab and genetic counsellors.

b. Requirement on equipment, accommodation

A training center should have sufficient equipment and support to enable the clinical practice that would be expected of a training center and thus provide the necessary educational opportunities for trainees. The trainee must have adequate time and opportunities for practical and theoretical study and have access to adequate professional literature. Computing, Information Technology and library resources must be available. All trainees must engage in clinical audit and have the opportunity to engage in research.

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2. Quality Management within Training Institutions

Participation of the training institution in a certified quality management program with an external auditing process on a regular basis is consistent with good governance. Criteria of quality management at specialty training institutions include the following:

Accreditation

Training institutions need to be accredited with competent National Medical Boards. Additional accreditation on a supra-national level, such as that provided by some professional societies, and in an European Board, is strongly recommended. A training institution must have an internal system of medical audit or quality assurance. Quality assurance must be an integral part of the training program of all training institutions and networks. A national register of approved institutions and networks should be available. Internal regulations: There should be written general guidelines within the training institution concerning patient care and patient information (including informed consent), referrals, medical records, documentation, leave (annual, study, maternity/paternity), residents' working schedules, conference attendance and educational activities. These should be available to staff and trainees.

Clinical governance

Employee structure at training institutions needs to be designed in a way to accommodate for specialty training. Workload has to be managed with a priority on training.

Manpower planning

Training institutions should appoint a coordinator responsible for the composition, implementation and supervision of a specialty training program. Roles of trainer and trainee need to be clearly defined. Allotted time of at least one day per workweek should be implemented for specialty training interaction. Manpower planning is under the jurisdiction of each member state according to their needs for rare adult solid cancer specialists.

Regular report

Annual reports on various aspects of an institution's specialty training program should be made publically available.

External audit

Training institutions should appoint a coordinator who is also responsible for compliance of the training program with current guidelines, directives or regulations of competent medical boards, as well as the local medical school.

Transparency of training programs

Based on national and regional guidelines, UEMS strongly encourages training institutions to formulate defined training programs and make them publicly available, for example, on their website. It would be expected that a training center would publish details of the training provision available with details of the clinical service it provides and the names of the trainers. Such information would include the training programs, the nature of the clinical or laboratory experiences in which a trainee would be engaged, and the support and interaction with the trainer and Program Director. There would be a named individual whom a prospective trainee might contact and discuss the program.

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Framework of approval

As part of training programs it should also be made clear how and by whom key achievements of training will be ascertained, leading the trainee to a higher level of clinical responsibility and new assignments. To assist a European medical specialist with additional clinical competence moving from one EU country to another it would be expected that they have satisfactorily completed a training program. After the examination in rare adult solid cancers they may be able to demonstrate that they have the required knowledge, clinical and laboratory skills and competences, as well as having demonstrated appropriate professional behaviors. Such accomplishments would be verified both by relevant documents and by the testimony of trainers and other staff who have worked with the trainee.

Feedback from trainers and trainees

Feedback about program quality from both trainers and trainees must be systematically sought, analyzed and acted upon. Trainers and trainees should be actively involved in using its results for program improvement and development.



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UEMS 2020/xxx

European Training Requirements for "Neuroendocrine Neoplasia Medicine"

European Standards of Postgraduate Medical Specialist Training

Preamble

The UEMS is a non-governmental organization representing national associations of medical specialists at the European Level. With a current membership of 34 national associations and operating through 39 Specialist Sections and European Boards, the UEMS is committed to promote the free movement of medical specialists across Europe while ensuring the highest level of training which will pave the way to the improvement of quality of care for the benefit of all European citizens. The UEMS areas of expertise notably encompass Continuing Medical Education, Post Graduate Training and Quality Assurance. It is the UEMS' conviction that the quality of medical care and expertise is directly linked to the quality of training provided to the medical professionals. Therefore, the UEMS committed itself to contribute to the improvement of medical training at the European level through the development of European Standards in the different medical disciplines. No matter where doctors are trained, they should have at least the same core competencies. In 1994, the UEMS adopted its Charter on Post Graduate Training aiming at providing the recommendations at the European level for good medical training. Made up of six chapters, this Charter set the basis for the European approach in the field of Post Graduate Training. With five chapters being common to all specialties, this Charter provided a sixth chapter, known as "Chapter 6", that each Specialist Section was to complete according to the specific needs of their discipline. More than a decade after the introduction of this Charter, the UEMS Specialist Sections and European Boards have continued working on developing these European Standards in Medical training that reflects modern medical practice and current scientific findings.

In doing so, the UEMS Specialist Sections and European Boards did not aimed to supersede the National Authorities' competence in defining the content of postgraduate training in their own State but rather to complement these and ensure that high quality training is provided across Europe. At the European level, the legal mechanism ensuring the free movement of doctors through the recognition of their qualifications was established back in the 1970s by the European Union. Sectorial Directives were adopted, and one Directive addressed specifically the issue of medical Training at the European level. However, in 2005, the European Commission proposed to the European Parliament

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and Council to have a unique legal framework for the recognition of the Professional Qualifications to facilitate and improve the mobility of all workers throughout Europe. This Directive 2005/36/EC established the mechanism of automatic mutual recognition of qualifications for medical doctors according to training requirements within all Member States; this is based on the length of training in the Specialty and the title of qualification. Given the long-standing experience of UEMS Specialist Sections and European Boards on the one hand and the European legal framework enabling Medical Specialists and Trainees to move from one country to another on the other hand, the UEMS is uniquely in position to provide specialty-based recommendations. The UEMS values professional competence as "the habitual and judicious use of communication, knowledge, technical skills, clinical reasoning, emotions, values, and reflection in daily practice for the benefit of the individual and community being served". While professional activity is regulated by national law in EU Member States, it is the UEMS understanding that it must comply with International treaties and UN declarations on Human Rights as well as the WMA International Code of Medical Ethics. This document derives from the previous Chapter 6 of the Training Charter and provides definitions of specialist competencies and procedures as well as how to document and assess them. For the sake of transparency and coherence, it has been renamed as "Training Requirements for the Specialty of X". This document aims to provide the basic Training Requirements for each specialty and should be regularly updated by UEMS Specialist Sections and European Boards (ENETS) to reflect scientific and medical progress. The three-part structure of this documents reflects the UEMS approach to have a coherent pragmatic document not only for medical specialists but also for decision-makers at the National and European level interested in knowing more about medical specialist training.

This document supports the role of UEMS in setting Standards in the field of PGT, ref to Charter on PGT. It was approved by the UEMS Specialist Section and the European Neuroendocrine Tumor Society at the UEMS Council meeting on 25 April, 2020. This Document is designed to harmonize training programs in Neuroendocrine Neoplasia Medicine between different European countries.

Introduction

In 2004, the European Neuroendocrine Tumor Society (ENETS) was founded by a group of European medical specialists in the field of neuroendocrine neoplasia. The society members, currently numbering nearly 1,200, bring a variety of expertise from such fields as oncology, surgery, pathology, radiology, nuclear medicine, endocrinology, and gastroenterology to ENETS. The main goal of the society since then has been to integrate basic and clinical research with teaching and to establish guidelines for the diagnosis and therapy of gastro-entero-pancreatic neuroendocrine neoplasia (NEN). A further role of ENETS is to critically appraise the available evidence and therewith facilitate the transfer of knowledge to the clinicians and advise these clinicians on the best treatment for their patients.

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In 2018 - 2019, as an initiative of ENETS that two of the ENETS Advisory Board members, Andrea Frilling and Andreas Pascher, the General Secretary of the UEMS, Vasilios Papalois, and the President of Multidisciplinary Joint Committee (MJC) of Rare and Undiagnosed Diseases (RUD) of UEMS, Bela Melegh, signed a MoU, then meet in London, UK. According to the general UEMS viewpoints about the Multidisciplinary Joint Committees, a primary aim of them is to certify the highest standards of education for physicians and other learners in order to promote patient safety, they aim to advance the science of clinical education, training, and assessment in a multidisciplinary manner in sections with mutual interest on the field of the MJC. The MJC aims to create a system of support for the delivery of state-of-the-art clinical skills training within the European Union (EU) and EU affiliated countries in the UEMS area. The ENETS and the MJC RUD collaborated then is development of this ETR.

I. Training requirements for trainees

Curriculum

Requirements for training:

- Medical profession
- Fellowship or equivalent in specialty
- Log Book
- ENETS membership
- Clinical training:
- Minimum of 2 years of continuous clinical work in NEN care after fellowship in ENETS Centers of Excellence or equivalent institution according to the training requirements for training institutions (see III.)
- Regular active participation in dedicated NEN tumor boards (minimum number of 100; as to be proven in log book)
- Active involvement in design and conduction of therapeutic pathways according to individual specialty

(minimum number of 50; as to be proven in log book)

Requirements for application for examination:

- ENETS member in good standing
- Recommendation by trainer
- Completed and signed log book
- Participation in one postgraduate course per year (@ENETS congress)

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- Attendance at national NE symposium / registry meeting
- Participation or organization of at least one educational event for NEN patients or awareness campaign
- Successful attendance at ENETS-E-Learning platform
- Minimum of 3 (co-)authorships in peer-reviewed publications in the field of NEN disease during the last 5 years
- Minimum of 2 oral or poster presentations on NEN disease at national or international symposia/congresses

Syllabus

Pathology – diagnosis and prognostic stratification

Gross analysis and processing of tissues Diagnostic standards Neuroendocrine phenotype Mandatory and optional elements for assessing a biopsy/specimen Differentiation WHO and UICC/AJCC classifications Grading Mandatory elements for assessing a tum our with features of a GEP NEN Optional diagnostic markers (e.g. immunostaining for hormones, somatostatin receptors, serotonin or CDX2)) Minimum requirements of pathology reports Predictive markers of a response to treatment (e.g. MGMT) Knowledge of molecular markers

Endocrinology- diagnosis and treatment

Knowledge of neuroendocrine phenotype Sporadic, hereditary, hereditary syndromes Functional and non-functional NEN Ectopic hormonal syndrome

Endocrine emergencies Establishing of a diagnosis of NEN Biochemical diagnosis Standard tumor markers Differential diagnoses Stimulations tests for diagnosis and primary tumor localization

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Search for a primary tumor Treatment of symptoms induced by hormonal hyper- and hyposecretion Somatostatin analogues Treatment of symptoms induced by hormonal hyposecretion

Imaging – morphologic imaging and functional imaging

US, CT, MRI Specific imaging aspects of pancreas NEN Specific imaging aspects of small bowel NEN and their loco-regional disease Specific imaging aspects of neuroendocrine liver metastases Somatostatin receptor based functional imaging Octreoscan, ⁶⁸Ga DOTA-PET/CTs, ⁶⁸Ga DOTA-Exendin-4 PET/CT Non- Somatostatin receptor based functional imaging ¹⁸F FDG PET/CT, ¹⁸F DOPA PET/CT Pitfalls in morphologic and functional imaging

Interventional radiology

Diagnostic imaging guided biopsy Percutaneous organ directed treatment (pancreas, liver) Ablation (e.g. RFA, microwave, laser) Transarterial embolization (e.g. TAE, TACE, SIRT) Techniques of blood sampling for hormonal essays and tumor localization Emergency interventions (e.g. embolization)

Gastroenterology- diagnosis and treatment

Causes of diarrhea in NEN patients Differential diagnosis of hypergastrinemia Differential diagnosis of jaundice Differential diagnosis of ascites Knowledge in nutrition

Diagnosis and treatment of malnutrition and weight loss Understanding of disease-related digestive and metabolic dysfunction Indications for diagnostic upper GI endoscopy and colonoscopy Endoscopic techniques

Endoscopy, ultrasound guided biopsy, endoscopic ultrasound, video capsule endoscopy, balloon enteroscopy Endoscopic tumor ablation (e.g. EMR, ESD, FTRD)

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Stenting Treatment of hormonally induced gastro-intestinal symptoms Treatment of carcinoid syndrome Treatment of pancreatic insufficiency Treatment of short bowel syndrome Treatment of emergency conditions (e.g bleeding, bile leak)

Pre- and Peri-operative / Peri-interventional Management

Assessment of the tumor type and hormone production Carcinoid syndrome Definition Preoperative fluid, electrolyte, vitamin, and protein abnormalities Carcinoid heart disease Carcinoid crisis Atypical carcinoid syndrome Specific recommendations concerning anaesthesia Perioperative treatment with Octreotide Pancreatico-duodenal NEN Gastrinoma, Zollinger-Ellison syndrome e.g. PPIs Insulinoma e.g. Diazoxid Glucagonoma VIPoma Syndromes related to ectopic hormonal secretion Hypercortisolism Hypersecretion of PTH

Surgery

Selection of patients for surgical treatment Gastric NEN – Indication for surgery and surgical strategy Duodenal NEN - Indication for surgery and surgical strategy Pancreatic NEN- Indication for surgery and surgical strategy Sporadic NEN, MEN1 associated NEN Functioning and non-functioning NEN Small (<2cm) non-functioning NEN Surgical complications and their management Small bowel NEN – Indication for surgery and surgical strategy

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Specific aspects of resection of loco-regional (mesenteric) lymph node metastases
Surgical complications and their management
Colonic NEN- Indication for surgery and surgical strategy
Appendix NEN – Surgical strategy
Goblet cell cancer- Surgical strategy
Rectal NEN- Indication for surgery and surgical strategy
Neuroendocrine liver metastases - Indication for surgery and surgical strategy
Resection (R0/R1)
Principles of debulking (R2)
Risks of liver surgery and management of complications
Liver transplantation – Patient selection, principles of transplantation medicine, surgical strategy
Neoadjuvant and adjuvant treatment concepts
Resection of the primary tumor in the presences of non-resectable distant metastases

Systemic therapy

Patient selection Mechanisms of action, indications, contraindications, dosing, side-effects Targeted therapy Somatostatin analogues Everolimus Sunitinib Peptide receptor radionuclide therapy with radiolabelled somatostatin analogues ⁹⁰Y PRRT, ¹⁷⁷Lu PRRT Specific aspects- selection of patients, side-effects, kidney protection Knowledge of principles of theranostics Interferon-Alpha Chemotherapy (e.g. STZ/5-FU, temozolamide/capecitabine, platinum-based regimens for poorly differentiated grade 3 NEC, oxaliplatin- or irinotecane-based regimes) Immunotherapy Telotristat Assessment, grading and reporting of side-effects of systemic therapy Knowledge of major trials in the field of NEN Principles of follow-up of NEN patients

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Radiotherapy

Indications in NEN patients (e.g. bone metastases, brain metastases)

Palliative treatment and supportive care

Indications, principles

Primary tumor specific aspects of diagnosis and management of NEN

Appendix NEN Goblet cell carcinoma MANEN **Gastric NEN Duodenal NEN** Pancreatic NEN Functioning Non-functioning Sporadic NEN **Hereditary NEN** Hereditary syndromes (e.g. MEN 1 syndrome) Primary hepato-biliary NEN Small bowel NEN **Colonic NEN Rectal NEN** Cancer of unknown primary tumor origin (CUP NEN)

Special knowledge

Holistic needs of NEN patients Quality of life assessment in NEN patients Patient reported outcomes of treatment Multidisciplinary management of NEN patients Cooperation with patient advocacy groups Structure of a NEN center of excellence / NEN specialized centers Current unmet needs and future developments in NEN field

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Competences required

Life-long learning and reflective thinking; critical reading and appraisal of up-dated information relevant to neuroendocrine neoplasia as well as inpatient and ambulatory medicine

Acquisition of basic tools for teaching (including supervision), skills for research and education presentations, teaching of young colleagues, residents and allied healthcare professionals

Effective, open empathic and respectful communication with patients and family/relatives

Effective and professional communication with colleagues and other collaborators to ensure optimal patient care

Multidisciplinary and inter-professional team working in acute care, as well as in the context of protocol implementation

Effective communication in the setting of multidisciplinary teams in the resolution of conflicts, decision-making skills, giving feed-back, taking and assuming leadership

Implementation and use of quality assurance programs according to recognized national and international standards

Implementation and use of local, national and international practice guidelines and standards while complying with national healthcare policies

Promotion of and participation in better and safer patient care

Knowledge of administrative, medico-legal, ethical, and economical aspects, as well as inpatient and outpatient management principles

Contribution to research, development, and implementation of new medical knowledge as well as auditing

Contribution to education of patients, students and healthcare professionals

II. Training requirements for trainers

- ENETS member
- UEMS certified specialist in Neuroendocrine Neoplasia Medicine (desirable)
- Continuous supervision of clinical training
- Signs Log book
- Takes UEMS examinations
- Approved application as trainer by ENETS Executive Committee

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III. Training requirements for training institutions

ENETS Centres of Excellence

Institutions with expertise and infrastructure comparable with ENETS Centres of Excellence as to be approved by ENETS

Recommended readings: ENETS Guidelines, available on www.enets.org

Version 31/01/2020 Drafted by Andrea Frilling and Andreas Pascher **UEMS - EUROPEAN UNION OF MEDICAL SPECIALISTS**



MULTIDISCIPLINARY JOINT COMMITTEE ON RARE AND UNDIAGNOSED DISEASES

Annual Report of the President – 2019

10 February, 2020

The calendar year of 2019 was the third full year in the history of the MJC RUD.

Membership

We had a total of 39 members from 11 Sections (OMF, IM, Ophthalmology, Paediatrics, Psychiatry, Rheumatology, Medical Genetics, Neurology, Paediatric Surgery, Pharmacology, and Rehabilitation. They represented 21 Countries, and of them 3 were non EU Nations (Armenia, Georgia, Turkey). The following NMAs have delegates: Austria, Georgia, Greece, Spain, The Netherlands, Turkey.

The Bureau

There was an electronic vote organized by the Coordination; Pr. Alessandra Renieri was elected as Secretary, and Serdar Ceylander as vice President. The Bureau consisted of the President, Secretary, and a vice President.

Meetings

There was no official membership meeting during the year. However, both the President and the Secretary participated at the London UEMS Council Meeting, and there was a non-official gathering of the participating MJC RUD members.

Main focus in 2019 and after

Construction of ETR of Rare and Undiagnosed Diseases, Rare Adult Solid Cancer, and the ENETS ETR.

Finances

During the year of 2019 there was still no independent budget of the MJC RUD. However, the president evaluated 5 life events for the CESMA.

Participation in other activities

The president participated in the work of the CESMA (talk at the Barcelona meeting), and continued with the EACCME "Training the reviewers" working group. There was a meeting with the ENETS representatives.

Béla Melegh President